#### **Enhancing Motivation to Learn** Practical, Research-based Strategies

A keynote session at the Suffolk University 2017 Symposium on Innovation in Teaching and Learning

Tuesday 16 May 2017 – 9:00 to 10:30 AM

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### I. Assessing Values – [1]

Jot down 2 or 3 educational/ professional values that motivate you to invest time and energy in efforts like today's Symposium.

## Which value(s) did you mention?

- A. Promoting more, deeper learning
- **B.** Improving teaching effectiveness
- C. Improving access, inclusion and success
- **D.** Improving program's/school's reputation
- E. Innovating with technology
- F. When's the coffee break?

Page 1 bottom

## II. Assessing Goals [2]

## What are your <u>Learning Goals</u> and/or <u>Burning Questions</u> for this Symposium?

#### My Intended Learning Outcomes (ILOs) for this Session

- By the end of this session, you will have:
- 1. Identified at last two or three (2-3) <u>common factors that influence</u> student motivation to learn
- 2. Identified at least two or three (2-3) potentially effective <u>new strategies or techniques</u> to promote and/or assess student motivation to learn
- 3. Identified at least two (2) <u>useful resources and/or references</u> for follow up
- 4. Committed to making at least one (1) potentially useful change in your practice, and
- 5. <u>Exchanged ideas</u> with at least two (2) folks you don't normally talk with about these topics

# In other words, I'm hoping you'll end this session with . . .

- Greater clarity about motivation
- Useful strategies and techniques
- Useful references/resources
- Motivation to risk a change(s)
- More connections with colleagues

### Page 10 – Top half XIII. Applications Card [5]

Ideas/Techniques

**Possible Applications** 

## A First "Balcony" Question

Could there be advantages to knowing something about your students' values or goals if you want to promote motivation to learn?

## What was the point of Page 1?

Values influence goals

**Goals influence motivation** 

Motivation influences investment and perseverance

Goals also influence openness to/interest in and motivation to use feedback

#### Page 2 – Top half

#### III. Assessing Interests – [1&3]

- 1. What is motivation? Is there more than one kind?
- 2. Why do some students seem more motivated than others?
- 3. To what extent are teachers responsible for enhancing motivation to learn?
- 4. What might learners do to enhance their own motivation?
- 5. What kinds of teaching might enhance motivation?
- 6. What kinds of assessment and feedback might enhance it?
- 7. What kinds of grading practices might enhance it?8.Write in your own question(s):

## Suppose "What is motivation"? got the most votes . . .

How would you define it?

## *Motivation* typically denotes . . .

Interest and engagement

A willingness to devote time and energy to achieve a specific goal(s)

A willingness and capacity to persevere

#### **Page 2 – Bottom half –** [1 & 3]

#### IV. The Plus-Minus-Question Mark Technique

- Intrinsic vs. Extrinsic motivation
- Self-efficacy vs. Self-esteem
- Stereotype threat
- Confirmation bias
- Academic mindset
- Volition
- Bus, Parrot & Parking Lot Tests
- Cognitive load
- Metacognition
- Self-regulation
- The Dance Floor & The Balcony

Second "Balcony" Question If you followed directions: Are you more interested in the list of terms on page 2 than you would have been if I'd simply told that information to you? Page 10 - bottom

## XIV. Seven Levers for Deeper Learning

- 1. Become aware of prior knowledge, beliefs & values
- 2. Set high, meaningful goals and expectations
- 3. Learn how to learn effectively
- 4. Understand assessment criteria and standards
- 5. Seek and find connections and applications
- 6. Collaborate effectively
- 7. Invest actively engaged time and effort

Page 3

#### V. Six Dimensions of Higher Learning Outcomes [1, 2 & 4]

% Your Past? % T		6 Their Future?
	Factual Learning	
	<b>Conceptual Learning</b>	
	Procedural Learning	
	Conditional Learning	
	Metacognitive Learni	ng
	Reflective Learning	
100%		100%

### 3<sup>rd</sup> Balcony Question

Which of those six dimensions needs and deserves the most focus if we aim to foster:

Sustained motivation? Problem-solving? Innovation? Lifelong learning?

## Metacognition involves . . .

#### Self-Awareness

Knowing that and when you are thinking

#### Self-Monitoring

Noticing the quality/intensity of your thinking

#### Self-Regulation

**Directing/Correcting your thinking** 

<u>Reflection</u> requires metacognition, but goes beyond it to affect/change values, beliefs, actions and/or habits

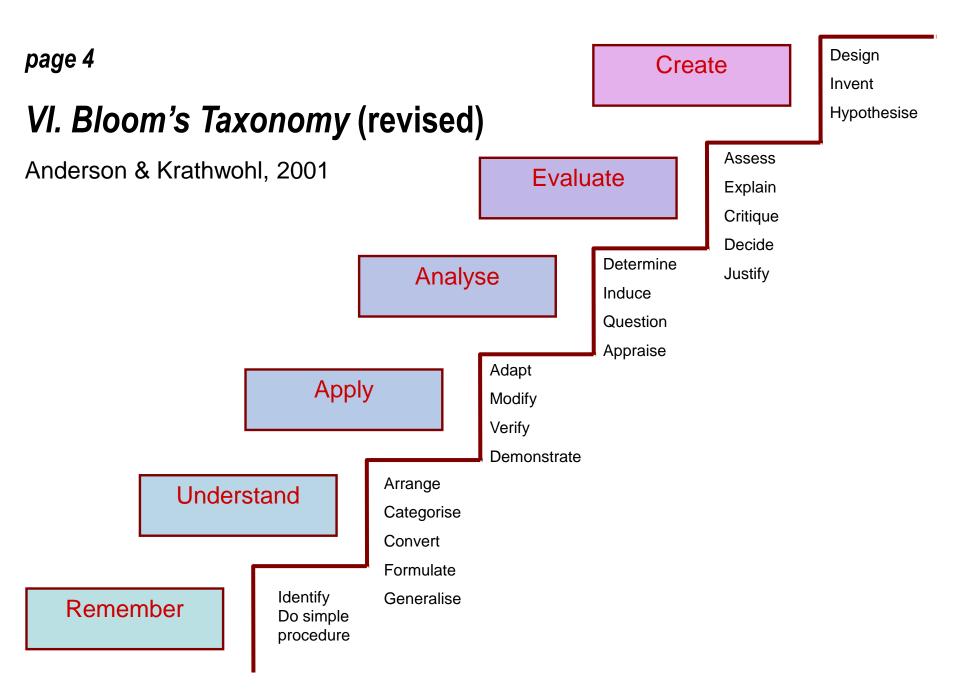
## A Reflection-in-Action Exercise

Rate your own learning approach thus far in the session:

- 1. Disengaged (I don't see the point, or I already know all this.)
- **2. Semi-attentive** (Checking in and out, per my interests.)
- 3. Engaged recipient (I'm taking it all in, but quietly.)
- 4. Active Participant (I'm contributing & cooperating.)
- 5. Reflective Synthesizer

*(I'm making connections to prior knowledge/experience and imagining how I might use this in my future work.)* 

Adapted from: Guskey, T. R. (2000). Evaluating Professional Development. Thousand Oaks, CA: Corwin Press, p. 135.

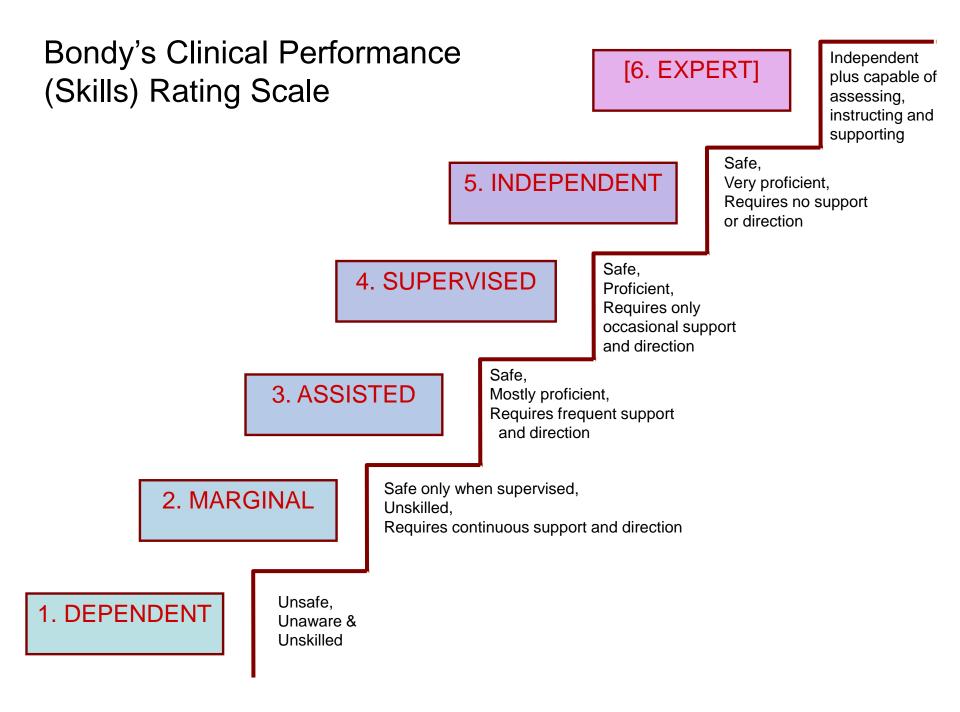


**Page 4 – bottom "Blooming" –** [1, 3 & 4]

## Page 4 Categorizing Questions by Bloom's Taxonomy Levels (Blooming)

By systematically varying the elements of the task, we can better assess and promote transfer and deep learning.

## **Page 5 - top VII. The Bondy Scale –** [1, 3 & 4]



# Page 6 VIII. A sample rubric - [4, 6 & 7]

Handout Page 7 – Top third

## Why Give Learners Feedback?

- TO IMPROVE PERFORMANCE & ACADEMIC SUCCESS
- TO INCREASE INTEREST & MOTIVATION TO LEARN
- TO ILLUMINATE AND UNDERMINE MISCONCEPTIONS
- TO PROMOTE SELF-ASSESSMENT & SELF-REGULATION
- TO DEVELOP INDEPENDENCE AS LIFELONG LEARNERS

Handout Page 7 – Middle third

## TO USE FEEDBACK WELL, LEARNERS NEED M.O.M.

- **MOTIVATION** COMPELLING REASONS TO USE IT
- **OPPORTUNITIES** For safe, guided practice
- MEANS KNOWLEDGE & SKILLS FOR IMPROVEMENT

Handout Page 7 – Bottom third

- THE ORDER IN WHICH WE GIVE FEEDBACK MATTERS CONSIDER THE FOLLOWING FIVE STEPS:
- 1<sup>ST</sup> GOOD NEWS: WHAT WAS DONE WELL
- 2<sup>ND</sup> BAD NEWS: WHAT STILL NEEDS *IMPROVEMENT*
- 3<sup>RD</sup> OPTIONS: WHAT CAN BE DONE TO IMPROVE IT
- 4<sup>TH</sup> PLANS: WHAT THE LEARNER *INTENDS* TO DO
- 5<sup>TH</sup> COMMITMENTS: WHAT BOTH PARTIES AGREE TO DO, HOW, TO WHAT STANDARD, AND BY WHEN

## Have you heard of the "Feedback Sandwich"?

It's not very nutritious

# Page 8 - topX. Effective, authentic feedback

## Page 8 – Bottom half XI. The GIFT

#### Page 9

#### XII. A Draft Course/Teaching Feedback Form

What values do our course and teaching evaluation systems convey to students?

To faculty?

"The effectiveness of teaching is best evaluated by what the students do when the teacher is not present." Page 10 – Top half

## Applications Card – [5]

Interesting IDEAS/TECHNIQUES Possible <u>APPLICATIONS</u> Page 10 - bottom

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Page 10 – Top half

## Applications Card – [5]

Interesting IDEAS/TECHNIQUES Possible <u>APPLICATIONS</u>

## **The Parking Lot Test**

## What, Why and How

Choose <u>one</u> of your possible applications.

Prepare to answer the three questions below about that specific application:

- What is it?
- <u>Why</u> do you think it might be useful?
- <u>How</u> do you think you might use it?

# Thanks for your time and participation.

I look forward to learning from you today.