

Upcoming Dates:

**February 28 -
March 4**
Midterm Exams

March 7-14
Spring Break

March 15
Deferred tuition &
fee payments
due

March 15-25
Ping-pong
Tournament

March 16
Flamenco at
Casa Patas

March 18
Horseback riding

March 18 - 22
Astronomy trip
Canary Islands

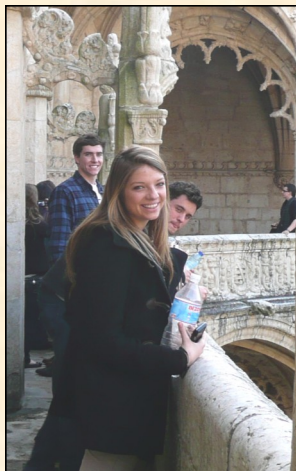
March 19
Madrid Bike Tour

March 22
Film Club "23-F"

March 25-27
Granada trip &
Lisbon trip II

Viaje a Lisboa

Suffolk Madrid students headed to Lisbon, Portugal. We began with an initial visit to *Mosteiro dos Jerónimos* in Belém, marveling at the cloister and the inside of the church itself, where Vasco da Gama is buried. Just down the street, we moved on to savor the famous Belém custard tarts, *pastéis de Belém*, exquisite every time! Stomachs full, we then set off to *Plaza do Comércio* for some downtown exploration. Later that evening we took a short uphill walk to *El Clube de Fado*, in Alfama quarter. There, Mário Pacheco and his group of premier musicians gifted us with their melancholic musical magic. *Cabo da Roca*, Sintra and its *Palacio da Pena* were the main attractions on Saturday; the day was divinely idyllic. Coats were peeled off and sun-glasses donned as the sun's rays warmed both bodies and souls, and we instantly understood the enchanting pull that Sintra has had on centuries of Portuguese rulers, leaving behind a legacy of no fewer than five castles. On Sunday, most students opted to venture back to Alfama district, making the walk up to the Cathedral and the *Castelo Sao Jorge*. From the castle walls, cameras flashed non-stop as everyone scrambled to capture views of the Tagus River and the city below. A few students decided to visit the renowned Calouste Gulbenkian Museum and its eclectic world-class treasures. Everyone in the group tucked away pictures and memories – from the sights to the sounds, and the quiet charm of the people-, and left Lisbon hoping to return.



Above left (L-r): Students John Stanley, Joseph Haddock and Caroline Grundy shown in the cloister of the Jerónimos Monastery. Above right: Student Amanda Flannigan shown exploring the *Palácio da Pena*, in the Serra de Sintra.



Cooking Class



Left, l-r: Sally Thomas, Chris Thomas, Kyle Kawasaki, Peter Finn, Erika Cook, Isabel Munuera, Genevieve Anderson, Josh Saphier, and Katherine Hamilton. In front, Gabriela Fors and Gabriela Feijoo.

Right: the finished product, a chicken and vegetable paella.



On Tuesday, February 15th, retired Spanish chemistry teacher Isabel Munuera came to Suffolk Madrid to give a cooking workshop. She demonstrated how to make paella. Students asked lots of questions, and learned these important tips: the importance of a shallow *paellera*, which types of rice to use, liquid/rice proportions, when to stir (and when to stop) as well as the need to let the paella "rest" five minutes just before serving. The best part was the test at the end of the workshop. Taste test, that is!

Madrid Tapas & Tavern Tour

Two groups of SUMC students set off recently on a tavern tour of Madrid's most venerated taverns. Each place has plenty of famous tales to tell its visitors. Students listened to the stories while sampling *tapas* that have helped to make each place a city landmark. In *La Casa del Abuelo* (1906) we tried the famous *gambas* in a variety of ways and learned that it was a favorite hangout of Andy Warhol. In *Casa Labra* (1860) we tried the *bacalao* and heard of how the PSOE political party was founded here in 1879. *Casa Alberto* (1827) is in the same building where Miguel de Cervantes lived while writing the second part of *Don Quijote*; in his honor, we tried the house specialties of *huevos cervantinos*, *croquetas de rabo de toro*, *albóndigas* and *callos madrileños*. There are nine more establishments within the select centennial group, but we left the others to discover another day.



L-R: T. Romero, S. Salazar, M. Acker-De Oliveira, K. Hamilton, Mino, C. Grundy, J. Stanley, B. Wilson and J. Cruz are shown in front of Casa Alberto.

Hike to Peñalara



Just an hour north of Madrid, at the border with the province of Segovia, lies the Parque Natural de Peñalara. SUMC students recently hiked there from Cotos to La Laguna de Peñalara; six students wanted to try to make it further up the mountain, and continued up to the peak near La Laguna de los Pájaros. The snow was deep in spots, but the air was warm and the sun burnt more than one unprepared face. A great Madrid get-away, some students spent the ride back to Madrid planning to return!

L-R: J.L. Singer, N. Zarowny, N. Beal, S. Nichols, A. De Angelis, S. Whittle, E. Farren, D. Woislaw, M. Kielek, R. Brandon, G. Cacciatore, N. Coronado, C. Cannon, F. Kennedy, S. Day, B. Reynolds and M. Liriano.