

LAUNCHING YOUR CAREER USING...

# FOCUS 2 CAREER

[suffolk.edu/focus](http://suffolk.edu/focus)

## 🔍 WHAT IS IT?

- Online, interactive, and self-guided career and education planning system
- Includes assessments to help you investigate your personality, skills, values, work interests, and leisure interests
- Based on your assessment results, explore majors and careers that are best suited to your profile
- Create an action plan to pursue your educational and career goals through internships, study abroad, volunteering, job shadowing, and work experiences

## 👤 WHY DO I NEED IT?

- Are you unsure of your major?
- Are you unaware of the majors offered at your college and related occupations?
- Are you wondering what to do with your major?
- Are you unsure of which careers best suit you?
- Would you like to develop a career plan that works for you?
- Are you ready to make informed career decisions?

## ⚙️ HOW DO I USE IT?

- Go to [suffolk.edu/focus](http://suffolk.edu/focus)
- When logging in for the **first time**, click on the “Register” button to create your personal account
- When logging in after you’ve created your personal account, enter your Suffolk user name and password
- The access code is **rams**
- Start from the beginning and work through each section. You do not need to complete all sections in one sitting
- Save all majors and occupations that interest you. Your results will be stored in your Focus 2 portfolio

