



**SUFFOLK  
UNIVERSITY  
BOSTON**

COLLEGE OF  
ARTS & SCIENCES

# PSYCHOLOGY DEPARTMENT

## *Newsletter*

Fall 2017 | Volume 20, Issue 1

### Dates to Remember

**December 12**

Last Day of Fall Semester Classes

**December 23-  
January 1**

Holiday Break:  
University Closed

**January 16**

Spring Classes Convene

**February 19**

Presidents Day:  
University Closed

**February 21**

Suffolk Monday-Monday Day & Evening Classes will be held

**March 2-3**

Ph.D. Program Interview Weekend

**March 12-18**

Spring Break

**April 16**

Patriot's Day:  
University Closed

**April 17**

Suffolk Monday

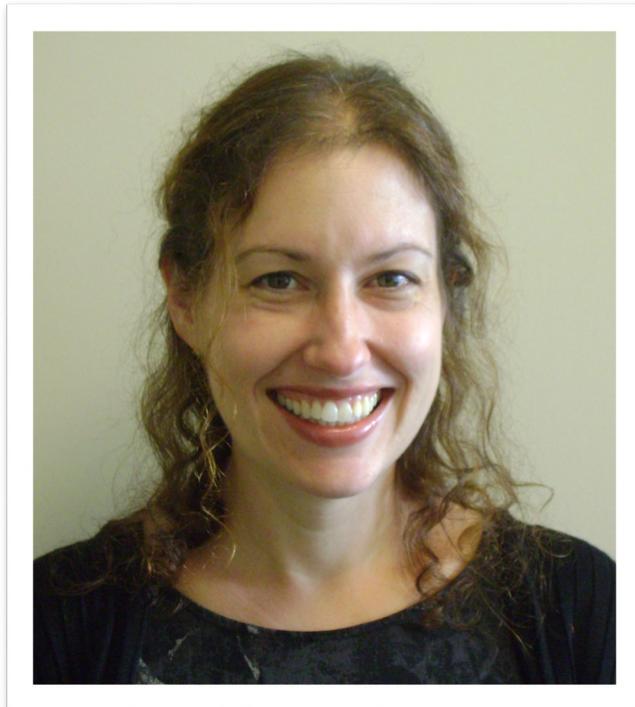
**April 29**

Last Day of Classes

**May 19-20**

CAS Commencement Ceremony

## Meet the New Department Chair!



Amy K. Marks, PhD was appointed as the new Department Chair of the Psychology Department at the start of the 2017 fall semester. Prior to being appointed Chair, Dr. Marks was the Director of Undergraduate and Graduate Studies for the department since 2010, and has been an integral part of the department since joining the faculty in 2007. She received her doctoral degree from Brown University in Developmental and Experimental Psychology, and obtained a B. A. from Cornell University in Biology. Dr. Marks' research and teaching interests lie in ethnic identity development and social/peer processes in childhood and adolescence among mixed heritage and immigrant youth. This also includes researching characteristics of social settings that support immigrant and ethnic minority children's development. Dr. Marks wrote about her scholarship in her fall welcome email to our undergraduate students:

*As a researcher and community member, my scholarship has long focused on understanding inequality in young people's health and wellbeing. I have studied phenomena such as racism and discrimination, risk and resiliency, and their relations*

## Psychology Department Participates in #SUSS2017

*The Psychology, Government, Economics, Sociology and PPE Departments collaborated in a two day event for undergraduate social science majors.*

See the full story on Page 3

### Inside this Issue

Meet the new W.S.S. p. 4

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Colloquium Partnership, p. 11

*Continued on page 13....*



# Mental Health Counseling Program Update

By Dr. David Shumaker

The Mental Health Counseling (MHC) Program is off to a great start this fall. A strong class of first year students have hit the ground running in our two-year 60-credit Master's program, while our second year and Certificate of Advanced Graduate Studies (CAGS) students are completing a range of practicum and internship experiences at excellent training sites throughout the greater Boston area. Several of our first year practicum and second year internship students are working at a variety of exceptional placements this year, including the Lesley University Counseling Center, the Walker School, the Commonwealth Care Alliance, and Volunteers of America. It is so nice to see so many of our students during non-class hours working and congregating throughout our department-your presence injects a wonderful vibe and sense of electricity into our community.

Our growth in the dual-degree programs mirror the overall program growth, with several in our cohort of first-year students pursuing either the Masters in Mental Health Counseling/Masters in Criminal Justice or Masters in Mental Health Counseling/Masters in Public Administration joint programs. The mutual support between our program, the criminal justice and public administration programs provides our students with a cohesive and rich learning experience. We believe these dual-degree programs represent another unique and innovative way to train our students to respond to the increasingly

complex demands of the field and society at large. For those Suffolk undergraduate students who may be considering a career in mental health counseling, but have a strong interest in justice and/or public administration, we encourage you to look closely at our dual-degree options.

We are still accepting applications for our accelerated BS/MS degree program. Junior Psychology majors are eligible to apply upon meeting certain academic requirements with the deadline for applications due on February 1, 2018. Suffolk undergraduates who enroll in the program will take two courses in our program during their senior year (one in the fall and spring semester) and use the credits earned in these courses for *both* their bachelor and master's degrees. We think this program provides outstanding Suffolk Undergraduate psychology majors an excellent way to get a sense of our program and its culture sooner than most students. It will also afford these outstanding students both a cost and anxiety savings by waiving the graduate entrance examination requirement for admission and reducing a student's overall course load. Interested undergraduate psychology majors should speak to their advisors, or contact me at [dshumaker@suffolk.edu](mailto:dshumaker@suffolk.edu) for more information.

In closing we wish all our students, the department, and the University at large, a happy and safe holiday season.

## **Interested in a career in mental health counseling?**

Visit our webpage to learn more about the  
Master's Degree Program!

<http://www.suffolk.edu/college/graduate/69292.php>

# Psychology Department Participates in #SUSS2017

GVT, ECON, PSYCH, SOC, & PPE present the 2nd annual

SUFFOLK UNIVERSITY SOCIAL SCIENCES

# #SUSS2017: Welcome to the Neighborhood!

Join us for any or all of the following events that focus on getting to know your neighbors in other departments as well as how to be good neighbors in the global community.

Come to breakfast on Tuesday to learn details about our scavenger hunt and the prizes you can win!

## OCTOBER 3rd & 4th



The Psychology Department, along with Government, Economics, Sociology and PPE, hosted the second annual Suffolk University Social Sciences Day (#SUSS2017). SUSS was started last year as a way to bring the social science majors together to experience the wonderful interdisciplinary partnership between departments, meet professors, learn about different topics from a full social science perspective, and most importantly-meet other majors. This two day event was packed with information sessions to help guide a student's career, panel lectures on hot current topics in our global neighborhood, and food! The overarching theme for the event this year was "being neighborly" and argyle socks were handed out as swag to those that attended the different sessions. From the Psychology Department, Professors Yvonne Wells, Sukanya Ray, David Medoff, Sue Orsillo and John Smolinsky all participated in well attended panel lectures along with faculty members from the other departments. Student Anna Margaryan from the Sociology Department, won the photo scavenger hunt. And while Psychology lost the winning trophy for Family Feud from last year, there is always next year to regain that title. We look forward to joining Government, Economics, Sociology, and PPE in planning for #SUSS2018!

## Tuesday

## Wednesday

Schedule of Events

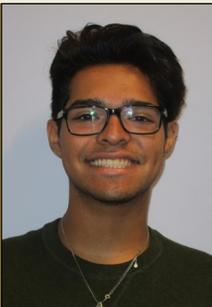
<b>9:30 - 10:40</b>	<b>Breakfast with the Chairs</b> (73 Tremont, room 8004)	<b>9 - 10</b>	<b>Breakfast with the Chairs</b> (73 Tremont, room 8004)
<b>10:50 - 12:05</b>	<b>Military First! What makes North Koreans Tick?</b> Special session of Weiqi Zhang's GVT 281, joined by Profs. Friedrich Lohr, Ron Suleski, and Greg Fried (SMT 217)	<b>10:00 - 11:50</b>	<b>Global Neighborhood with Rachael Cobb, David Tuerck, Yvonne Wells, Susan Sered, and Greg Fried (Sawyer 135)</b>
<b>12:15 - 1:30</b>	<b>FOOD and FEUD!</b> Watch members from each department square off in a game of FAMILY FEUD, hosted by Dean Toyoda (73 Tremont, room 10100)	<b>11:00 - 11:50</b>	<b>Challenges to Being Neighborly in the Asian Region with Jonathan Haughton, Sukanya Ray, Friedrich Lohr, and Weiqi Zhang (73 Tremont, room 10100)</b>
<b>1:40 - 2:55</b>	<b>Careers and Cookies!</b> (73 Tremont, room 5045)	<b>12:15 - 1:05</b>	<b>The Wall: Drug Control Policy in the U.S. with Maureen Norton-Hawk, Eric Bellone, Shahrz Mohtadi, John Smolinsky and Greg Fried (73 Tremont, room 5040)</b>
<b>1:40 - 2:55</b>	<b>Brownie Points for Honors with Elena Llaudet, Shahrz Mohtadi, and Amy Agigian, (73 Tremont, room 1102)</b>	<b>1:40 - 2:55</b>	<b>Impacts and Responses to Natural Disasters with Carmen Veloria, Roberto Dominguez, and Amy Agigian (Somerset 320)</b>
<b>3:15 - 4:15</b>	<b>Internship Info Session with Sue Orsillo, Christina Kulich-Vamvakas, and Felicia Wiltz, Jeff Johnson (73 Tremont, room 8002)</b>	<b>3:05 - 4:20</b>	<b>Accelerated Programs with David Medoff, Don Morton, Greg Fried and Brian Conley (73 Tremont, room 1098)</b>

# Meet the 2017-2018 Work-Study Students



**Isis Almazan Garcia** is a junior psychology major working her third year with the department. Isis loves all the opportunities that have been (and still are) presented to her; including: working with talented, intelligent faculty & staff and learning about specific opportunities in the field of psychology. She is planning on applying to Ph.D programs next year and has been hard at work filling her time with research and internships to build her resume and experience. Isis even attended an Honor's conference in Atlanta to present a poster (see page 14 for details).

**Mykala Luk** is a sophomore double majoring in psychology and criminal justice. Mykala is also the President of the student run Psychology Association, and was one of the founding members who brought the club back to campus. She is excited about all of the opportunities that come along with working in the Psychology Department and really enjoys the people she is surrounded by. After earning her degree, Mykala plans to expand her knowledge of criminal psychology and hopes to someday become a criminal profiler.



**Dex Windevoxchel** is a Puerto Rican native who is in his sophomore year studying psychology. He enjoys working in the Psychology Department because he believes he's learning a lot of skills that could help him later on in his professional career. After graduation, Dex plans to work and save up money to leave Boston and continue with his studies in Europe, and eventually become a neuropsychologist.

**Leilani Chin** is a junior majoring in psychology with a minor in sociology that she started this year. Leilani is excited to work in the Psychology Department because it is a great learning opportunity and she enjoys the people in the department. After graduation, she plans on attending graduate school and wants to someday become a clinical psychologist.



**Eleni Koutsoukou** is a senior majoring in psychology and will be graduating in December. Elena is originally from Thessaloniki, Greece. She has worked in the Psychology Department for 2 years and is also a part of the Honor's college. She loves working with the staff in the department and getting to know the professors. After earning her degree from Suffolk, Elena will be going to graduate school to study business.

**Jessie Bui** is a junior Honors student majoring in psychology and minoring in biology. This is her 2nd year working in the Psychology Department. Jessie loves working with the staff in the department because they are laid back, and she also appreciates getting to know the professors that seek her help with projects. After earning her degree, Jessie hopes to continue on with her education and get a Ph.D in Clinical Psychology.



## Faculty Highlight

# Psychology Faculty Member Receives \$5.8K Grant



The Psychology Department is excited to announce that Dr. Sarah Schwartz, Assistant Professor, is the recipient of a \$580,000 grant for her mentoring research from the WT Grant Foundation. Her study focuses on understanding how to bolster the social capital, networks and information available to first generation college students. Dr. Schwartz has been a member of the Suffolk community for almost three years, and we commend her for her research, contributions to the field of psychology, and obtaining this grant! Please join us in congratulating Sarah and read on to learn more and see what she had to share.

### Q + A with Dr. Sarah Schwartz

#### **What do you like best about teaching at Suffolk?**

I love getting to know students and the diverse stories and experiences they bring with them. I am continually learning from my students, and their curiosity and enthusiasm is an inspiration. I also appreciate Suffolk's student-centered mission that emphasizes the importance of connections between students and faculty.

#### **What advice would you like to give others thinking about applying for grants?**

As Gary Fireman told me when we were discussing whether I should apply, "If you don't apply, then you guarantee you won't get the funding" (thanks for persuading me to apply, Gary!). Applying for external funding is definitely a significant time commitment, so it can be challenging to find the time amidst all of our other responsibilities, but I also find that it can be a wonderful opportunity to develop ideas—and I try to persuade myself that it is a worthwhile exercise whether or not the grant is actually awarded!

#### **How will this grant help your research?**

This funding will allow us to conduct an evaluation of an intervention that I developed to help underrepresented and first-generation college students cultivate mentoring relationships and other forms of social capital that play such an important role in academic and career success, but are often overlooked. Preliminary studies point to the intervention's promise (including work that McKenna Parnes, 2<sup>nd</sup> year doctoral student, is conducting for her masters level research project), but this grant will allow for a more rigorous large-scale evaluation to test the intervention's effectiveness and mechanisms of change prior to dissemination. The grant also provides much-needed funding for students to assist with the project.



### **Are you on LinkedIn?**

*Join the **Suffolk University Psychology Department** page and stay up to date!*

<https://www.linkedin.com/groups/5173373>

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# Meet the newest team member: Dr. John Smolinsky



Dr. Smolinsky is a 2007 Clinical Psychology Suffolk University Ph.D graduate, but his connection to Suffolk University dates back to 1993 when he began his undergraduate studies here as well. Although Dr. Smolinsky began his college career in the Sawyer School of Business with a major in marketing, he explains that he was recruited to psychology by Dr. Robert Webb (Professor Emeritus) and returned for his sophomore year as a psychology major. After earning his Bachelor's degree in psychology in 1997, spending some time living abroad, and studying Mental Health Counseling for a brief period at Lesley University, he couldn't stay away from the Suffolk community and returned to Suffolk to earn his PhD.

Dr. Smolinsky completed a pre-doctoral internship and a two year post-doctoral residency in clinical neuropsychology at the Edith Nourse Rogers Memorial VA Hospital in Bedford, MA. where he was hired on as a full time member of the psychology staff in 2010. While at the Bedford VA, John oversaw the operations of two residential rehab and treatment programs for homeless veterans, as well as was a practicum supervisor for our clinical Ph.D students. John has also remained an active member of the Suffolk teaching community since graduating as an adjunct professor in both the Mental Health Counseling and Undergraduate Programs and he even participated in this year's Social Sciences Day giving a collaborative lecture on Drug Policy in the United States. He is now settling into his new role with us as Clinical Training Coordinator where he is working on developing practicum and intern sites for the Mental Health Counseling program. We are so happy to have him as part of the team!

## What is one of your favorite memories from your time at Suffolk?

One of my favorite memories at Suffolk was the sense of accomplishment and pride that I felt defending my dissertation before the same professor that convinced me to study psychology fourteen years earlier. My entire dissertation committee was made up of folks who truly meant something to my academic career and that made an important moment feel even more special. To now work alongside some of those same members as a colleague is a rewarding and exciting experience.

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## Dissertation Defenses

*Congratulations to the following Clinical Psychology students who successfully defended their doctoral dissertations this past summer!*

### **Diana Artz**

*Correlates of Healthcare Disparities among Filipino Americans: An Exploratory Study*

### **Vanessa Alvarez**

*Exploring the Relationship Between Self-Compassion and Other Focused Concern Using a Multimethod Approach*

### **Alyssa Peechatka**

*Relating Smoking Cue Reactivity with Non-Drug Reward Function in a Sample of Nicotine Dependent Smokers*

### **Aparna Arjunan**

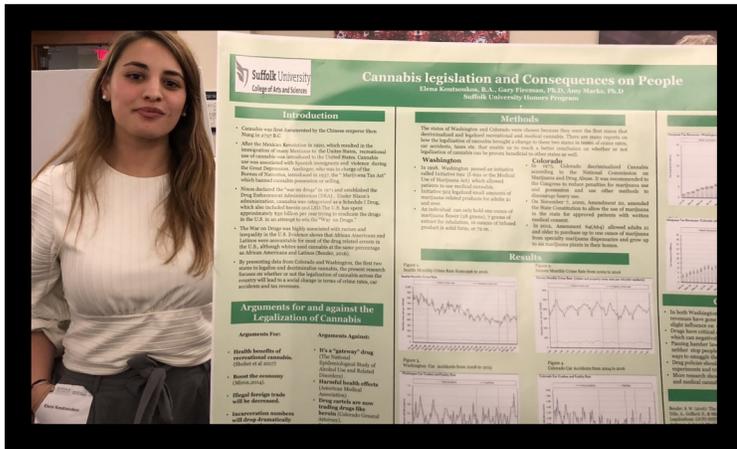
*Impact of Emotional State on Accuracy of Emotion Recognition: Examining the Influence of Global/Local Processing*

### **Alyson Negreira**

*Bottom-Up and Top-Down Pathways in Emotion Processing: An fMRI Study to Assess Neuroanatomical Validity*

# Psychology Honor Students Present!

On December 13, 2017, three of our senior honor students presented their research at the annual Honors Winter Symposium in Sargent Hall.



Eleni Koutsoukou



Paige Kawai and Jesse Arellano



On December 13th, students gathered for a community building event to raise awareness about sexual assault in response to the #metoo campaign. Stop by to see their work now on display in the department.



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## Psychology Dissertation Research Award

The Psychology Department will acknowledge outstanding academic achievement of a doctoral student engaged in dissertation research through its Doctoral Dissertation Research Award.

This is a meaningful opportunity for alumni, parents, and friends to contribute to the success of a deserving Ph.D. student.

A heartfelt thank you to all the alumni who generously donated to this award!

# Thank you!

If you would like to make a donation to the **Dissertation Research Award**, please visit:

[www.suffolk.edu/Giving](http://www.suffolk.edu/Giving)

When donating online, please select **Psychology Dissertation Award** from the drop down menu.

You can also send a check by mail to:  
Suffolk University Office of Advancement  
73 Tremont Street  
Boston, MA 02108

Please indicate **Psych Dissertation** on the check's memo line.

You can be confident that your donation of \$25 or more will directly benefit the department's award winner, to be announced in March.

## Undergraduate Alumni Highlight

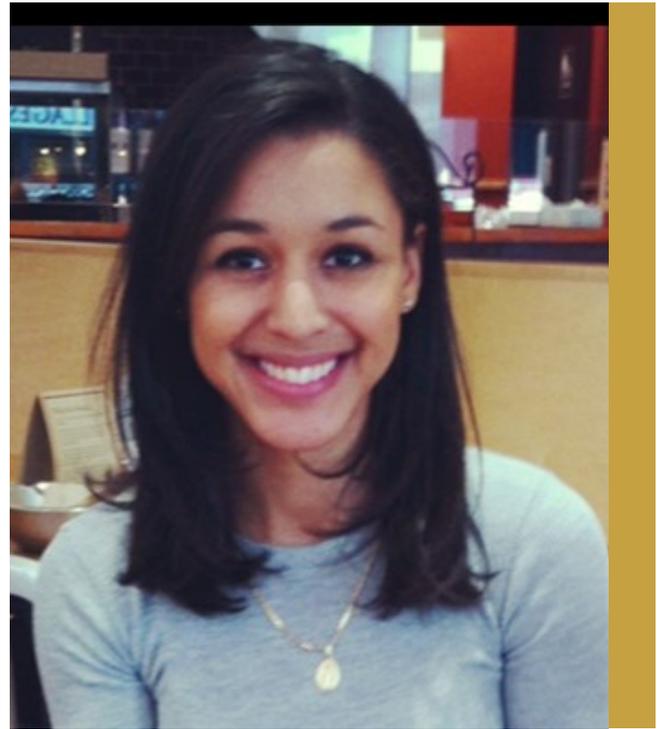
# Eileen Mieses

**Eileen Mieses** graduated from Suffolk University in 2014 with a B.S. in Psychology. Immediately upon graduating, Eileen worked as the Administrative Coordinator for the Psychology Department at Suffolk University, where she was also a former work-study student. Her job within the department entailed working with undergraduate students answering questions regarding advising, registration, internship and service learning. She played a key part in helping the department run smoothly. Eileen is currently working as a Pathway Coach in an Early College program at North Shore Community College where she works directly with low income, first generation high school students looking to get a head start on college courses. After careful consideration, she will begin a master's program for Higher Education and Student Affairs at Salem State University starting Fall 2018.

### **What is one of your favorite memories from your time at Suffolk?**

A few of my favorite memories as a student include the volunteering opportunities available to me, and the close knit feel in each of my classes. I especially loved the discourse in senior seminar with Dr. Wells, and the consumer psych course with Dr. Ray. I have great memories with both Yvonne and Sukanya and thank them for their advice and patience with me while I narrowed down my interest with the psychology field.

As a staff member at Suffolk University, my favorite memory is Gary running through our old department in Donahue. Gary preferred face to face interaction with his colleagues and was always running out of his office to go and talk with someone. My fondest memory is packing up the department for the move from 41 Temple to 73 Tremont. It felt as though it took forever to happen, but watching the effort of staff and faculty come together was an experience I will never forget.



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*"I strongly advise all psych majors to use their advisor as a sounding board and to not miss out on their insight!"*

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### **Do you have any advice for current undergraduate students?**

**DO NOT WAIT UNTIL REGISTRATION TO MEET YOUR ADVISOR!!**

As an undergraduate student I felt as though I never had time to meet with my advisor until the registration period. It was only until I had my advisor as a Professor that I realized the importance of sharing my academic goals with them. I strongly advise all psych majors to use their advisor as a sounding board and to not miss out on their insight! Chances are the opportunities and information you are searching for online are better conversations had with your advisor.

# Mental Health Counseling Alumni Highlight Brianna Blair



## Do you have any advice for current graduate students?

My advice for students is to always remember why you decided to pursue this program in the first place. Find what you're passionate about, and keep that in the front of your mind; use it to keep you motivated. Balancing papers, exams, practicum, and a job definitely won't be easy, but it will always be worth it. This field will challenge you and push you to new limits, but the reward is so special. Also, don't forget to sneak a few good laughs in there -it's good for your health!

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*"Find what you're passionate about, and keep that in the front of your mind; use it to keep you motivated."*

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**Brianna Blair, MS**, graduated from the Mental Health Counseling program at Suffolk University this past spring, she was also the recipient of the 2017 MHC Outstanding Graduate Student Award. Prior to entering the Master's program, Brianna received her BA in psychology from the University of Miami in 2015. During her second year in the MHC program, Brianna completed her practicum training experience at the Trauma Center at Justice Resource Institute located in Brookline, MA, and upon graduating, the Trauma Center offered her a full time position that she accepted. Brianna is currently a research assistant and clinical interviewer for the Attachment, Regulation, and Competency (ARC) Randomized Control Trial.

Brianna plans to pursue a PhD in Developmental Psychology, and is excitedly applying to programs for the fall of 2018. In the future, she hopes to teach at a university and conduct research focusing on developmental psychopathology. Brianna says she owes this career epiphany to one of her former professors in the MHC program, Dr. Rosemarie DiBiase, whom she did research with during her time at Suffolk.

## What is your fondest memory of your time at Suffolk?

I have so many wonderful memories from my time at Suffolk, and many of those memories are of thanks to my cohort, especially during our practicum supervision class with Dr. Smolinsky. Although grad school was quite challenging at times, this class was always such a fun and enjoyable experience (and sometimes a much-needed vent session). There is something really special about enduring two years of grad school with a small, tight-knit group of people. Everyone was always so supportive of each other, and I learned just as much from them as I did from my courses.

Speaking of courses, my other favorite memory at Suffolk is without a doubt the professors. The core faculty of the program, Drs. Shumaker, DiBiase, and Medoff, are three of the best professors I've ever had. They not only taught us, but they challenged our ways of thinking and supported us every step of the way. Having faculty that were invested in our success and well-being was so meaningful and made the program that much more enjoyable.

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## PhD Clinical Psychology Alumni Highlight

# Alex Jordan



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*“Get to know lots of people at Suffolk, at your clinical placements, at conferences, etc. These connections will yield value in so many ways.”*

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### **What is one of your favorite memories from your time at Suffolk?**

I loved pretty much all the time I spent in the psych department itself (back then, the sixth floor of Donahue!). The faculty and the students were so warm, smart, interesting, and interested. Just as much as the conversations in the classrooms, I enjoyed the hours between classes, studying and socializing with other students in the lounges. I also recall fondly the practicum courses and the meetings around internship, which provided such good guidance and a reminder of how each of us was not alone in the challenges we faced. In all respects, I found Suffolk to be an incredibly collaborative and supportive environment, just what’s needed during the emotional and intellectual trials of clinical psychological training.

Dr. Jordan enrolled in Suffolk’s Clinical Respecialization Program in 2010 after receiving his Ph.D. from Stanford and his B.A. from Harvard. He completed his internship and postdoctoral fellowship at VA Boston. He then worked as a clinical research psychologist at VA Boston and as an assistant professor at the Boston University School of Medicine before joining the staff of McLean Hospital and the faculty of Harvard Medical School. At McLean, he provides behavioral case formulation and psychotherapy as part of a multidisciplinary team at The Pavilion, an intensive residential program dedicated to comprehensive consultation, assessment, and intervention for individuals with complex and treatment-resistant psychiatric conditions. Dr. Jordan also operates a private practice.

Outside his clinical work, Dr. Jordan is an adjunct professor at the Tuck School of Business at Dartmouth College, where he teaches ethics to MBA students and provides leadership coaching in the executive education program. He also serves on the faculty of Dartmouth’s Master of Health Care Delivery Science program. In 2015 and 2016, he had the pleasure of teaching social psychology to Suffolk’s doctoral students.

### **Do you have any advice for current doctoral students?**

Get to know lots of people at Suffolk, at your clinical placements, at conferences, etc. These connections will yield value in so many ways that are hard to predict!

Practice prioritization. It’s impossible to do everything super well when you’re a doctoral clinical student. Learn to tolerate putting forth “good enough” effort on the things that aren’t most important to you and your aspirations.

Spend plenty of time with loved ones who are outside your program and outside psychology altogether. This can really help to put into proper perspective all the grad school experiences that can be draining, from a poor practicum evaluation to the rejection of a cherished manuscript.

# Doctoral Program Update

By Dr. Lance Swenson

Fall 2017 was another busy and exciting semester for the Clinical Psychology PhD program. At the beginning of this year we welcomed the eight members of the 2017/2018 cohort, which includes **Laura Austin** (mentored by Dr. Sarah Schwartz), **Sarah Hopkins** (mentored by Dr. Gary Fireman), **Rose Luehrs** (mentored by Dr. Michael Suvak), **Alexandria Miller** (mentored by Dr. Sue Orsillo), **Kristina Pinto** (a respecialization certification candidate), **Lynne-Marie Shea** (mentored by Dr. Debra Harkins), **Kylie Steinhilber** (mentored by Dr. Sukanya Ray), and **Alice Woolverton** (mentored by Dr. Amy Marks). Please join me in congratulating the new cohort on successfully completing semester one of the program! We wish them the best as they continue with their first-year coursework and prepare their Early Research Project proposals.

At the other end of our program's

training continuum, I am pleased to report that 9 students are currently completing their year-long clinical internship, the "capstone" experience of clinical doctoral training. These students include: **Lindsey Backer-Fulghum** (Wichita State Counseling Center), **Daniel Glass** (Green Chimney's Children's Services), **Zack Held** (University of Utah Neuropsychiatric Institute), **Shamiria Lindsey** (Bronx VA Medical Center), **Alyssa Peechatka** (Harvard Medical School/McLean Hospital), **Carlos Rivera** (Harvard Medical School/Cambridge Health Alliance), **Liorah Sabbah-Talasazan** (VA Boston Healthcare System), and **Maria Valmas** (St. Cloud VA Health Care System). Once again our program successfully achieved an internship match rate at or above the national average. Currently we have 9 students who are applying for clinical internship for the 2018/2019 training year, and we wish them all the best as they engage in the next stages of

this arduous task.

In another big of major news, our re-accreditation site-visit will be taking place on December 19<sup>th</sup> and 20<sup>th</sup>. We thank you all for your patience with our numerous requests for information and asking for your participation in the two-day site visit. It will be a wonderful opportunity to discuss the strengths and weaknesses of our program, the successful outcomes we have seen these past 10 years (e.g., licensure rates, internship match rates, employment opportunities) and share our plans for the future. I look forward to reporting on the outcome of the re-accreditation process in our Spring 2018 newsletter!



Mark your  
Calendar!  
3/26/18



The Psychology Department will be hosting **Dr. Anu Asnaani** from the University of Pennsylvania for a continuing education event at Suffolk on March 26, 2018. Dr. Asnaani's topic will be navigating cultural issues in clinical practice. The event will be held from 4:30-6:00pm. Only those who RSVP will be able to attend. Open to all Licensed Psychologists, Graduate Students, and Suffolk Training Partners. Email correspondence will come at a later date with more information to sign up. If you have any questions please contact [phd@suffolk.edu](mailto:phd@suffolk.edu).



**Kerrie Pieloch**

## Receives \$1,000 Grant

We are extremely pleased to announce that Kerrie Pieloch, a 5th year student in the PhD program has received the Grant-in-Aid from the Society for the Psychological Study of Social Issues (SPSSI). The Grant-in-Aid program helps fund research aimed to target different social issues and encourages projects from underrepresented institutions, graduate students, and junior scholars. This grant is helping fund Kerrie's dissertation, "Multilevel resilience characteristics of children with trauma histories."



We had a chance to catch up with Kerrie and asked her to share with us her research, career goals, and some words of wisdom for future students interested in applying for grants. Please join us in congratulating Kerrie and read on to learn more and see what she had to share!

### **Q+A with Kerrie Pieloch**

#### [What advice would you give to students thinking about applying for this, or similar, grants?](#)

I would suggest researching grants early, even if you are not yet eligible to apply, so that when you are eligible you have a list of different grants to apply to. I would also recommend that students seek out different funding sources in addition to grants from APA or APAGS to try to find grants that fit the niche of their research project. Also, apply to as many grants as you can and try not to be discouraged by rejections, instead take any feedback you get from rejections to improve your grant writing.

#### [Tell us a little bit about your research:](#)

My research investigates resilience characteristics for children and families with trauma histories. I view resilience as more than something someone "has" or "doesn't have", instead I think resilience can occur in multiple domains and can also occur even though someone has a mental illness or trauma history. Therefore, my research aims to explore resilience at multiple levels including the individual level (e.g., problem solving skills), the family level (e.g. parent-child attachment), and the community level (e.g. involvement in religious activities). I am using a mixed-methods approach and collecting data through questionnaires and interviews that I conduct with children ages 10-18 and their parents. All of the families in my study have received in-home therapy in the past and many of the families live in low-income and urban environments. I hope that my research can help inform treatment for families in similar situations and tell us something about what resilience looks like for children with different traumatic experiences.

#### [What are plans upon graduating?](#)

After graduating I plan to continue my work with children and families with trauma histories. I am passionate about clinical work and hope to work in a community or hospital-based setting with children with traumatic experiences and help them build resilience characteristics and coping skills. I also enjoy family work and plan to gain further experience with family therapy after graduation. While I plan to have a career in clinical work, I would also like to work in a setting that allows for research opportunities to help advance the field of child clinical psychology.

*with youth development for over 20 years. Now, more than ever, we need the tools of psychology (good science, strong ethics), combined with the wisdom of compassionate practice and the power of social action. I hope you will pursue your Psychology studies at Suffolk with a spirit of inclusivity, seeking to understand and celebrate differences you may have with others. At the same time, we must never waver in our commitment to build and maintain kindness and equal treatment for all our fellow community members.*

As Chair, Dr. Marks' goals are to build on the already strong programs in the department –our undergraduate majors and minors programs, Honors in Psychology, our Masters of Mental Health Counseling program, and our Clinical Ph.D. program – and to develop new ways of integrating student education at all levels with community engagement and hands-on learning. To do this, she is leading the department's efforts to build new programs and secure new opportunities for students to further their learning goals outside of the department. Stay tuned for how these new initiatives play out in future newsletters!

Current students and alumni who have worked with Amy find her to be light-hearted, energetic and thoughtful. She also has a contagious laugh that can fill a room. Welcome to your new role, Amy!

*Dr. Marks hosted a fabulous Texas BBQ to thank Dr. Fireman for his role as Chair for the past 8 years.*

*Some of the faculty and staff who helped celebrate pictured here from L to R: Dr. Fireman, Dr. Schwartz, Jessica Valente, Dr. Jerram, Dr. Marks, Dr. Orsillo, and Dr. Gansler.*



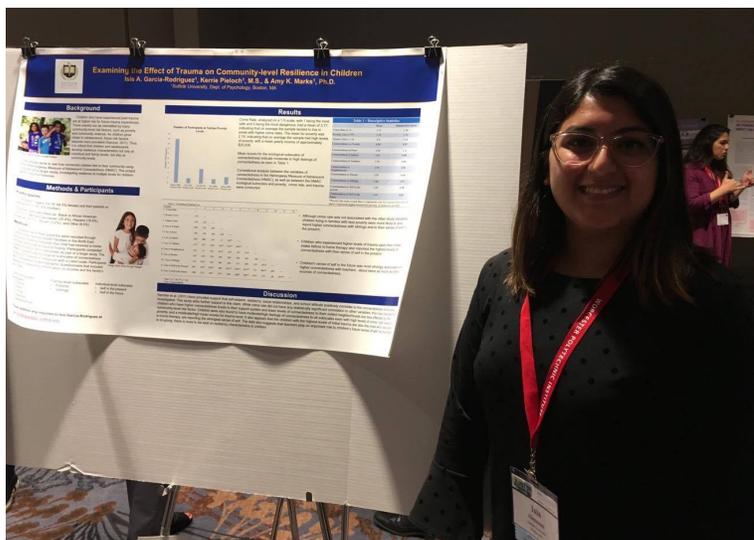
## Continuing Education

### Update

By Dr. Gabrielle Liverant

This fall, the department offered a successful talk with one of our own internationally recognized professors, Dr. Sue Orsillo. The program was offered as part of a doctoral student's dissertation and was titled *The Mindful Way through Anxiety in Practice: Helping Clients to Worry Less and Live More*. It was well attended by licensed psychologists, social workers and mental health counselors from the surrounding community. The CE committee will continue to offer these types of programs to build new, as well as maintain, existing relationships with area training sites. The committee is in the process of planning an event for the upcoming spring and will be hosting Dr. Anu Asnaani from UPenn on March 26th, 2018. Dr. Asnaani is an expert on diversity issues related to CBT and other empirically-supported treatments. Please stay tuned for additional details about this event, or feel free to email us at [phd@suffolk.edu](mailto:phd@suffolk.edu).

## Examining the Effect of Trauma on Community-Level Resilience in Children



Isis Garcia, a junior CAS honors student, is studying psychology with a sociology concentration in health and society. At National Collegiate Honors Council in Georgia she presented a poster on interconnect- edness as a community-level resilience character- istic that can be examined to further understand how close one feels to their community. Isis conducted research with English and Spanish speaking chil- dren, and their parents, to see if there is a correla- tion between interconnectedness and how they may cope with traumatic experiences. Results from her study can inform best practices for providing therapy to youth and traumatic experiences.

## Suffolk Psychology Club Update



By Mykala Luk

During the Fall 2017 semester, the Psychology Association (SU-PA) continued to connect psychology students with each other, as well as faculty members and liaisons in the field. Over the course of the se- mester, the Psychology Association held general meetings with faculty members and graduate students within the Suffolk Psychology Department. The first guest speaker was John Mckenna, a current Ph.D graduate student, who shared his wealth of knowledge about the graduate application process and his experiences going through a PhD program. Dr. Amy Marks, Chair of the Psychology Department, also attended a club meeting. She discussed her path within the field of psychology, as well as her ideas and aspirations for the Psychology community at Suffolk as the new chair of the department. Dr. Matthew Jerram was another guest speaker, sharing his experience in clinical work, as well as his recent re- search and interesting findings. Each guest gave a unique perspective on all of the possibilities that a degree in psychology has to offer, and the Psychology Association would like to thank our guest speak- ers for allowing us to pick their brains and gain invaluable knowledge as we dive deeper into our aca- demic careers.

The Psychology Association also held a Halloween event this semester, "SU-PA Spooky". This event was all about the five senses, with activities like a 3D sound workshop, as well as mystery boxes with strange textures inside. The club welcomed three new e-Board members for the 2017-2018 year: Treasurer Marianne Mouawad, Communications Chair Sara Mendoza, and Secretary Kate Eaton. Previ- ous Secretary Zachary Tyler was promoted to Vice President.

Please find and follow us on Facebook at *Suffolk University Psychology Association (SU-PA)* where meeting information and guest speaker announcements will be posted regularly. General meetings are held every other Thursday from 12:15-1:30 in Somerset 219, please refer to the Facebook page for more details. Contact Club President, Mykala Luk, at [mluk@suffolk.edu](mailto:mluk@suffolk.edu) with any questions. We hope to see you next semester for more fun events and meetings!

# Psychology Department

## News & Announcements



**Abigail Waters**, a 2nd year doctoral student, received the International College of Geriatric Psychoneuropharmacology Junior Investigator award for work done on her ERP research project. She was invited to Chicago to present and her research was published in the International Journal of Geriatric Psychiatry.

Respecialization Alumna, **Alex Jordan**, who graduated from the program in 2013 (and is featured in our alumni highlight), was married on September 30th to Jessica Bruckert. Their announcement was published in the October 1, 2017 New York Times Vows edition.

On October 20, 2017, fifth year doctoral student, **Jessica Pan** (pictured below), married longtime partner, Mike Brickhouse.

January 2018 graduate of the PhD program, **Aly Negreira**, accepted for a Post Doctoral Fellowship at the Clinical Neurosciences Division of the National Center to PTSD (NCSPTSD) at the West Haven VA/Yale.

On November 5th our Program Coordinator, **Katie Bolgioni**, ran the Vermont 10 miler in Stowe and won first place for her age group and came in 6th overall out of 610 females.

**Amanda Khan**, a 5th year doctoral student, attended a Level 2 Complicated Grief Workshop at Columbia University in New York City from June 8-9th.

This year marks the 20th anniversary for **Dr. Debra Harkins** and **Dr. Sukanya Ray** with Suffolk University. **Dr. Amy Marks**, **Dr. David Shumaker** and our Program Administrator, **Jessica Valente**, are celebrating their 10 year anniversary with the Psychology Department.

On September 16th, Clinical Ph.D alumni, Mary Beth McCullough, married Mckinley Schroeder. The photographer was also a Suffolk psychology alum, Alysha Thompson Clouse.



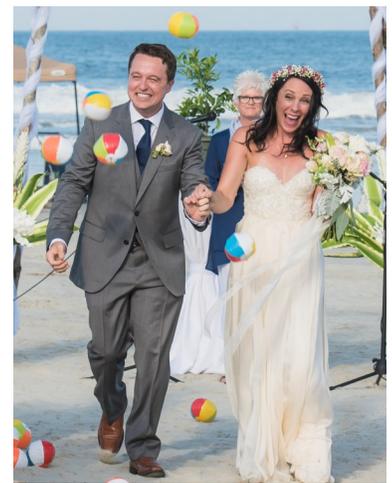
Jessica Pan & Mike Brickhouse



Doctoral students Regina Musicaro & Sarah Levy enjoying a Friendsgiving



Katie Bolgioni at the finish line



Mary Beth McCullough & Mckinley Schroeder

# Psychology Department

## Publications

- Arauz, J., Danitz, S. B., Orsillo, S. M.,** Coyne, L. W. (2017). A preliminary exploration of education values, distress, and acceptance among self-identified white and non-white incoming college freshmen at a private university. *Journal of Contextual Behavioral Science*, 6(3), 288-292.
- Asher, Y., Stark, A., & Fireman, G.D.** (2017). Comparing electronic and traditional bullying in embarrassment and exclusion scenarios. *Computers in Human Behavior*, 76, 26-34. doi: 10.1016/j.chb.2017.06.037
- Athineos, C. & Kozak, K.** (2017). Deconstructing gender and sexual identity. Chapter in **D. Harkins** (Ed.), *Alongside community: Learning in service*. London, England: Routledge.
- DiBiase, R.** (2017). Predicting feelings of cognitive competence in head start preschoolers. *Journal of Genetic Psychology*. <http://www.tandf.co.uk/journals/titles/00221325.asp>
- Frazier, E. A., **Swenson, L.**, Mullare, T., Dickstein, D. P., Hunt, J. I. (2017). Depression with mixed features in adolescent psychiatric inpatients. *Child Psychiatry and Human Development*, 48, 393-399.
- Garcia Coll, C., **Marks, A. K.** (2017). Missing developmental and sociocultural perspectives: A comment on the American Psychologist special issue on terrorism 2017. *American Psychologist*, 72(7), 701-702.
- Harkins, D.** (2017). *Alongside community: Learning in service*. Routledge Taylor & Francis Group.
- Harkins, D.,** Veloria, C. (2017). Intervening to Promote Empowerment. *Alongside community: Service in learning*. New York, NY: Routledge Press.
- Hoepfner, B., Schick, M.R., **Kelly, L.M.**, Hoepfner, S., Bergman, B., & Kelly, J.F. (2017). There's an app for that – or is there? A content analysis of publicly available smartphone apps for managing drinking. *Journal of Substance Abuse Treatment*.
- Kamholz, B. W., Lawrence, A., **Liverant, G.**, Black, S. K., Hill, J. (2017). Development and evaluation of a cognitive-behavioral therapy training program for psychiatry residents. *Academic Psychiatry*.
- Kanchewa, S., **Schwartz, S.**, Rhodes, J. (2017). Mentoring disadvantaged youth. *The SAGE Handbook of Mentoring*. Thousand Oaks, CA: SAGE.
- Kelly, L.M.**, Becker, S.J., & Spirito, A. (2017). Parental monitoring protects against the effects of parent and adolescent depressed mood on adolescent drinking. *Addictive Behaviors*, 75, 7-11. doi: 10.1016/j.addbeh.2017.06.011
- Levy, S., Gansler, D. A.**, Huey, E. D., Wassermann, E. M., & Grafman, J. H. (2017). Assessment of patient self-awareness and related neural correlates in frontotemporal dementia and corticobasal syndrome. *Archives of Clinical Neuropsychology*, 1-11. doi: 10.1093/arclin/acx105
- Liverant, G.**, Amick, M. A., Black, S. K., Esterman, M., Wisco, B. E., Gibian, M. C., Marx, B. P., McGlinchey, R. (2017). Associations among posttraumatic stress disorder, substance use, and affective attentional processing in OEF/OIF/OND veterans. *Journal of Nervous and Mental Disease*.
- Rhodes, J. E., **Schwartz, S.**, Willis, M. M., Wu, M. B. (2017). Validating a mentoring relationship quality scale: Does match strength predict match length? *Youth & Society*, 49, 415-437.
- Roemer, L., Martinez, J., Eustis, E., **Orsillo, S. M.** (2017). Some current and future directions in mindfulness- and acceptance-based behavioral therapies for anxiety and related challenges: Identifying common factors and addressing specific contexts. *The Clinical Psychologist*, 70(3), 7-16.
- Schwartz, S.**, Kanchewa, S., Rhodes, J. (2017). Mentoring. *The SAGE Encyclopedia of Out-of-School Learning*. Thousand Oaks, CA: SAGE.
- Schwartz, S.**, Kanchewa, S., Rhodes, J., Gowdy, G., **Stark, A.**, Horn, J. P., **Parnes, M.**, Spencer, R. (2017). I'm having a little struggle with this, can you help me out?: Examining impacts and processes of a social capital intervention for first-generation college students. *American Journal of Community Psychology*.
- Shumaker, D. M.** (2017). Existential integrative approaches to adolescent therapy (1349952109th ed., pp. 270). New York, New York: Palgrave MacMillan. <http://www.palgrave.com/us/book/9781349952106>
- Sullivan, E.L., Tousignant, O.H., & Fireman, G.D.** (2017). Fear-based stress associated with sleep quality. *Madridge Journal of Behavioral and Social Sciences*, 1, 18-25. doi: 10.18689/mjbs.2017-104
- Xu, B., Sandrini, M., **Levy, S.**, Volochayev, R., Oluwole, A., Butman, J., Pham, D. L., & Cohen, L. G. (2017). Lasting deficit in inhibitory control with mild traumatic brain injury. *Scientific Reports*, 7(14902). doi: 10.1038/s41598-017-14867-y

# Presentations

**Almazan, I., Pieloch, K., Marks, A.K.** (2017, November). *Examining the effect of trauma on community-level resilience in children*. Poster presented at the National Collegiate Honors Council, Atlanta, GA.

Arditte Hall, K.A., Rosebrock, L.E., Pineles, S.L., **Rando, A., Liverant, G.** (2017, May). *State and trait emotion regulation in veterans with PTSD and depression*. Poster presented at the Annual Meeting of the International Society for Traumatic Stress Studies, Chicago, IL.

**Athineos, C., Harkins, D.** (2017, June). *Using social media for social change*. Ignite PowerPoint at Biennial Conference of Society for Community Research and Action, Ottawa, Canada.

Becker, S.J., **Kelly, L.M.**, & Escobar, K. (2017, November). *Development and open pilot of a technology-assisted intervention for parents of adolescents in residential treatment*. Poster presentation at the annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA.

Belay, T., Lowenhaupt, E.A., Conrad, S., Owens, T. & **Kelly, L.M.** (2017, October). *Sleep disturbances in incarcerated adolescents with substance use disorders: Assessing the need for a sleep hygiene protocol*. Poster presented at the Annual meeting of the American Academy of Child and Adolescent Psychiatry, Washington, D.C.

**Dick, A.M.**, Protasio, T.M., **Suvak, M.** (2017, May). *The relationship between emotion regulation strategies and compassion*. Poster presented at 29th Annual Convention of the Association for Psychological Science, Boston, MA.

**Dick, A.M., Smidt, K.E., Suvak, M.** (2017, November). *Language and emotion knowledge as predictors of*

*reactivity to state inductions of relaxation, worry and panic*. Poster presented at 51st Annual Convention of the Association for Behavioral and Cognitive, San Diego, CA.

Dunlop, M., **Ray, S.**, Solley, S., Daly, R., Elliot, E., & Monticello, A.L. (2017, May). Faculty Professional Learning Community (FPLC) Spring Breakfast and Poster Session, The Center for Teaching and Scholarly Excellence, Suffolk University.

Eustis, E, Sarah, H.S., **Orsillo, S.M.**, Lizabeth, R. (2017, November). *Preliminary acceptability and effectiveness of a three-session web-based therapist assisted acceptance-based behavioral intervention for college students*. Poster presented at Association for Behavioral and Cognitive Therapies, San Diego, CA.

**Evans, C.L., Levy, S.A.**, McDonough, E.K. (2017, May). *Neurodevelopmental factors related to negative urgency in children and adolescents*. Poster presented at the 29th annual meeting Association for Psychological Science, Boston, MA.

**Grenier, L., Kozak, K., Athineos, C., Harkins, D.** (2017, May). *The politics of intersectionality: How post-election climate impacts student's voice and well-being*. Poster presented at the National Conference of the Bringing Theory to Practice, Chicago, IL.

**Gu, G., Orsillo, S.M.** (2017, November). *Learning gains from a one-day training in acceptance based behavioral therapy*. Poster presented at Association for Behavioral and Cognitive Therapies, San Diego, CA.

Hodgdon, H., **Suvak, M.**, Zinoviev, D., Spinazzola, J., Briggs-King, E., Liebman, R. (2017, November). *Network analysis of exposure to trauma and maltreatment in a clinical sample of children and adolescents*. Poster presented at 33rd Annual Conference of the International Society for Traumatic Stress Studies, Chicago, IL.

**Kaitz, J.E., Ray, S.**, Driscoll, B. (2017, October). *Current crisis in women's healthcare: An integrated framework for healthcare delivery*. Poster presented at New England Psychological Association Annual Conference, Newton, MA.

**Kaitz, J., Ray, S.**, Randazzo, S., Cole, C. (2017, August). *Barriers in addressing body image issues in primary care: An overview of women's narratives*. Poster presented at the 2017 APA Annual Conference, Washington, D.C.

**Kelly, L.M.**, Becker, S.J., Kang, A., & Escobar, K. (2017, November). *Factors associated with contingency management adoption among opioid treatment providers receiving comprehensive implementation support*. Poster presented at Annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA.

**Kelly, L.M.**, Blackwell, R., Wolff, J.C., & **Swenson, L.P.** (2017, November). *Application of the three-step ideation to action theory to suicidal ideation severity among college students*. Poster presented at Annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA.

**Khan, A.J., Rando, A., Kind, S.**, Kamholz, B.W., Sloan, D.M., **Liverant, G.** (2017, May). *The effects of co-occurring social anxiety disorder on punishment learning in veterans with unipolar depression*. Poster presented at Annual Meeting of the Association for Psychological Science, Boston, MA.

**Kind, S.**, Nathan, V.K., Kropfing, W.J., Brennan, B., Garner, L., Tiff, E., Crosby, J., Elias, A.J., **Liverant, G.** (2017, November). *Increased rumination reduces quality of life in individuals with obsessive-compulsive disorder*. Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Boston, MA.

## Presentations

**Kozak, K., Harkins, D.** (2017, June). *Service-learning that works: The role of student support*. Poster presented at Biennial Conference for Community Research and Action, Ottawa, Canada.

**Kyte, D., DiBiase, R.** (2017, October). *Attachment, theory of mind, and temperament-derived reactivity as predictors of maternal and peer acceptance in pre-schoolers*. Poster presented at Society for the Study of Human Development, Providence RI.

**Liverant, G., Sawyer, A.T., June, J.J., Lee, D.J., Pizzagalli, D.A., Sloan, D.M.** (2017, May). *Punishment learning in veterans with posttraumatic stress disorder*. Poster presented at Annual Meeting of the Association for Psychological Science, Boston, MA.

**Lord, K., Parnes, M., Alvarez, V.A., Dick, A.M., Smidt, K., Suvak, M.** (2017, May). *Latent structure of the self-compassion scale*. Poster presented at the 29th Annual Convention of the Association for Psychological Science, Boston, MA.

**Mace, R.A., Waters, A., Levy, S.A., Turrisi, T., Sawyer, K., Gansler, D.A.** (2017, June). *Comparing the neural architecture of cognitive-neuroscience based and traditional neuropsychological tests*. Poster presented at the American Academy of Clinical Neuropsychology, Boston, MA.

**Marks, A.K., Ejesi, K.** (2017, October). *School-based discrimination and its impact on child learning*. Poster presented at the Society for the Study of Human Development, Providence, RI.

**Marks, A.K.** *Responding to Charlottesville: Classroom inclusivity and teacher biases*. Lecture given at Suffolk University. (October 12, 2017).

**McKenna, J., Bedard-Thomas, K., Marks, A.K.** (2017, October). *Sexuality related social support among girls: The moderating role of minority identity label endorsement*. Poster

presented at the Society for the Study of Human Development, Providence, RI.

**Musicaro, R.M., Spinazolla, J., Suvak, M., Sposato, A., Andersen, S.** (2017, November). *Sluggish cognitive tempo and interpersonal trauma in children*. Poster presented at 51st Annual Convention of the Association for Behavioral and Cognitive, San Diego, CA.

**Orsillo, S.M.** (2017, November). *The mindful way through anxiety in practice: Developing case conceptualization and treatment delivery skills to help your clients worry less and live more*. Poster presented at the Association for Behavioral and Cognitive Therapies, San Diego, CA.

**Orsillo, S.M., Serowik, K., Danitz, S., Sagon, A.** (2017, November). *Intrinsic motivation for academic values and mental health outcomes among college freshmen*. Poster presented at Association of Behavioral and Cognitive Therapies, San Diego, CA.

**Pan, J.J., McDonough, E.K., Sawyer, K.S., Gansler, D.A.** (2017, May). *Cognitive, neuroanatomical, and genetic predictors of executive function in children and adolescents*. Poster presented at Association for Psychological Science, Boston, MA.

**Parnes, M., Lord, K., Alvarez, V. A., Schwartz, S., Suvak, M.** (2017, May). *A latent profile analysis of the Moral Foundations Questionnaire*. Poster presented at 29th Annual Convention of the Association for Psychological Science, Boston, MA.

**Parnes, M., Stark, A., Schwartz, S.** (2017, June). *Mentor characters and student attitudes towards college*. Poster presented at the Society for Community Research and Action's Biennial Conference, Ottawa, Canada.

**Pieloch, K.A., McCullough, M. B., & Marks, A. K.** (2017, September). *Body image satisfaction, assimilation,*

*and health of immigrant adolescents: a person-centered analysis*. Poster presented at Society for the Study of Human Development Biennial Meeting, Providence, RI.

**Ramanayake, N., Ray, S., Toth, I., Lee, J.** (2017, August). *Do Asians prefer complementary and alternative medicine? A meta-analysis approach*. Poster presented at 2017 Annual APA Conference, Washington, D.C.

**Ray, S., Solley, S., Daly, R., Lee, J.** (2017, October). *Faculty collaboration and experiential learning projects: An overview of interdisciplinary perspectives and outcome areas*. Discussion at New England Psychological Association Conference, William James College, MA.

**Ray, S.** (2017, June). *Depositive power of positivity and positive professors*. Lecture at Integrating Positive Psychology into Legal Education, Suffolk University Law School, Boston.

**Ray, S., Ramanayake, N., Cole, C., Lee, J.J.** (2017, August). *Peer teasing and body image issues among diverse ethnic women*. Poster presented at APA Annual Conference 2017, Washington, D.C.

**Ray, S.** (July 21, 2017). *Psychology of global innovation*. Lecture at the Young Innovators Program, SBS Suffolk University

**Ray, S., Solley, S., Daly, R., Elliot, E., Dunlop, M., Monticello, A.** (2017, May). FPLC Breakfast Event CTSE Suffolk, Showcase Presentation on FPLC Interdisciplinary Project, Suffolk University, Boston, MA.

Rosebrock, L.E., Arditte Hall, K.A., Pineles, S.L., **Rando, A., Liverant, G.** (2017, May). *Rumination and emotion regulation strategies in veterans with depression and posttraumatic stress disorder*. Poster presentation at Annual Meeting of the Association for Psychological Science, Boston, MA.

# Psychology Department

## Presentations

**Sabbah, L., Curreri, A., Suvak, Michael,** Pineles, S.L., Fonda, J., Iverson, K. M., Milberg, W., McGlinchey, R. (2017, May). *Structural equation modeling exploratory factor analysis of the clinician administered PTSD scale and the neurobehavioral symptom inventory.* Poster presented at 29th Annual Convention of the Association for Psychological Science, Boston, MA.

**Schwartz, Sarah,** (2017, October). *Expanding our approach to mentoring.* European Center for Evidence Based Mentoring/Mass Mentor, International Short Course on Mentoring, Boston, MA.

**Schwartz, Sarah,** Kanchewa, Stella, **Stark, Abigail,** Gowdy, Grace, Horn, John Paul, Cunningham, Jessica, **Parnes, McKenna.** (2017, June). *A mixed methods examination of a novel mentoring intervention for first-generation college students.* Poster presentation at Society for Community Research and Action's Biennial Conference, Ottawa, Canada.

**Schwartz, Sarah.** (2017, May). *Youth initiated mentoring.* Suffolk University and Mass Mentoring Partnership. Lecture given at Mass Mentoring Partnership's Research Corner, Boston, MA.

**Serowik, K.L., Danitz, S. B., Sagon, A., & Orsillo, S. M.** (2017, November). *Intrinsic motivation for academic values and mental health outcomes among college freshmen.* Poster presented at As-

sociation of Behavioral and Cognitive Therapies Annual Convention, San Diego, CA.

**Smidt, K.E., Suvak, M.** (2017, November). *Language and emotional granularity.* Poster presented at the 51st Annual Convention of the Association for Behavioral and Cognitive, San Diego, CA

**Stark, Abigail, Parnes, McKenna,** Kanchewa, Stella, **Schwartz, Sarah.** (2017, May). *Student relational attitudes are associated with college preparedness.* Poster presentation Annual Convention for the Association for Psychological Science, Boston, MA.

**Suvak, Michael,** Hodgdon, H.B., Zinoviev, Dmitry, Liebman, R., Briggs, E.C., Spinazzola, J.S. (2017, May). *Network analysis of exposure to trauma and adverse events in a clinical sample of children and adolescents.* Poster presented 29th Annual Convention of the Association for Psychological Science, Boston, MA.

**Suvak, Michael,** Zinoviev, Dmitry, Gutner, C., Iverson, K. (2017, November). *Network analysis of PTSD symptoms in a sample of female Veterans with and without a history of intimate partner violence.* Poster presented at 33rd Annual Conference of the International Society for Traumatic Stress Studies, Chicago, IL.

**Tousignant, O., Taylor, N., Suvak, M., Fireman, G.D.** (2017, May). *Relationship between stress and sleep over time: A bivariate latent change analysis.* Poster presented at 29th Annual Convention of the Association for Psychological Science, Boston, MA.

**Waters, Abigail, Mace, Ryan A., Levy, Sarah A.,** Turrisi, Taylor, Sawyer, Kayle, **Gansler, David A.** (2017, June). *A comparison of quality assurance methods for freesurfer reconstruction.* Poster presented at American Academy of Clinical Neuropsychology, Boston, MA.

**Waters, Abigail B.,** Sawyer, Kayle S., **Gansler, David A.** (2017, October). *Age, executive functioning, and white matter pathways: Dedifferentiation in the frontal lobes.* Poster presented International College of Geriatric Psychoneuropharmacology, Chicago, IL.

**Wheeler, Alexander, DiBiase, Rosemarie.** (2017, May). *Parent-Child interaction stress as a measure of goodness-of-fit and its interaction with impulsivity in the prediction of early behavior problems.* Poster presented at American Psychological Society, Boston, MA.

**Wheeler, Alexander, DiBiase, Rosemarie.** (2017, October). *Early parenting sensitivity and the development of externalizing behaviors: Executive function and negative affectivity as potential mediators.* Poster presented at Society for the Study of Human Development, Providence, RI.



From Left to Right:  
Lourah Kelly,  
Leela Holman,  
Dr. Sue Orsillo,  
Amanda Khan,  
Kristin Serowik,  
Aly Dick,  
and Grace Gu  
at the 51st Annual  
ABCT Convention  
in San Diego, CA.

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Newsletter Editors  
Katie Bolgioni, *Lead Editor*  
&  
Jessica Valente  
&  
Kristin Kelly

## Chair's Notes

### *A promise to our students*

As my first semester as Chair comes to a close, I look back on the whirlwind that this Fall has been. A whirlwind of social change and challenge – from controversial national politics to a new movement of sexual assault awareness – as well as a time of transition in our department. Gary Fireman served as Chair for 8 years, and his departure to the Provost's office this Fall left huge shoes for me to fill. Gary was beloved by students (and still is!), and fearlessly lead our faculty through many transitions. Under his watch we merged programs with our Mental Health colleagues, re-vamped our undergraduate curriculum, moved out of the 6<sup>th</sup> floor of Donahue to our new 73 Tremont digs... all while ushering our Clinical Ph.D. program to its next re-accreditation this December. Though he now works tirelessly on behalf of the entire University to promote evidence-based learning, we miss him on the

8<sup>th</sup> floor of Tremont. "Thank you" just doesn't capture the totality of our gratitude – but in a newsletter, it will have to do.

Looking toward the future of our Department, I feel constantly humbled and grateful. I'm humbled by the amazing colleagues I work with, and the inspiring students I get to know. I'm optimistic for our next chapter - one that will hopefully build new and lasting learning opportunities for students at all levels of their education and training. Lastly, I'm grateful. I'm grateful for the support of my colleagues and students and for their sincere commitment to bettering the lives of the individuals and communities around them through the science and practice of Psychology.

Peace and best end-of-semester wishes,

## Psychology Faculty Fall 2017

*Not pictured: Krisanne Bursik, Gary Fireman, Rose DiBiase, David Gansler, David Medoff*

