

## Approved Honors Option Points (HOPs)

Updated fall 2019

*(Note: after completion of 4 of the 7 honors courses, up to 3 of the remaining 7 honors courses may be substituted with Honors Option Points (HOPs))\**

Types	<b>Activities: Selected examples of honors options</b>	Point Value: 2 HOPs = 3-4 credit Honors course
Academics	Second degree	1
	Double Major	1
	1-2 credit honors course	1
Experiential Engagement	Study abroad (1 semester)	2
	Study abroad (short course -- 1-3 weeks)	1
	Internship off-campus (in addition to internship counting toward major)	1 point/20 hours per semester
	Center for Community Engagement Work (in addition to work completed for major)	1/20 hours service per semester
	Alternative Spring Break	1
	Alternative Winter Break	2
	Educational Outreach	1/20-25 hours service per semester
	Community service	1/20-25 hours/service per semester
Research and Creativity	Research with a professor (plus presentation at SU Honors Research Symposium) (in addition to work completed for major)	1 point/20-25 hours per semester
	Publication of research or creative work in a peer-reviewed journal (plus presentation at SU Honors Research Symposium)	2

	Publication of research or creative work in a non peer-reviewed journal	1
	Attendance at a scholarly conference off-campus	1
	Attendance and presentation (oral or poster or panel discussion or creative work) at a scholarly conference or gallery off-campus (plus presentation at SU research Symposium)	2
Community Contribution	Teaching assistant for a course	1/course
	Honors Ambassador	1/year OR 1/20 hrs
	Resident Assistant in the residence halls	1/year
	Teaching Certification through the Center for Learning and Academic Success (CLAS)	2/level
	Serving on the executive board of a club	1/year
	Attendance at LEAP (Leadership Education and Programming) Conference	1
	Captain or member of university sports team	1/season
	Campus Tour Guide/Leader	1/year
	Editor of a newspaper or magazine	1/semester
	Orientation scholar	1/year
	Curator of exhibit	1
	Performing Arts Contribution(s) (non-class credit)	1 pt / 20-25 hours
Other	Students may propose an additional option prior to the start of the semester or year in which they plan to complete the work. Proposals should be made to Dean Lenzie.	1-2