



**Scholarship/
Fellowship**
Awardees

Fulbright

Major: Politics, Philosophy & Economics PPE
College of Arts and Sciences

Expected Graduation: May 2023

Hometown: Orlando, Florida

Fellowship Destination: Madrid, Spain, AY 2023/2024



In my time abroad, I gained various valuable things. I gained amazing friendships with amazing people, new knowledge about the different cultures of all the countries and places I traveled to, knowledge about my host country, and personal and professional development. Studying abroad made me more open-minded, empathetic, and patient. Studying abroad also clarified my career goals and exposed me to new avenues and paths I could explore working with global public policy and human rights. I loved my experience abroad and I recommend everyone to take advantage of this amazing opportunity!



Lauren Muro-Belandria

Critical Language Scholarship

First-ever
Suffolk recipient

Major: International Relations & Paralegal Certificate
College of Arts and Sciences

Expected Graduation: May 2024

Hometown: Saugus, MA

Scholarship Destination: Gwangju, South Korea, Summer 2023



In Seoul, I explored my International Relations major through Pre-Modern Korean history, Korea-U.S. relations, and a Korean language class. This summer I'll intensively learn Korean to reach an intermediate level and then go to Osaka, Japan in fall to learn Japanese and take foreign policy courses. Because living in Seoul, South Korea helped me realize I want a career living abroad and learning different languages and cultures. Especially since post-college I'll pursue more opportunities abroad to become a Foreign Service Officer.



Stephanie Bulega-Nasuna

Boren Scholarship

First-ever
Suffolk recipient

Major: International Relations & Paralegal Certificate
College of Arts and Sciences

Expected Graduation: May 2024

Hometown: Saugus, MA

Scholarship Destination: Osaka, Japan, Fall 2023



In Seoul, I explored my International Relations major through Pre-Modern Korean history, Korea-U.S. relations, and a Korean language class. This summer I'll intensively learn Korean to reach an intermediate level and then go to Osaka, Japan in fall to learn Japanese and take foreign policy courses. Because living in Seoul, South Korea helped me realize I want a career living abroad and learning different languages and cultures. Especially since post-college I'll pursue more opportunities abroad to become a Foreign Service Officer.



Stephanie Bulega-Nasuna

Fund for Education Abroad

First-ever
Suffolk recipient

Major: Global Business and Management
Sawyer Business School

Expected Graduation: May 2025

Hometown: Boston, MA

Scholarship Destination: Italy Travel Seminar, Spring 2024



The reason for my study abroad is to build my resiliency and adaptability skills. As a Global Business and Management major, I wish to build the skills necessary to deal with difficult situations, as well knowing how to interact with others of different backgrounds. In the future, I hope to work in Human Resources. Studying abroad will allow me to experience a new culture and gain an understanding of how diverse cultures are integrated.



Emelis Vicente

Gilman

Major: Politics, Philosophy & Economics PPE
College of Arts and Sciences

Expected Graduation: May 2023

Hometown: Orlando, Florida

Scholarship Destination: Madrid, Spain, Fall 2022



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Lauren Muro-Belandria

Gilman

Major: Business Economics
Sawyer Business School

Expected Graduation: May 2025

Hometown: Mansfield, Massachusetts

Scholarship Destination: Madrid, Spain, Academic Year 2022-2023



I gained an understanding of different life values, being more welcoming, helpful, and easygoing, and living every day to the fullest. Studying abroad helped me see life in a brighter light and that there is a new adventure and friend to meet around every corner. Overall, studying abroad taught me to step out of my comfort zone in order to see new experiences and rewards.



Erika Penney

Gilman

Major: Business Economics

Sawyer Business School

Expected Graduation: May 2025

Hometown: Yarmouth, MA

Scholarship Destination: Florence, Italy, Spring 2023



What I gained while studying abroad: While studying abroad in Florence, I developed skills such as intercultural communication, adaptability, and problem-solving. All of which I intend to bring back to Boston to help me thrive in a school and work setting.



Jeremy Campbell

Gilman

Major: Political Science

College of Arts and Sciences

Expected Graduation: May 2024

Hometown: Providence, Rhode Island

Scholarship Destination: Madrid, Spain, Spring 2023



What do you hope to gain from your time abroad?

- To perfect my Spanish by engaging in conversations with locals, going out to public spaces, and interacting with peers on campus or at events in the area of Madrid.
- To experience another country's identity hoping that it somehow positively influences my own identity and academic journey.
- As a political science and government student, studying abroad would give me the opportunity to learn about another country's politics and traditions which could provide me with new perspectives on issues in the United States. This semester abroad, I am taking a course called Modern Spain which essentially goes through the entire (dense), history of Spain from the Bourbons until modern 2023. My courses have really influenced my perspectives on Spain and Spanish culture by simply informing my peers and me on necessary elements of Spanish society historically and currently that have an obvious influence on our day-to-day lives.
- Educators have always been some of the most important people in my life and arguably the world. As a student who loves to learn, studying abroad has allowed me to experience new forms of learning. I've been able to fulfill new connections and relationships that I wouldn't be able to experience in Boston. This opportunity is super important to the evolution of my career and education.



Jailene Colón

Gilman

Major: English

College of Arts and Sciences

Expected Graduation: May 2023

Hometown: East Providence, Rhode Island

Scholarship Destination: Madrid, Spain, Spring 2023



I gained a sense of self-reliance and self-confidence by traveling by myself and being in situations where I had to fix my mistakes on my own. I really gained an appreciation for the Spanish culture and language by throwing myself into it and going out of my comfort zone. It also gave me perspective on my place in the world as an American. Lastly, I fell in love with all the art I saw, especially at the Prado in Madrid. Europe has so much beautiful architecture that the cities themselves feel like pieces of artwork and I feel really lucky to have experienced it.



Mamata Head

Gilman

Major: Spanish and Sociology
College of Arts and Sciences

Expected Graduation: May 2024

Hometown: Milford, Massachusetts

Scholarship Destination: Madrid, Spain, Spring 2023



During my time abroad, I hope to learn more about myself and what I want for my future. I fell in love with Madrid three years ago and I wanted another opportunity to explore the city and truly decide if this is where I want to spend my life. I'm looking forward to utilizing my Spanish daily by living with a host family and hopefully doing an internship abroad so that I can be fully comfortable using the language in my future career.



Ingrid Oliveira Alves

Gilman

Major: Global Business and Entrepreneurship
Sawyer Business School

Expected Graduation: December 2023

Hometown: New York, NY

Scholarship Destination: Israel Travel Seminar, March 2023



In my time in Israel, I got to experience Jewish culture and have a better understanding of Israeli life. I had the chance to ask questions about their religion, language, and how business is conducted in their country.



Christopher Pellot

Gilman

Major: Global Business & Finance
Sawyer Business School

Expected Graduation: May 2024

Hometown: Everett, MA

Scholarship Destination: Israel Travel Seminar, March 2023



What I hoped to gain from my time abroad is exploring different businesses, culture, and learn how people do businesses in Israel. I wanted to learn a new language and different lifestyle. I was curious to celebrate Shabbat. I wanted to see how the food taste like and how separate the meat from the dairy.

What I gained was a new mindset for business, learned more business value such as integrity and adapt the Israel culture in my life. This travel abroad impacted my professional life to realize I have to open my mind to other culture and aware of a variety of religions. I got to adventure the night life and learn the Jewish cuisine. I was excited to visit the dead sea, savor market spices and candies. I was very grateful to participate in a family Shabbat. I met another Gilman Scholar. It was a wonderful experience and able to get baptized in the Jordan river.



Janice Perez-Gomez

Gilman



Nicole Mbuse

Major: Political Science

College of Arts and Sciences

Expected Graduation: May 2026

Hometown: Harare, Zimbabwe

Scholarship Destination: Regents University, London, Spring 2024



I hope to gain knowledge on Empires and Imperialism from the perspective of present-day Britain and how these two influence nationalism and identity.

Gilman

Major: Marketing and Global Business
Sawyer Business School

Expected Graduation: 2025

Hometown: Shrewsbury, MA

Scholarship Destination: Paris, France



I'm looking to gain new connections and interact with as many people as I can. Doing so, I hope to experience new cultures and places as best I possible. I'm looking forward to the independence, adaptability, and communication I will develop while abroad.



Luisa Mejia Guillen

Gilman



Fatema Ahmadi

Major: Finance (but on a Pre-health track)

Sawyer Business School

Expected Graduation: 2027

Hometown: Worcester, MA

Scholarship Destination: London, UK



What I hope to gain from my time abroad: I hope my time abroad in London helps me grow into a more independent person. I want to learn from a new environment, meet people from different backgrounds, and challenge myself outside of what feels familiar. I also hope to make lasting memories while gaining experiences that will shape both my education and my future.

Gilman

Major: Business Analytics & Information Systems

Sawyer Business School

Expected Graduation: 2026

Hometown: Boston, MA

Scholarship Destination: London, UK



During my short time abroad, I gained a deeper global perspective on how advertising and business strategies operate across different cultural and urban environments. In London, I explored the impact of out-of-home advertising in one of the world's most dynamic cities, engaging directly with industry professionals and analyzing real-world campaigns. Experiences like visiting Piccadilly Lights and learning from leading companies showed me how data and design intersect to influence consumer behavior on a global scale. Beyond academics, I also grew personally by immersing myself in a new culture, strengthening my adaptability, and learning how to build meaningful connections that will shape my future career.



Nataijah King Whittle