New Student Health Requirements Checklist
FALL 2016

Suffolk Student Health Insurance Plan Waiver: Opens May 1, 2016 – Deadline September 30, 2016

According to Massachusetts law and Suffolk University Policy, all full-time and part-time students enrolled in at least 75% of a full-time academic program, and all international students are required to participate in the university-sponsored health insurance plan, or in a health benefit plan with qualifying coverage for Fall 2016. All eligible new students will be automatically charged $2,390 and enrolled in the Suffolk Student Health Insurance Plan (“SSHIP”) for coverage dates effect August 21, 2016-August 21, 2017. This charge will be assigned to your Suffolk student account bill. Student health insurance cards will be mailed to the student address that is on record with the university so please be sure to submit your correct local address through Suffolk’s required E-Checkin system the first day of classes in order to receive your card and other important coverage information. Students who do not wish to purchase the Suffolk student health insurance MUST submit an on-line waiver by September 30, 2016 at https://www.universityhealthplans.com/ Please note: This waiver must be submitted annually for each year of enrollment. If you have questions about the SSHIP effective coverage dates, the sponsored plan benefit coverage details or the waiver requirements please call University Health Plans at 800-437-6448 or visit http://www.suffolk.edu/ for more detailed information.

IMPORTANT! If you do not submit your SSHIP waiver by September 30, 2016, then your enrollment in SSHIP and corresponding charge on your student account cannot be reversed.

Follow these instructions to WAIVE the Suffolk Student Health Insurance Plan for 2016-2017
2. Select the Waiver Form located on the left column. Fill in the required information; if your alternative coverage qualifies for the waiver then you will immediately receive a confirmation of your waiver by email. Print a copy for your record. (Once a waiver form is submitted, the health insurance charge will be removed from the Suffolk student account bill within approx. 5-10 business days).

Immunizations: Deadline August 1, 2016
All Full-Time students and all International students are required by the Massachusetts Department of Public Health to submit certain immunization records to Suffolk University upon registration. IMPORTANT! If you do not submit the Required Immunization Form by August 1, 2016 Suffolk University will activate a course registration hold.

Follow these instructions to complete the immunization requirements:
1. Print out the Required Immunization Form. Click here
2. Have a licensed health care provider fully complete and sign the Required Immunization Form.
3. Return the completed Required Immunization Form directly to Suffolk Counseling, Health & Wellness by fax, mail, or in person at 73 Tremont St., 5th Floor. Visit www.suffolk.edu/chw for up to date office hours.

New Suffolk students: First-year and transfer students must complete AlcoholEdu and Haven, interactive, anonymous online programs which deliver a personalized experience to all types of students. AlcoholEdu educates students about alcohol use on college campuses and Haven addresses the critical issues of sexual assault, relationship violence, and stalking. Part I of both courses must be done pre-matriculation, and take approximately 1.5 – 2 hours. Part II must be completed by October 16, 2016. All students 24+ years of age and Graduate Students: Undergraduate students 24+ years of age and Graduate Students must complete Haven, an interactive, anonymous online programs that addresses the critical issues of sexual assault, relationship violence, and stalking. Part I must be completed pre-matriculation, and takes approximately 30 minutes. Part II must be completed by October 16, 2016.

To complete AlcoholEdu and HAVEN requirements: Instructions will be emailed to all new students in early August and can be found at www.suffolk.edu/chw if you have previously completed AlcoholEdu and/or Haven you must obtain documentation which has: 1) your full name, 2) institution name, and 3) proof of completion including date/year. Please email to kschumacher@suffolk.edu by September 6, 2016.
Immunization Requirements Overview

**IMPORTANT! If you do not submit the Required Immunization Form by August 1, 2016, Suffolk University will activate a course registration hold.**

The Massachusetts Department of Public Health requires **full-time domestic students, and all full-time and part-time international students**, to submit the following immunization records to their enrolled college or university.

- **TDaP**: 1 dose within the past 10 years OR 1 dose of Tetanus-Diphtheria within the past 5 years.

- **MMR**: 2 doses MMR vaccine (measles, mumps, rubella). MMR Dose 1 must be after the first birthday; MMR Dose 2 must be at least one month after the 1st dose.

- **Hepatitis B**: 3 doses at required intervals: 1st & 2nd dose 1 month apart; 2nd & 3rd doses at least 2 months apart (preferably 4 months apart).

- **Meningitis**: (required for student housing): 1 dose of Meningococcal Polysaccharide Vaccine within the last 5 years OR 1 dose of Meningococcal Conjugate Vaccine at any time in the past OR completion of a signed meningitis waiver form.

- **Varicella**: 2 doses at least 1 month apart OR documentation proving history of disease.

CHW Health is here to help you fulfill your immunizations requirements. Students should complete and submit all immunizations prior to the start of classes. For students who are not compliant at the start of the semester, they may receive these immunizations at our office. Immunizations are free for students enrolled in the Suffolk Student Health Insurance Plan (SSHIP). Fees are charged to non-SSHIP students. Please visit us during our Walk-In Clinic hours or you can call to make an Appointment. Please remember if you decide to receive immunizations through Suffolk's health clinic then payment will be due at the time of appointment (cash or check). For more information please call us at 617-573-8260 or you can visit our website [www.suffolk.edu/chw](http://www.suffolk.edu/chw)
**Required Immunization Form**

**IMPORTANT!!** – If you do not submit your Immunization Requirements then Suffolk University will activate a course registration hold. The Massachusetts Department of Public Health requires full-time students, and all full-time and part-time international students, to submit these immunization records.

This Required Immunization Record Form must be completed & signed by a licensed medical provider, then returned DIRECTLY to Counseling, Health & Wellness by fax, mail, or drop off only. **Supplemental records may be acceptable.**

**Student Name** _____________________________  **Suffolk Student ID#** _____________________________

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<tr>
<th>Immunization</th>
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<th>OR</th>
<th>Immunization</th>
<th>Date Received</th>
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<td>Measles #2:</td>
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<td>Mumps</td>
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<tbody>
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<td>Tetanus/Diphtheria &lt; 5 Years</td>
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<tbody>
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<td>Varicella #1</td>
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<td>Varicella #2</td>
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<tr>
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<th>Date Received</th>
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<th>History Of Disease</th>
<th>YES</th>
<th>NO</th>
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| Meningitis (for students living in Suffolk housing): | / / / | Enclosed is a signed waiver form for the meningitis vaccine.  
(The waiver must accompany this form. The meningitis waiver form is located here: www.suffolk.edu/healthrequirements, see "Forms"). |}

If you are unable to provide documentation of your immunization records for Measles, Mumps and Rubella, Hepatitis B, or Varicella you can have a titer drawn showing that you are immune. You must provide a copy of the titer lab report with this form.

**Provider Name (print):** _____________________________  **Provider Signature:** _____________________________

**Provider Address:** _____________________________  **Telephone:** _____________________________
Dear Student:

As you prepare for the 2016-17 academic year, we urge you to consider your health insurance coverage a top priority. It is important that students have access to comprehensive medical care while enrolled at Suffolk University. According to Massachusetts law (Mandatory Health Insurance Coverage Institutions of Higher Education) and Suffolk University policy, every institution of higher education shall require all full-time and part-time students enrolled in at least 75% of a full time program to participate in a qualifying student health insurance program or in a health benefit plan with comparable coverage as defined in 114.6 CMR 3.05(2). Therefore, all eligible students are automatically enrolled in the Suffolk University Student Health Insurance Plan (“SSHIP”) for coverage effective August 21, 2016 - August 21, 2017. Suffolk students must submit an online waiver form, annually, to opt out of SSHIP with comparable health insurance provided by a U.S. based insurance carrier. More information about the online waiver form instructions can be found at http://www.suffolk.edu/healthrequirements. If an eligible Suffolk student does not have a qualified health insurance plan, then enrollment in the Suffolk University Student Health Insurance Program is required. This mandate includes all undergraduate, graduate, and law students enrolled in at least 75% of a Full time academic program, and all international students must purchase the Suffolk student health insurance plan with the exception of:

- Those international students whose sponsoring institutions have a signed agreement with Suffolk that complies with the University’s health insurance waiver requirements or
- International students with a plan for which their health insurance company's primary home office is based in the United States AND the policy provides comparable coverage to the University student health insurance plan.

International students who do not fall under conditions 1 or 2 above MUST purchase the University’s student health insurance plan and therefore are not eligible for a waiver. All out of state students with insurance plans that do not provide emergency and non-emergency coverage for treatment with Massachusetts medical and mental health providers must purchase the Suffolk student health insurance plan.

The fee for the student health insurance offered through the Suffolk University 2016-17 academic year is $2,390 and will be automatically applied to each Suffolk student account for Annual coverage August 21, 2016 to August 21, 2017. Your insurance card will be mailed to the student address that is on record with the university so please be sure to submit a correct local address through Suffolk’s required E-Checkin system the first day of classes in order to receive the card and other important coverage information.

If you are considering waiving the Suffolk Student Health Insurance Plan, please consider that some insurance plans in the market are restrictive and may leave students essentially uninsured while at school. This could result in the student incurring substantial out-of-pocket costs for medical care. We have provided some information to consider when reviewing comparable coverage that is accessible to in-network providers in the Boston area. Under the Affordable Care Act, student health insurance coverage is defined as a type of individual health insurance coverage that is provided per an agreement between an institution of higher education and a health insurance issuer, and provided to students (and their dependents) enrolled in that institution. The Suffolk Student Health Insurance Plan is serviced by University Health Plans and is underwritten by Blue Cross Blue Shield of MA, the Blue Care Elect Preferred (PPO) Student Health Plan. For instance, there is no dollar cap on health benefit coverage, and there are no deductibles when seeing an in-network provider. You can view the full details of the Suffolk student health insurance policy on-line by going to www.universityhealthplans.com, select Suffolk University and then Benefits Information for the brochure.

The “Essential Health Benefits” categories covered by SSHIP include:

- Ambulatory patient services, including outpatient day surgery and related anesthesia
- Mental health and substance use disorder services, including behavioral health treatment
- Laboratory Services
- Emergency Services
- Prescription Drugs
- Preventive and wellness and chronic disease management
- Hospitalization
- Rehabilitative and habilitative services and devices
- Pediatric services, including oral and vision care
- Maternity and newborn care

Please be sure to take the time to make an informed decision regarding your health insurance needs while enrolled at Suffolk University. If you have any questions regarding the Suffolk Student Health Insurance Plan benefits, please call University Health Plans at 800-437-6448 or via email info@univhealthplans.com.