

00:08 hi  
00:09 my name is logan i'm a student here at  
00:11 suffolk um  
00:12 and something that i've been doing to  
00:13 live my life a little bit more  
00:14 sustainably in this pandemic  
00:16 is i've been trying to get more heart  
00:18 plastics when i'm going to the grocery  
00:19 store as opposed to soft plastics  
00:21 hard plastics are things like this  
00:23 strawberry container  
00:25 or even this milk jug but even if there  
00:27 are like paper cardboard options like  
00:29 this oat  
00:30 beverage container i'll definitely get  
00:32 that over plastics  
00:34 what i'm trying to avoid here is things  
00:35 like this plastic bread bag  
00:37 these plastics are not easily recyclable  
00:40 in our current recycling system  
00:42 and by buying more hard plastics and  
00:45 cleaning them out when you're finished  
00:47 you'll help produce very clean and high  
00:50 quality recyclables that can be turned  
00:52 into new products that we can use every  
00:54 day  
00:54 and that really helps reduce our carbon  
00:56 emissions  
00:58 happy earth day one sustainable habit  
01:01 that i started  
01:02 since the beginning of the pandemic is  
01:05 to take all the old  
01:06 clothing items and old textiles that i  
01:08 no longer want  
01:09 and bring them to one of the new textile  
01:12 recycling bins  
01:13 around the city of boston the one that  
01:16 that's near me is in jamaica plain  
01:18 and i usually bring things that i know  
01:21 thrift stores won't accept  
01:23 what's nice is that they will resell the  
01:25 clothing  
01:26 and often they'll they'll use reuse the  
01:29 textiles in  
01:30 insulation for like nearby businesses  
01:33 for example if you'd like to check out  
01:36 one of the bins you can see where  
01:38 they're all located by going  
01:40 to the boston.gov website and to see  
01:43 what they a full list of what they  
01:44 accept  
01:47 wanting jyn and her family have spent  
01:49 the pandemic  
01:50 raising up small chicks into a producing  
01:52 chicken coop  
01:53 raising chickens isn't only a great  
01:55 educational experience for her young  
01:57 children  
01:58 but allows them to have fresh eggs  
01:59 without the tremendous environmental  
02:01 cost of transporting packaging and  
02:03 refrigerating supermarket eggs

02:08 hi i'm ashley the director of facilities  
02:11 and the chair of the sustainability  
02:13 committee  
02:14 during the pandemic i got on the  
02:16 gardening bandwagon  
02:17 and i started using something called an  
02:18 aerogarden to make vegetables for my  
02:21 house  
02:22 we live in a three-story charlestown  
02:25 condo so we didn't have any outside  
02:28 space  
02:29 to grow vegetables so instead we were  
02:32 growing mint  
02:33 basil and parsley into something called  
02:35 an aerogarden  
02:40 it's allowed us to avoid the packaging  
02:43 from buying these ingredients at the  
02:47 grocery store  
02:48 as well as giving us more of a  
02:50 connection to  
02:52 our ingredients and being able to  
02:54 harvest them all on our own