



Study Abroad or Traveling with a Suffolk University Program

A Guide for Students with Disabilities

Student name: _____ **Email:** _____

Travel Program: _____ **Travel Dates:** _____

Below are some questions that we suggest you look over and discuss with your Travel Program Coordinator or Study Abroad Adviser **and** your Disability Service Provider (Kirsten or Andrew).

- Given the program you will be participating in, what kind of accommodations and support will you need?
- What types of activities will you be participating in during the program (classroom learning, volunteering, field trips, service learning, work, site seeing, independent research, internships, etc.)
- What types of accommodations will you need on your program (educational, housing, transportation, medical, dietary, etc.)?
- What additional support services (Psychiatric, medical, physical, health, clothing, dietary, etc.) will you need regarding your disability? Your consideration should include medication, counseling, equipment batteries, and additional equipment.
- Have you checked with your airline and/or host country embassy to see whether you will be able to bring enough medication to last for your entire trip and whether the country abroad and/or their immigration customs policies allow you to carry that amount of medication?
- Have you identified backup plans in case your accommodations are not readily available?
- Have you asked for a copy of your accommodation letters?

For those studying abroad:

- Have you contacted the Office of Disability Services, or its equivalent, at the institution you will be studying at?

- Have you identified an academic resource center, the equivalent to the BLC, to help support you in your studies?
- If you're using counseling services whether through the Suffolk Counseling Center or privately, have you identified a resource in your host country? If not, have you made arrangements with your counselor here to continue sessions virtually?
- If you have dietary accommodations, have you developed a nutritional plan to meet your dietary needs?

Do you have any other concerns?

I have reviewed this guide with my Travel Program Coordinator or Study Abroad Advisor and my Disability Support Provider.

Student Signature: _____

Date: _____