hi
my name is logan i'm a student here at suffolk um
and something that i've been doing to live my life a little bit more sustainably in this pandemic is i've been trying to get more heart plastics when i'm going to the grocery store as opposed to soft plastics hard plastics are things like this strawberry container or even this milk jug but even if there are like paper cardboard options like this oat beverage container i'll definitely get that over plastics what i'm trying to avoid here is things like this plastic bread bag like this plastic bread bag these plastics are not easily recyclable in our current recycling system and by buying more hard plastics and cleaning them out when you're finished you'll help produce very clean and high quality recyclables that can be turned into new products that we can use every day and that really helps reduce our carbon emissions happy earth day one sustainable habit that i started since the beginning of the pandemic is to take all the old clothing items and old textiles that i no longer want and bring them to one of the new textile recycling bins around the city of boston the one that's near me is in jamaica plain and i usually bring things that i know thrift stores won't accept what's nice is that they will resell the clothing and often they'll use reuse the textiles in insulation for like nearby businesses for example if you'd like to check out one of the bins you can see where they're all located by going to the boston.gov website and to see what they accept want jyn and her family have spent the pandemic raising up small chicks into a producing chicken coop raising chickens isn't only a great educational experience for her young children but allows them to have fresh eggs without the tremendous environmental cost of transporting packaging and refrigerating supermarket eggs
Hi I'm Ashley, the director of facilities and the chair of the sustainability committee. During the pandemic, I got on the gardening bandwagon and started using something called an aerogarden to make vegetables for my house. We live in a three-story Charlestown condo so we didn't have any outside space to grow vegetables, so instead we were growing mint, basil, and parsley into something called an aerogarden. It's allowed us to avoid the packaging from buying these ingredients at the grocery store as well as giving us more of a connection to our ingredients and being able to harvest them all on our own.