

SUFFOLK UNIVERSITY
PSYCHOLOGY OF CAREER DEVELOPMENT
EHS 714

Instructor: Thom Hughart, M.A., M.Ed.

Phone: (removed)

Email: (removed)

Required Texts:

Swanson, J. L., & Fouad, N. A. (1999). *Career theory and practice: learning through case studies*. Thousand Oaks, Ca: Sage Publishing.

Zunker, V. G. (2005). *Career counseling: a holistic approach – 7th edition*. Pacific Grove, Ca.: Brooks/Cole.

Mission: to provide an overview of the major historical and contemporary career development theories through reading, lecture, in-class group activities and personal reflection.

Expectations: Students will develop an understanding of career development through reading, lecture and personal reflection.

Students in this course will

- demonstrate an understanding of their own career development, using a recognized theory of career development
- develop an understanding of the strengths and limitations of career assessment instruments
- develop an understanding of work and leisure, and their relationship to career development
- experience a career interest inventory
- develop an understanding of the impact of diversity on the career development process
- demonstrate an understanding of concepts and strategies necessary for the application of career counseling in education, mental health or organizational settings

Class Schedule and Assignments

Date	Topic	Reading Due	Assignment Due
9/4	Introduction to course, overview of requirements		
9/11	What is vocational psychology?; history of career development/voc psych	Zunker 1 SF 1, 2	
9/18	Career development and counseling theories 1; Trait and Factor; Holland; PE fit;	Zunker 25-38 SF 43-55, 61-75	
9/25	Career development and counseling theories 2; social learning and cognitive	Zunker 38-52 SF 103-121	
10/2	Career development and counseling theories 3; developmental theories	Zunker 52-67 SF 83-100	
10/9	Career development and counseling theories 4; contextual approaches	Zunker 67-82	
10/16	Vocational psych assessment I	Zunker 184-208	
10/23	Vocational psych assessment II	Zunker 211-226	
10/30	Career development interventions	Zunker 16 or 17 or 19	
11/6	National Career Development Guidelines; ethics	9	Reflective paper
11/16	Strong Assessment		
11/20	Group presentations	10, 11, 13, 14	
11/27	Group presentations	10, 11, 13, 14	
12/4	Wrap up		

Assignments and Evaluation

Regular attendance and participation in class discussions and activities are required. You need to inform me of your absence if it is foreseeable; if it is not foreseeable, you need to let me know as soon as possible. If you miss more than one class, you will need to complete an assignment that demonstrates your knowledge of the learning objectives for the missed class. You are expected to come to class ready and able to discuss the readings with your classmates in small learning groups, or with the instructor. At this point in your professional development, your colleagues can be valuable contributors to your learning in the class, and your experience and knowledge can be valuable to them.

Criterion	Brief Description	% of Grade
Attendance/Participation	Regular and punctual attendance in class and quality of participation	10%
Reflective Paper	Paper (4-5 pages) reflecting on your personal career development (additional information provided in class)	20%
Group Project	In groups of 4-5 students, a 45 minute presentation will be developed on the impact of diversity on career development (additional information provided in class)	20% group 10% indiv.
Field Observations	All students are required to spend 10 hours observing or interviewing professionals in their field	10%
Final Examination	A take home final examination covering the entire course	30%