



**SUFFOLK  
UNIVERSITY  
BOSTON**  
COLLEGE OF  
ARTS & SCIENCES

Dates to  
Remember

**May 21**  
Graduate  
Commencement  
Ceremony

**May 22**  
Undergraduate  
Commencement  
Ceremony

**May 23**  
Summer Model 1  
Begins

**May 30**  
Memorial Day—  
University Closed

**July 4**  
Independence Day  
Observed—University  
Closed

**July 11**  
Summer Module 2  
Begins

**August 25**  
PhD Orientation

**August 30**  
Fall 2015 Courses  
Begin

**September 5**  
Labor Day—University  
Closed

# PSYCHOLOGY DEPARTMENT

## Newsletter

Spring 2016 | Volume 18, Issue 2

## Faculty Spotlight

*Dr. David Gansler was recently promoted to Full Professor.*



Dr. Gansler hiking in the Himalayans

**David Gansler**, PhD, will be promoted to Full Professor within the Suffolk Psychology Department effective July 2016. Dr. Gansler received his PhD from the State University of New York at Albany, and joined Suffolk University as an Assistant Professor in September 2001. He is currently a diplomate in clinical neuropsychology and teaches at both the undergraduate and graduate level. A superb neuropsychologist and licensed psychologist, Dr. Gansler has translated his considerable skills and theoretical knowledge to studies of important function and dysfunction of the frontal lobe, assessment of the dysexecutive syndrome, neuro-modulation, and applications of neuro-imaging. Dr. Gansler's research has produced over 38 journal articles, including many first-author peer-reviewed papers. He has been included in numerous abstracts and presentations as well; including his most recent presentation, in February, on the anomalies in intrinsic connectivity networks among alcoholics which was presented at the meeting of International Neuro Psychological Society, held in Boston, MA this past year.

*Get to know more about Dr. Gansler on page 4!*

## Global Gateway: Madrid

*Chair and Professor of the Psychology Department, Dr. Gary Fireman, reflects on his recent SU Global Gateway trip to Madrid with 28 first year Suffolk University CAS and SBS students.*

See the full story on Page 26



## The Psychology Department has Moved!

We are no longer located at 41 Temple Street in the Donahue Building. Effective May 18<sup>th</sup> the psychology department is at 73 Tremont Street on the 8th Floor. Come visit us!

### Inside this Issue

Psi Chi Ceremony, p. 3

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Psychology Awards, p. 11



# Mental Health Counseling Program Update

By Dr. David Shumaker

The Mental Health Counseling (MHC) Program has enjoyed another great year at Suffolk. One of the largest and most diverse groups of students is completing their first year of study within the program and are anticipating starting their practicum placements for the fall semester, after enjoying a well-deserved rest coming up this summer. In addition, a total of fourteen students are scheduled to graduate this May with a Master's of Science degree and eleven students will be graduating from our Certificate of Advanced Graduate Studies (CAGS) program. The graduation ceremony should be a great celebration of these students' wonderful accomplishments, and I can't wait to personally be there. Looking ahead, interest in the Mental Health Counseling program remains quite strong. To date we have reviewed approximately a hundred applications for the fall 2016 incoming class, and are currently utilizing a wait list in order to maintain our strong instructor to student ratio.

In another bit of major news, our program will sport a new look next fall. In response to Massachusetts Licensing Regulation changes, set to go into effect in July 2017, first-year students enrolling in the Fall of 2016 MHC program will commit to a two-year, 60-credit Master's program. In essence, the third-year CAGs option will be absorbed into the

Master's Degree, affording our future students the opportunity to become eligible to sit for the licensing examination a year earlier than what is currently possible. Students already enrolled in our program will be unaffected by these changes, and will obtain their Master's Degree in two years with 36-credits and many going on to complete the CAGs option during a third year. This change should make for an exciting and challenging transitional year with our new cohort of students expected to enroll in five classes per semester instead of four. We have appreciated the cooperation and support of the department, graduate admissions, and the Dean's office in the development of the new curriculum and cannot wait to take it for a spin this fall. These changes will keep our program robust and vital for years to come.

Finally, we are very eager to settle into our new offices and space at 73 Tremont Street. The facilities there will make for an even more comfortable and stimulating learning environment for our students. We will, of course, miss Donahue, but it will be great to be so close to the pulse of our university. I am most grateful to our faculty and staff for all that they do for our program. I wish you all a wonderful summer!

## **Interested in a career in mental health counseling?**

Visit our webpage to learn more about the  
Master's Degree Program!

<http://www.suffolk.edu/college/departments/14058.php>



*Ceremony attendees from left to right: Dr. Amy Marks, Sara Gilberto, Cecelia Buckley, Margaret Ferguson, Connor Milligan, Kendra Asaph, Felicia Krentzman, Tanaporn Ormtavesub, Sarah Burnham, Cierra Morson*

## Psi Chi Induction Ceremony

On April 28<sup>th</sup>, the Psychology Department hosted an induction ceremony for the newest members of Psi Chi, the international honor society in psychology. Over 35 people attended the ceremony to recognize a total of 13 students who were officially inducted.

Guest speakers Dr. Gary Fireman (chair of the department) and Melissa Schick (2013 Suffolk Graduate), gave words of encouragement and advice to the new initiates.

In order to join Psi Chi members had to have taken at least 5 psychology courses at Suffolk University and be within the top 10% of their junior and senior class. Members of Psi Chi have the opportunity to attend professional conventions, serve the local community through chapter service projects, and gain valuable recognition of their academic achievements.

To learn more about Psi Chi, please contact the Psi Chi faculty advisor, Dr. Amy Marks, at [akmarks@suffolk.edu](mailto:akmarks@suffolk.edu).

### Suffolk Psi Chi Members

Please join us in congratulating the newest members of the Suffolk University Psi Chi chapter!

Majda Abbas  
 Kendra Asaph  
 Cecelia Buckley  
 Sarah Burnham  
 Margaret Ferguson  
 Felicia Krentzman  
 Alexandra Miller  
 Nicole Perry  
 Abay Sarsenov  
 Sara Gilberto  
 Connor Milligan  
 Cierra Morson  
 Tanaporn Ormtavesub

# Q+A with Professor David Gansler

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## What are you currently researching?

I am currently researching genetics as a new approach to understanding brain behavior relationships. For example, we have known for quite some time that there is a heritable element to alcoholism. We have also known that there are specific anomalies in neural symptoms within alcoholics, such as how they respond to a reward. With imaging genetics we can attempt to link genetic and neural anomalies to expand our understanding of behaviors. We are beginning to use a large data set!

## What do you like most about teaching at Suffolk University?

I enjoy introducing students to cutting edge methods and models, and then watching them pursue those ideas and interests, as they embark on their careers.

## When did you first become interested in the field of psychology?

Growing up I used to have a lot of psychological discussions with my father over dinner; he liked to converse about the ideas behind some of the great pioneers, like Sigmund Freud and Karl Marx. While attending SUNY Albany, I started taking courses in history and psychology and decided that psychobiology was what really interested me the most.

## What advice would you give someone who is considering a career in psychology?

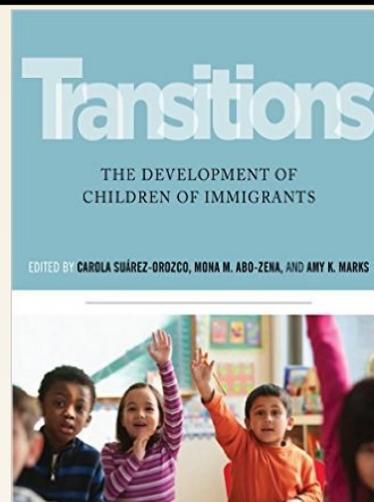
Clinical Psychology, at the beginning of the 21<sup>st</sup> century, is a lot like medicine at the beginning of the 20<sup>th</sup> century- really beginning to find its scientific basis. Consider a rewarding career in the clinical or basic sciences.

## What is something that not a lot of people know about you that you wouldn't mind sharing?

I am an avid hiker, and can sometimes talk my wife into coming with me. I could not convince her to join me in the high Himalayan mountain passes though, but my son and I enjoyed two wonderful extended treks there.

## Faculty Award

Dr. Amy Marks won the 2016 Social Policy Award for Best Edited Book from the Society for Research on Adolescence. The prize was awarded to her and her co-editors at the 2016 SRA biennial meeting in Baltimore, MD on March 31, 2016. Dr. Mark's book titled, "*Transitions: The Development of Immigrant Children*," was published by NYU Press in the Fall of 2015. Two of the chapters were co-authored by current Suffolk Clinical PhD students, Kerrie Pieloch and Lourah Seaboyer.



## Undergraduate Partnership Highlight

# Upward Bound: Amanda Bernasconi, Associate Director



Upward Bound (UB) at Suffolk University is a federally funded program under the Department of Education at Suffolk University that seeks to increase college access and educational opportunities for first-generation and/or low-income students. The focus is on college acceptance and attendance, and all students are supported through graduation from high school to graduation of college. UB is located on the 7th floor in the Stahl Building at 73 Tremont Street.

For more information on the program visit: <http://www.suffolk.edu/academics/20555.php>

### **How do interns or service learners enhance your site and the Boston community?**

The Service Learners are undergraduate students who engage with Upward Bound students and the student's school community. They do this in a variety of fashions. Our collaborations are mutually beneficial because the Upward Bound students are able to learn more about the college experience as well as the expectations and challenges facing college students. It leaves them more prepared and gives them a safe space to ask questions and engage in critical dialogue. Furthermore, the UB students are able to expand their network and exposure points. The undergrads here at SU are able to apply classroom knowledge and reflect on this learning in a way that is critical to their development.

### **What advice would you give students applying for an intern or service learner position?**

The students need to be flexible and have a willingness to put the needs of the community and the students before their own. We try and match SU students in capacities that allow them to work from their strengths but we also need to be mindful to the needs of the school and students. Additionally, these students need to be willing to engage in tough conversations about their experiences; this critical reflection is where we see the most growth from the undergraduate student population.

### **What are the benefits of students receiving a hands on experience?**

Matriculating college students need to take their learning outside of the classroom. They need to see how engaging in the world around them impacts their professional trajectory. It is a very different experience reading something in a book and working through that process with a live student and their peers. Without these hands on experiences and pre/post reflections, SU students are unable to see their own growth and areas of need.

### **What do you like most about working with Upward Bound?**

I love watching the SU students engage with Upward Bound members. Many of them are not aware of the needs of their community.

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# “Getting to Know You”- the 2016 PhD Cohort

*Join us in welcoming the 2016 cohort of the Clinical Psychology doctoral program. We look forward to working closely with each of our newly accepted students this coming fall!*

**Natasha Ramanayake** has a BA in Psychology from Boston University, and holds a MA in Clinical Psychology from Teachers College Columbia University and an MA with a Health Emphasis from the Ferkauf Graduate School of Psychology. Her research interests include understanding the effects of globalization on physical and mental health, especially among the South Asian community. She is looking forward to exploring these topics and health disparities in Dr. Ray’s lab. Natasha enjoys reading, art and theater.



**Denise Kyte** graduated from St. Lawrence University in 2007 with a BS in Psychology. She completed six years of clinical work under the supervision of a Psychologist in private practice, prior to entering Suffolk's Masters in Mental Health Counseling program in 2014. She is thrilled to remain in the Suffolk community, particularly as a member of Dr. DiBiase's lab! In her spare time, Denise loves playing sports, reading poetry, and enjoying Boston with her dog, Oliver.

**Elena Molokotos** graduated from the University of Vermont with a BA in psychology. She received her Masters degree in psychology from Boston University. She is currently a research assistant on two NIMH-studies at Beth Israel Deaconess Medical Center that are investigating early phases of psychosis. Elena loves to cook, travel, and spend time with her dog. She is looking forward to starting the PhD program at Suffolk and working with Dr. Jerram and Dr. Amy Janes.



**Abigail Waters** graduated from the University of Michigan with BA's in Psychology and Women's Studies. She currently works as a research assistant at the Nathan Kline Institute for the Rockland Sample Studies. She is very excited to join Dr. Gansler's lab in the fall and to pursue her interests in neuropsychology at Suffolk. In her free time, Abigail enjoys cooking, travelling, and terrible puns.

*....continued on the next page*

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## Dissertation Defenses

*Congratulations to the following Clinical Psychology students who successfully defended their doctoral dissertations this spring!*

**Haley Duncanson**

*Pilot Study of an Internet Based Self-Guided Mindfulness Program for Individuals with Multiple Sclerosis*

**Nicholas Taylor**

*Trait Hostility, Pre-Sleep Arousal and Sleep Quality*

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**Lauren Grenier** graduated from Siena College with a BA in Psychology and a minor in Philosophy. While at Siena, she developed a passion for service-learning programs through her involvement as director of the Writing Partnership, a nonprofit where she worked with refugee students from Burma on their literacy and communication skills. In her free time, she enjoys listening to music, reading a good book, and exploring the outdoors through hiking and bike riding. Lauren is thrilled to move to Boston where she will join Dr. Harkins' lab, and meet the rest of her cohort!



**Mckenna Parnes** graduated from Sarah Lawrence College with a BA in psychology, and recently received her MEd at the University of Pennsylvania's Counseling and Mental Health Services Program. She is passionate about finding ways to support underserved youth populations, and cannot wait to begin working with Dr. Schwartz! McKenna loves baking, cooking, writing, and all dogs (especially her Golden Retriever, Olive) and she is very excited to explore everything Boston has to offer!

**Kayla Lord** graduated from Pennsylvania State University with BA's in Psychology and Communication Arts & Sciences. While in school Kayla worked as a research assistant in the Anxiety and Emotions Research Lab and the Relationships and Stress Research Lab at Penn State. Currently, she is interested in interpersonal communication, as it relates to psychopathology, and is excited to be able to further explore these interests in Dr. Suvak's lab! Kayla loves to knit, practice yoga, hike and sing. She is especially excited to move to Boston and meet her Suffolk cohort, as well as the rest of the clinical program!



**Alora Rando** graduated from Macalester College in 2012 with a BA in Neuroscience and Psychology. She currently works at Brown University as a research assistant for a NIH-funded Dismantling Mindfulness study. Alora enjoys singing, yoga and attending shows in Boston. She is thrilled to be joining the Suffolk community and is excited to work with Dr. Liverant!



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## Finishing Strong

*Last year the School Counseling program finished its final year with Suffolk. Please join us in congratulating the last member of this cohort.*



**Sarah Morales** has spent the last year at Lexington High School working on projects such as running a transfer student group, and helping to organize a career day. She has also enjoyed teaching guidance seminars, and meeting one-on-one with students and parents throughout the school year. Sarah is looking forward to the summer when she will begin her new role as Associate Director of College Counseling at the Cambridge School of Weston in Weston, MA.

## Undergraduate Alumni Highlight

# Melissa Schick

Melissa Schick graduated in 2013 with a B.S. in Psychology and a double minor in Mathematics and Education. She currently works as a research assistant in the Center for Addiction Medicine at Massachusetts General Hospital and also works as a residential counselor advocate for Bay State Community Services. In her role at Bay State she provides direct care, support and guidance to adolescents who are living in a group home setting. This fall Melissa will be attending the University of Rhode Island to begin working on her PhD in Clinical Psychology while working in Dr. Nichea Spillane 's lab conducting research on positive psychology's impact on smoking cessation outcomes.

### **What is one of your favorite memories from your time at Suffolk?**

Many of my favorite memories from Suffolk come from my two Alternative Spring Break trips. I was lucky enough work with Habitat for Humanity on both trips— first, in 2012 to Statesville, NC and the second in 2013 to Sussex County, DE. Through my trips, I was able to meet other Suffolk students who I likely would never have crossed paths with, as well as students from other universities and some amazing AmeriCorps service members.

### **Do you have any advice for current undergraduate students?**

Get to know your professors. As you move forward in the field, you'll find that knowing people and having connections makes an enormous difference. While at Suffolk, I was lucky enough to participate in research with Dr. Lance Swenson. Since I graduated, he has played a large role in getting me to where I am now. He has provided me



incredible support through finding a research position and navigating graduate school applications. As I applied to graduate school, I came to realize that I wish I had tried to make connections with more professors sooner. As someone who wants to pursue clinical psychology (and ultimately become a professor), there is no better resource than those who have gone through the application process, completed graduate school, and found a career in the field.

### **Are there any resources you wish you had used while at Suffolk?**

I wish I had utilized the Career Center more. I met with them a few times during my time at Suffolk to go over my resume, but didn't take full advantage of the other services they offer. Through the office you can participate in mock interviews, talk over career options, define your post-graduate plans, and get more information about applying to graduate school. By utilizing these resources, I could have saved myself a lot of stress when I was looking for a job immediately after graduation and as I was going through the process of applying to graduate school.

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*“Get to know your professors. As you move forward in the field, you’ll find knowing people and having connections makes an enormous difference.”*

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## Mental Health Counseling Alumni Highlight

### Sara Scully

Sara Scully graduated with a Master of Science in Mental Health Counseling in 2014. Prior to her MS degree she was already working in the field in various entry level mental health positions, primarily in the nonprofit sector, in order to gain experience and build her resume. After graduating from Suffolk, Sara was hired as a master's level Lead Clinician at The Edinburg Center, and in 2015 obtained her social work license (LSW), which led to a promotion to Licensed Lead Clinician. This past December, she was promoted to a Team Leader position and then this past April Sara was accepted into the Social Policy PhD program at Brandeis University. Sara will be conducting substance abuse research through a grant from the National Institute on Alcohol Abuse and Alcoholism (NIAAA).



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*“Do not let insecurities and fear act as barriers to working toward a goal or exploring opportunities.”*

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#### **How would you describe your time at Suffolk?**

My time at Suffolk was very positive overall. I have many fond memories of courses I enjoyed, and people I got to work with and develop friendships with. I would probably say that Psych Diagnoses with Dr. David Medoff was my favorite course. I always looked forward to going and really loved engaging in the clinical discussions and debates. Any class with Drs. Medoff or Shumaker was always a great experience. I am still good friends with a girl I met while in the MHC program, and to this day, we still quote Medoff's classic catch phrases.

#### **Do you have any advice for current graduate students?**

I really can't emphasize enough the importance of self-care and effective time management. I remember being told that throughout college and graduate

school, but I never took it very seriously. At the end of the day, I always finished everything I needed to do, and that was all that mattered to me at the time. I had this idea that sleepless nights, followed by really long days fueled by caffeine, junk food and adrenalin was a totally reasonable way to exist. However, it's important to recognize that once you arrive at the destination you've been working toward, you don't want to already feel burned out. Just remember to take care of yourself. Your health matters and it impacts everything. If you are feeling run down, you won't be able to perform as well in any aspect of your life.

Also, unrelated to self-care, but still very important, be confident. Even if you do not feel confident, just fake it. Do not let insecurities and fear act as barriers to working toward a goal or exploring opportunities that interest you. Putting myself out there, and trying, despite my insecurities, is the reason I was accepted into one of the top ten Social Policy programs in the country. It's always better to just try.

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## PhD Clinical Psychology Alumni Highlight

# Lauren Mizock



Dr. Lauren Mizock is a 2010 Clinical Psychology PhD graduate and is currently a full-time Doctoral Faculty member for the Clinical Psychology PhD Program at Fielding Graduate University in California. Dr. Mizock is a licensed clinical psychologist in Massachusetts and California, and also does work in private practice in the San Francisco area. In addition, Dr. Mizock is on the Executive Committee of the Society for the Psychology of Women (Division 35) for the American Psychological Association (APA). Prior to Fielding, Dr. Mizock was a tenure-track faculty member at Worcester State University in Massachusetts. Dr. Mizock completed her predoctoral internship at the Center for Multicultural Training in Psychology at Boston Medical Center and she completed her postdoctoral fellowship at the Boston University Center in serious mental illness. Areas of expertise include multicultural competence in research and clinical work, transgender mental health care, psychiatric rehabilitation and recovery, size acceptance, and culturally relevant pedagogy. Dr. Mizock is receiving the Samuel M. Turner Early Career Award for Distinguished Contributions to

Diversity in Clinical Psychology from the APA Division 12, the Society of Clinical Psychology at the APA Convention this year.

### **What is one of your favorite memories from your time at Suffolk?**

Nothing beats attending graduate school in Beacon Hill! I have warm memories of hosting diversity-related guest lectures -with the support of Dr. Katz, Dr. Harkins, and Dr. Wells from the Diversity Committee- where I would always serve sushi from the Japanese restaurant located in the Dunkin' Donuts on the corner of Temple and Cambridge Street. I remember second year facilitated orientation team-building activities, one of which involved throwing a rubber chicken in the air. I also remember feeling like the coolest new instructor in the world for showing part of a group therapy session from a Metallica documentary during one of my General Psychology classes; turns out I was a lot more excited about that than the students.

### **Do you have any advice for current doctoral students?**

Savor this wonderful time to learn and connect with your peers who will be a valuable network once you are working in the field. Try not to get as hung up on grades as I did! In preparing for practicum, internship, and postdoc applications, talk to the advanced students in the program who trained at the sites you are applying to and get lots of pointers for your cover letters and interviews. Get ahead in the internship application process by accruing a sizeable number of face-to-face hours. Publish and present your master's/ERP and dissertation projects. Keep an open mind about your interests and studies – I thought research would be something to suffer through in my doctoral work, but with the right mentorship, it became one of my favorite things to do!

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# Undergraduate, Mental Health Counseling & Doctoral Program Awards

*The Psychology Department is proud to announce this year's award winners!*

## Undergraduate Awards

### High Academic Achievement Award: **Olivia McSherry**

This award is given to the psychology major with the highest psychology GPA. We are pleased to award this to Olivia in recognition of her outstanding academic performance both in psychology and in the curriculum as a whole.

### Elizabeth Williams Award: **Lily Meisi Dawson**

Dr. Elizabeth Williams, served as a professor of psychology at Suffolk University for 20 years. The award is given to an undergraduate psychology major who has Honors in Psychology and has made a significant contribution through the Psychology Department to the field or community.

## Mental Health Counseling Award

### Mental Health Counseling Outstanding Graduate Student Award:

### **Catarina Bongiorno, Samantha Cametti, & Denise Kyte**

This award is based on three domains including overall GPA, Clinical Competence, and Development of Professional Identity.

## Doctoral Awards

### Psychology Department Dissertation Research Award: **Shamiria Lindsey**

Shamiria will receive a \$1,000 alumni-donated cash prize to support her research for her dissertation, titled "Effects of loving kindness meditation and mindfulness meditation on individuals perpetuation of racial biases."

### Student-Nominated Teaching Award: **Ryan Mace & Alex Wheeler**

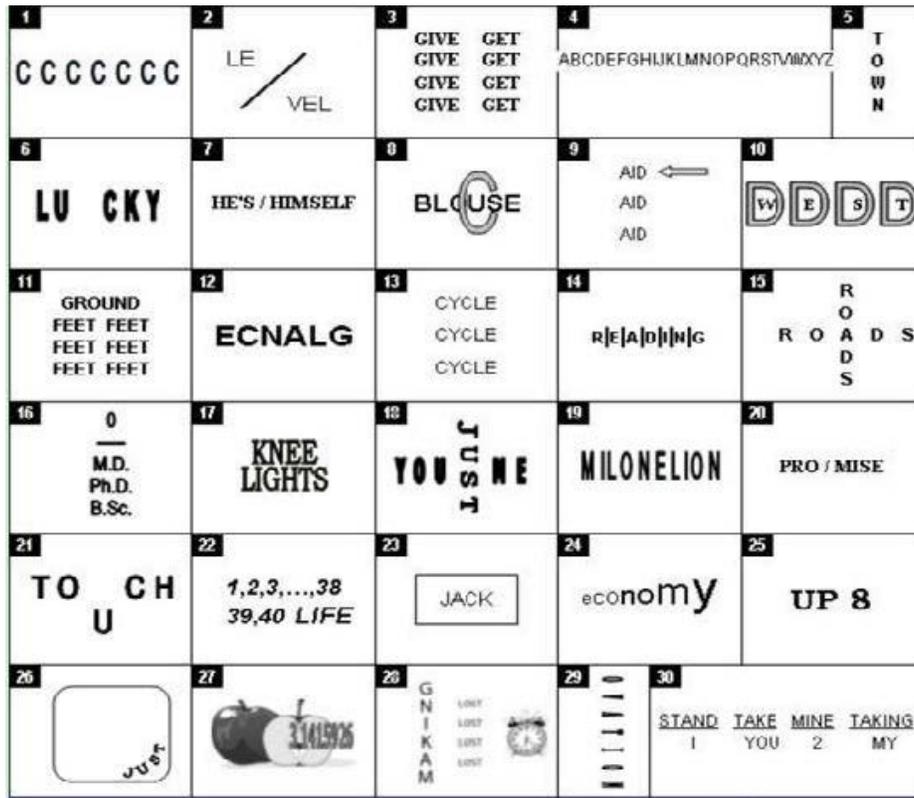
Awarded for their outstanding performance as teaching apprentices during the past year.



***Congratulations to all our award winners!***

# What's that saying?

Test your skill with some of these tricky word phrases



ANSWERS: 1. Seven seas 2. Unbalanced/Un-level 3. Forgive & Forget 4. Missing You 5. Downtown 6. Lucky Break 7. He's Beside Himself 8. See-through Blouse 9. First Aid 10. West Indies 11. Six Feet Underground 12. Backwards Glance 13. Tricycle 14. Reading Between the Lines 15. Crossroads 16. Three Degrees Below Zero 17. Neon Lights 18. Just Between You & Me 19. One In A Million 20. Broken Promise 21. You Are Out Of Touch 22. Life Begins At Forty 23. Jack In A Box 24. Growing Economy 25. Up Before Eight 26. Just Around The Corner 27. Apple Pie 28. Making Up For Lost Time 29. Standing Ovation 30. I Understand You Undertake To Undermine My Undertaking

## Undergraduate Students: Interested in an Internship? Sign-up for Psych 350

### Learn more!

Students can learn more about possible internship sites by visiting the Undergrad Psych Resources site within Blackboard. This site, created by Dr. Orsillo, is a great addition that all psychology undergraduate students can access at any point during their time here at Suffolk.



# Psychology At STEM

The Psychology Department was excited to be rejoining the Science Technology Engineering and Mathematics (STEM) initiative at Suffolk University for a second year. Faculty representative, Dr. David Gansler, assisted in preparing for and planning this year's STEM reception held April 26<sup>th</sup> in Somerset Hall.

This year's key-note speaker was a Suffolk alumna Anne Bartlett who

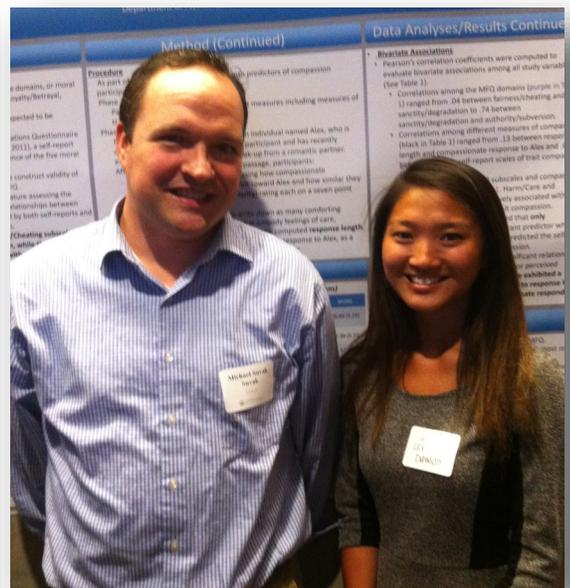
majoring in Electrical Engineering and Mathematics. Ms. Bartlett is now a Senior Consultant with Murphy & Associates and helps companies bridge the gap between technology innovation and customer requirements.

The Psychology Department was represented at the reception by three exceptional psychology undergraduates (Maia Livney, Stevie Mathieu and Lily Dawson)

and four wonderful graduate students (Ryan Mace, Sarah Levy, Jessica Pan, and Vanessa Alvarez) who presented two posters in conjunction with Dr. David Gansler and Dr. Michael Suvak. The following students conducted extensive research, designed informative posters, and gave outstanding presentations at this year's reception. The department is looking forward to being a part of STEM again next year!



Dr. David Gansler, Ryan Mace, Maia Livneh, Stevie Mathieu & Sarah Levy



Dr. Michael Suvak & Lily Meisi Dawson

Title: *Associations Among Moral Foundations Questionnaire Subscales and Explicit and Implicit measures of Compassion*

Authors: **Lily Meisi Dawson, Vanessa Alvarez, Alexandra Dick, & Dr. Michael Suvak**

Title: *Developing a Measure of Self Awareness Deficit*

Authors: **Maia Livneh, Stevie Mathieu, Sarah Levy, Jessica Pan, Ryan Mace, & Dr. David Gansler**

# Clinical Psychology Internship Match

The faculty of the Psychology Department at Suffolk University would like to congratulate all fourteen of our students who matched for clinical internship in 2016! This year, we are pleased to announce that we received a 93.9% match rate for our program. The overall national average is a 94% match rate across all programs and 92.5% match rate among clinical doctoral programs.

Doctoral Student	Internship Site
Vanesa Alvarez	Suffolk University Counseling Center (Boston, MA)
Christine Andre	Children's Hospital Boston (Boston, MA)
Jose Arauz	The Help Group (Sherman Oaks, CA)
Aparna Arjunan	Greater Hartford Clinical Psychology/VA Newington (Newington, CT)
Diana Arntz	Edith Nurse Rogers Memorial VA Medical Center (Bedford, MA)
Yvonne Asher	Florida State University (Tallahassee, FL)
Caitlin Chiupka	Roger Memorial Hospital (West Allis, WI)
Sara Danitz	VA Boston Healthcare System (Boston, MA)
Kida Ejesi	Cambridge Health Alliance (Cambridge, MA)
Stephanie Jarvi	Alpert Medical School of Brown University (Providence, RI)
Alyson Negreira	Coatesville VA Medical Center (Coatesville, PA)
Jamila Ray	Rutgers Biomedical & Health Sciences (Newark, NJ)
Sana Sheikh	Cambridge Health Alliance (Cambridge, MA)
Alison Thomas	University of Alabama at Birmingham (Birmingham, AL)



## Continuing Education *Update* By Dr. Gabrielle Liverant

The Suffolk University Psychology Department was recently granted five years of re-accreditation as a Continuing Education (CE) program provider by the American Psychological Association. Last fall, the department offered a successful talk with one of our own professors, Dr. Sue Orsillo. The program was attended by undergraduates, doctoral students, psychology department faculty, Suffolk Counseling Center staff, doctoral program alumni, and community training/education partners. We had representatives from local schools, university counseling centers, clinics, and hospitals join Suffolk students and staff for this community education event. The CE committee will continue to offer these types of programs to build new, as well as maintain, existing relationships with area training sites. Our goal with these community building educational activities is to provide applied learning and training opportunities to benefit our Suffolk undergraduate and graduate students. Please stay tuned for additional programs over the course of the year, or feel free to email us at [phd@suffolk.edu](mailto:phd@suffolk.edu).

# Doctoral Program Update

By Dr. Lance Swenson

The Clinical Psychology Ph.D. program has witnessed yet another year of successes, and as always, transition. Our seven first-year doctoral students have completed their first year of coursework, successfully proposed their Early Research Projects, and anticipate their first year of practicum training. Also, kudos to Dr. Backer-Fulghum, our 1<sup>st</sup> year respecialization student, who successfully navigated through her first year of curricular and practicum demands. Similarly, just a few weeks ago faculty and students had the pleasure of observing our eight second-year students ERP presentations. Congratulations to Alex, Ryan, Sarah, Jenesse, Abigail, Gina, Regina, and Ryan! It was a wonderful set of presentations and a great testament to their scholarship.

Towards the other end of our spectrum, we applaud our 14 doctoral students who will soon be embarking on their year-long APA-approved clinical internships.

The process of applying for, and obtaining, these internships remains as competitive as ever. The overall success of our students in obtaining these internship positions speaks to the strength of our program with our 93% match rate. In just a few weeks we'll begin working with the next cohort in applying for internships for November 2016. Also, at the end of the summer we will be bidding our fondest farewells to four respecialization certificate recipients and to five newly minted doctors of psychology. I am not yet sure if we'll be allowed to hug our graduates at the graduation ceremony, but then again we have never been very good at following this particular rule. . .

The doctoral program has been, and continues to be, highly selective. During the 2015/2016 admissions cycle we received 210 applications. This is a slight dip in total volume compared to prior years, but still reflects a recent trend in the field

nationally. The department extended 15 offers of admission (7% acceptance rate) which resulted in a cohort of nine students - eight who will be joining us in Fall 2016 and one who deferred her start date until Fall 2017. We look forward to the scholarly, clinical and teaching contributions of the incoming cohort, and celebrating their successes in future versions of the Spring Newsletter!

Happy Summer all! Please enjoy these last few days in Donahue.



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## *Make a donation today!*

Your donations help fund our departmental awards that greatly benefit our current students! If you would like to make a donation, please visit: [www.suffolk.edu/giving](http://www.suffolk.edu/giving). To make your gift to the Psychology Department, indicate *Psychology Awards* in the "other" category under "fund." Our sincerest **thank you** to all who have donated in the past and to those who continue to donate!

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# Psychology Department

## News & Announcements

**Stephanie Jarvi**, a 6<sup>th</sup> year clinical PhD student, and partner Elizabeth Steele got engaged at the Boston Public Library on April 2, 2016.

Respecialization student, **Sarah Getz**, has accepted a Post-Doctoral Fellowship position with the Division of Neuropsychology at the University of Miami Miller School of Medicine. The two year training program follows the Houston Conference model for specialty training in clinical neuropsychology through the American Board of Professional Psychology (ABPP).

**Catarina Bongiorno**, a current 2<sup>nd</sup> year mental health counseling student, presented a poster with her practicum site on April 15<sup>th</sup> at the 2016 Massachusetts Conference for International Association for Social Work with Groups.

PhD Alumna, **Kathryn Mirra**, who graduated from the PhD program in 2011, obtained her board certification in March 2016 through the American Board of Professional Psychology (ABPP)/American Board of Clinical Neuropsychology (ABCN).

**Mary Beth McCullough**, a 2014 PhD graduate, recently accepted a position as a pediatric psychologist at Hosbro Children's Hospital in Providence, RI.

**Michelle Jackson**, a 2014 PhD graduate, recently accepted a position as a clinical neuropsychologist in the acquired brain injury program at the Shepherd Center in Atlanta, GA.

### Faculty at Fenway



Mixing business with pleasure, Drs. Gary Fireman, Matt Jerram, Michael Suvak and David Gansler enjoyed home plate seats at the Red Sox vs. Yankee game on April 29<sup>th</sup>.

# Congratulations to our May 2016 Masters and PhD Graduates!



*The Psychology Department is proud of all those who have completed this important milestone. Help us in congratulating all our graduates.*

## Mental Health Counseling

Alexa Burton  
Audrey May  
Breanne Schatzman  
Brynn Feeney  
Catarina Bongiorno  
Catherine Antoinetti  
Denise Kyte  
Hansmukh Khalsa  
Heather Redgate  
Isabel Lau  
Jessica Alicea  
Joseph Puliafico  
Kristen Shannon  
Leann Baldwin  
Lyan Albino Rodriguez  
Maura Kelly  
Megan Roman  
Michelle Devincentis  
Molly Ezen  
Peter Skerry  
Samantha Cametti  
Samantha Tilton  
Sean Patrick McCormick  
Wen Cai  
Xueqi Gao

## Ph.D. Clinical Psychology

Esther Reidler (Sept 2016)  
Haley Duncanson (Sept 2016)  
Hope Forbes (Sept 2016)  
Julie Yeterian (Sept 2016)  
Katharine Smidt (Sept 2016)  
Nick Taylor

## M.S. Clinical Psychology

Alexander Wheeler  
Jenesse Kaitz  
Sarah Levy  
Ryan Mace



And Congratulations to our 70 Undergraduate Psychology Majors who graduated in May. Best of luck in your future endeavors!

# May 2016 Commencement Ceremony



*The 2016 Graduate commencement ceremony was held at the Westin on Saturday, May 21. The key note speaker was faculty member Sean Solley, a professor of Interior Architecture and Design.*



*Left to right: Haley Duncanson, Hope Forbes, Estie Reidler, Kate Smidt and Julie Yeterian*

*Congratulations to all undergraduate and graduate students who received their degrees at the 2016 ceremony!*

## *M.S. Psychology*



*Doctoral student, Ryan Mace, receiving his M.S. in Psychology.  
Not pictured: Jenesse Kaitz, Sarah Levy and Alexander Wheeler*



*Undergraduates Aretha Van Sluytman and Cecelia Buckley who were our fabulous work study students this past year*



## *M.S. Mental Health Counseling*

*From left to right: Megan Roman, Joseph Puliafico, Denise Kyte, Isabel Lau, Xuequi Gao, Brynn Feeney, Samantha Cametti, Wen Cai, Alexa Burton and Jessica Alicea*



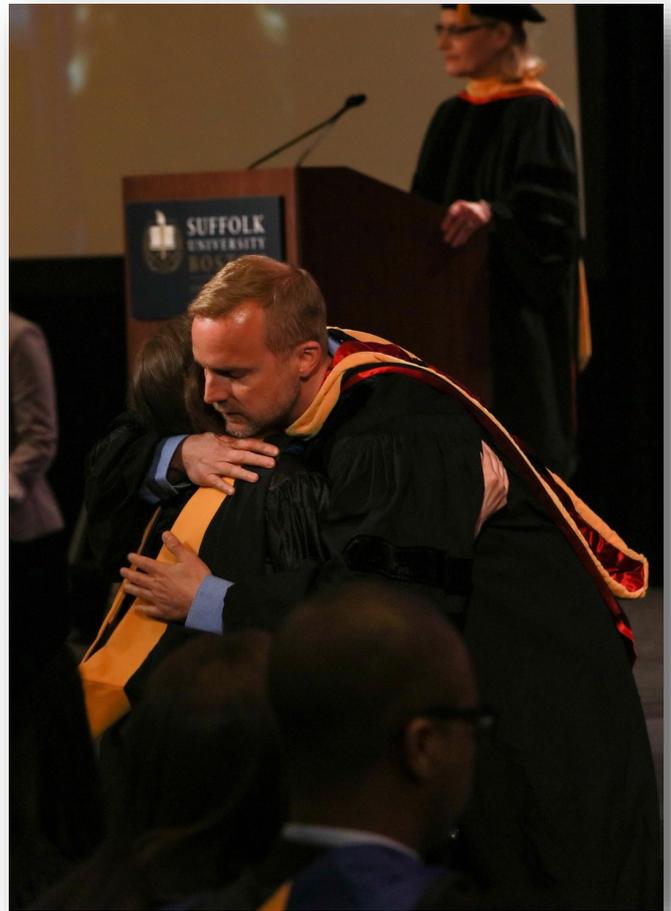
*PhD Clinical Psychology graduate Haley Duncanson being hooded by research mentor Dr. Lis Moes*

*Dean Toyoda delivering a speech to the CAS graduates*

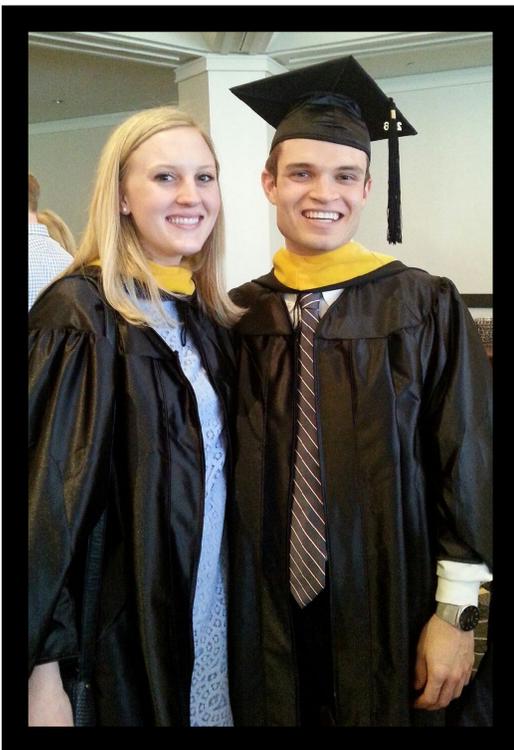




*PhD Clinical Psychology graduate Estie Reidler and daughter being hooded by research mentor Dr. Lance Swenson*



*Director of the Mental Health Counseling Program, Dr. David Shumaker, congratulating Catarina Bongiorno as she receives her diploma*



*Clinical Doctoral student Ryan Mace, and his partner Alexa Burton from the Mental Health Counseling Program, both received their MS degrees*



*Psychology Faculty enjoying the CAS after party. From Left to Right: Drs. Michael Suvak, Gabrielle Liverant, Sarah Schwartz, Amy Marks, and Lance Swenson*



*The 2016 Undergraduate commencement ceremony was held at the Blue Hills Pavilion on Sunday, May 22. Guest speaker Senator Elizabeth Warren gave a heartfelt and encouraging speech.*



Special thanks to Suffolk University photographer Michael Clarke for contributing commencement photographs to our spring newsletter!



*Dr. Yvonne Wells in the procession line with other faculty members*



*Former work-study student, Aretha Van Sluytman, receives her diploma*



*Left to Right: Psi Chi member Sara Gilberto, Alexa Marsh, President McKenna, Melanie Odell and Casey Cornell*

For more photos and information on the Graduate and Undergraduate Ceremony visit:  
<http://www.suffolk.edu/commencement2016/index.php>

# Psychology Department

## Presentations

Armitsu, K., Hofmann, S., **Kind, S.** (2016, May). *Cultural differences in compassion for self and others and well-being between Japan and the United States*. Presented at the International Conference of Psychology, Yokohama, Japan.

**Athineos, C., Kaitz, J.E., Kozak, K., Ray, S., Harkins, D.** (2016, March). *Looking beyond one size fits all: A student-led discussion on intersectionality in feminism*. 60-minute structured discussion led at the Annual Conference of the Association for Women in Psychology, Pittsburgh, PA.

Bernasconi, Amanda, **Harkins, Debra**, Veloria, Carmen, Hogan, Patricia, Wiltz, Felicia P., Elmore, Marty. (2016, April). *Connecting the dots: Engaging communities to support educational access and success. Learning by doing: Fostering equity for collaborative partnerships to support student achievement*. Presented at the National Partnership for Educational Access, Baltimore, MD.

**Bongiorni, C.** & Robinson, M. (2016, April). *Survey says: Teaming up, talking it out, winning big*. Poster presented at the 2016 IASWG Massachusetts Conference, Boston, MA.

**Chiupka, C.** (Chair), Van Kirk, N., Monaghan, S., & Elias, J. (July, 2016). *Dealing with treatment resistance: Translating research into strategies to enhance treatment motivation*. Panel to be presented at the 23rd annual International Obsessive Compulsive Disorder Foundation conference, Chicago, IL.

**Dawson, L., Alvarez, V.A., Dick, A. M., & Suvak, M. K.** (2016, May).

*Associations among moral foundations questionnaire subscales and explicit and implicit measures of compassion*. Poster presented at the 28th Annual Convention of The Association for Psychological Science, Chicago, IL.

**Dick, Alexandra, Khan, Amanda J., Kind, Shelley, Suvak, Michael,** Kamholz, Barbara W., Sloan, Denise M., **Liverant, Gabrielle.** (2016, March). *The impact of fear of depression and emotion regulation in veterans with major depressive disorder*. Presented at Anxiety and Depression Association of America in Philadelphia, PA.

**Duncanson, H.,** Hollis, A., O'Connor, M. (February, 2016). *Errors versus speed on the trail making test: Relevance to driving safety and cognitive impairment*. Submitted to the 44th Annual Conference of the International Neuropsychological Society, Boston, MA.

Garner, L., Van Kirk, N., Cattie, J.E., Tiffet, E., Mathes, B.M., Monaghan, S., **André, M.C.,** Krompinger, J., Brennan, B., Crosby, J. & Elias, J. (2016, April). *The role of distress tolerance in obsessive-compulsive disorder and treatment outcome*. Poster presented at the 36th annual Anxiety and Depression Association of America, Philadelphia, PA.

**Glass, D. J. & Fireman, G. D.** (2016, June). *Is dreaming an adaptation? An examination of a fear-processing model*. Poster presented at the annual meeting of the Northeastern Evolutionary Psychology Society, Halifax, NS, Canada.

**Holman, L.R. & Bursik, K.** (2016, April). *Relational discrepancies and relational outcomes in emerging adult*

*dating couples*. Society for Personality and Social Psychology Annual Convention, San Diego, CA.

**Jarvi, S. M.** (February, 2016). *Research and clinical insights for non-suicidal self-injury and BPD*. Invited talk at the Laboratory for the Study of Adult Development (Studies of the Phenomenology, Course, and Treatment of Borderline Personality Disorder), McLean Hospital, Belmont, MA.

**Jarvi, S. M.** (March, 2016). *Clinical insights for non-suicidal self-injury in a partial hospitalization program*. Invited talk at the Behavioral Health Partial Program, McLean Hospital, Belmont, MA.

**Jarvi, S. M.,** Björgvinsson, T. & **Swenson, L. P.** (January, 2016). *Initial findings from a multimethod approach to understanding implicit identification with non-suicidal self-injury in a partial hospital program*. Poster presented at the McLean Hospital Annual Research Day, Belmont, MA.

Kelly, L.M., Titelius, E., **Schick, M.R. & Swenson, L.** (March, 2016). *Getting in the way of goals: The specificity of dysregulation in goal-directed behaviors and NSSI among college students*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Baltimore, MD.

**Kozak, K., Harkins, D., Athineos, C.** (2016, March). *A round table on service-learning: Strengths and challenges*. Roundtable presented at Eastern Psychological Association Annual Meeting, New York, NY.

## Presentations

**Khan, Amanda J., Kind, Shelley,** Milligan, Connor, Kamholz, Barbara W., Sloan, Denise M., **Liverant, Gabrielle.** (2016, April). *The additive effect of social anxiety disorder in type of learning in a sample of veterans with major depressive disorder.* Presentation at Anxiety and Depression Association of America, Philadelphia, PA.

Leary, J., **Levy, S.,** McNally, S., Pham, D., Chou, Y., Chang, J., Dursney, J. & Chan, L. (2016, March). *Longitudinal changes in brain volume over the first year following traumatic brain injury.* Poster presented at The Eleventh World Congress on Brain Injury, The Hague, Netherlands.

**Levy, S.,** Sawyer, K. S., Woodruff, C., Mosher Ruiz, S., Harris, G. J., **Gansler, D. A.,** & Oscar-Berman, M. (2016, February). *Functional connectivity in long-term abstinent alcoholics.* Poster presented at the International Neuropsychological Society, Boston, MA.

**McCullough, M. B.,** Stough, C., Janicke, D., Robson, S., & Stark, L. J. (2016, April). *Examining a behavioral economics approach to recruitment within the context of preschool obesity treatment.* Poster presented at the annual meeting of the Society of Pediatric Psychology in Atlanta, GA.

**Orsillo, Susan M.** (2016, April). *Professional Development in the CAS Majors, "Professional Development in Psychology,"* Deans Office, Suffolk University, Boston, MA.

Oser M., Gruner G., **Alvarez V.** (2016, May). *Acceptance and commitment therapy for medical patients with co-occurring psychiatric conditions.* ACT in Medicine: Efficient Contextual Interventions that Target Diverse

Medical Populations. Paper presented at 14th World Conference of Association for Contextual and Behavioral Sciences, Seattle, WA.

**Pan, J., Mace, R. A., Gansler, D. A.,** Huey, E. D., & Grafman, J. (2016, February). *The executive function–dysexecutive behavior connection: Perspective on the potential contributions of the language domain.* Poster presented at the Annual Meeting of the International Neuropsychological Society, Boston, MA.

**Peechatka, A.L.,** Dias, N.R., Janes, A.C. (2016, January). *Insula reactivity to negative stimuli is associated with daily cigarette use: A preliminary investigation using the human connectome database.* Poster presented at the Annual McLean Research Day, Belmont, MA.

**Pieloch, K., Marks, A.,** & Garcia Coll, C. (2016, April). *Stress responses related to discrimination and social group experiences in children of immigrants.* Poster presented at Society for Pediatric Psychology Annual Conference, Atlanta, GA.

**Pieloch, Kerrie** (Presenter & Author), **Marks, Amy K.,** Garcia Coll, Cynthia (Author Only). (2016, April). *Stress responses related to discrimination and social group experiences in children of immigrants.* Society for Pediatric Psychology Annual Conference, Atlanta, GA.

**Ray, J. & Wells, Y.** (May, 2016). *Validating the VEST model (Values, Equilibrium, Support, Therapy) of self-care in mental health practitioners using a cell-phone application.* Poster presented at the Association for Psychological Science Conference, Chicago, IL.

Righi, G., **Tenenbaum, E.,** Amso, D. & Sheinkopf, S.J. (2016, May). *Sensitivity to audio-visual synchrony and its relation to language abilities in children with ASD.* International Meeting for Autism Research, Baltimore, Maryland.

**Rivera, C., Gu, G.,** Van de Kirk, N. & **Coyne, L.** (2016, June). *Does white knuckling take the punch out of ERPs?* Symposium conducted in Panel at the 14th Annual Meeting of the Association for Contextual Behavioral Science, Seattle, WA.

Robson, S., Bolling, C., **McCullough, M.B.,** Stough, C. & Stark, L. J. (2016, April). *Recruitment for a preschool obesity treatment trial through primary care offices: Reasons providers decline invitations for families to participate.* Poster presented at the annual meeting of the Society of Pediatric Psychology in Atlanta, GA.

**Sabbah, L.** & Piryatinsky, I. (February, 2016). *Hashimoto's encephalopathy case report.* Poster presented at the annual meeting of the International Neuropsychological Society, Boston, MA.

**Sagon, Alison L., Danitz, Sara B., Orsillo, Susan M.** (2016, March). *The mindful way through the semester: Impact on social connectedness.* National Network of Depression Centers, Ann Arbor, Michigan.

**Schwartz, Sarah,** Kanchewa, Stella, Rhodes, Jean. (2016, March). *The development of a youth-initiated mentoring intervention for underrepresented college students.* Society for Research on Adolescence Biennial Meeting, Baltimore, MD.

# Psychology Department Presentations Cont'd

Atlanta, GA.

**Schwartz, Sarah**, Weiler, Lindsey, Kanchewa, Stella, Taussig, Heather. (2016, April). *The impact of mentoring on maltreated children with varied relational histories*. Society for Research on Adolescence Biennial Meeting, Baltimore, MD.

**Schwartz, Sarah**. (2016, January). *What the research says: Understanding formal and informal relationships*. National Mentoring Summit, Washington, DC.

Shamieh, E., **Pieloch, K.**, Shatz, L. (2016, June). *Robotics competition and family science fair for grades 4-8 sponsored by the Latino STEM Alliance*. Paper presented at American Society for Engineering Education Annual Conference, New Orleans, LA.

Strong, H., Mitchell, M. & **McCullough, M.B.** (2016, April). *Parental perception of obesity and health behaviors in urban preschool age children*. Poster presented at the annual meeting of the Society of Pediatric Psychology in

**Valmas, M.M.**, Van Kirk, N., Kropminger, J.W. (February, 2016). *Associations of behavioral inhibition and cognitive functioning in relation to symptom subtype and treatment response in severe OCD*. McLean Research Day, McLean Hospital, Belmont, MA.

**Valmas, M.M.**, Van Kirk, N., Kropminger, J.W., Elias, J.A. (2016, March). *Validation of an abbreviated version of the Penn State worry questionnaire in severe OCD*. Anxiety and Depression Association of America Conference, Philadelphia, PA.

Wiltz, Felicia P., Veloria, Carmen, **Harkins, Debra**, Hogan, Patricia, Bernasconi, Amanda, Elmore, Marty, Clarke, Averil. (2016, March). *My day job: Politics and pedagogy in academia. Teaching our passion: Challenge of service learning courses*. Presented at Eastern Sociological Society, Boston, MA.

## Global Gateway to Madrid by Dr. Gary Fireman ...Continued from Page 1

This past March I had the fantastic opportunity to participate in Suffolk University's Global Gateway Madrid program. This program invited Suffolk first-year students from both CAS and SBS to apply for a one-week educational experience in Madrid over Spring-break. Suffolk would provide transportation, room, board, and entrance fees for all students for a fee of only \$400 each. To participate students had to apply and answer several essay questions. From well over 100 applications, 28 students were chosen to go to Madrid. It was a fabulous experience in which students had a singular experience while building relationships, confidence, knowledge and commitment to Suffolk. The group visited the Prado Museum, took a walking tour of historic Madrid, enjoyed boats in Retiro Park, had a private tour of the Duke of Alba's Palacio de Liria, toured Santander bank headquarters, visited Toledo, the Real Madrid soccer stadium and more. The students fully participated and engaged in all activities. The experience was transformative for them and me. It was a privilege to be a part of such an extraordinary event and wonderful group of first-year students. My week in Madrid with them will always be with me. Thank you Suffolk for providing us with such a unique opportunity!



 Santander  
UNIVERSITIES

Institutional Visit  
Suffolk University  
Boadilla del Monte, March 17th 2016

 Santander  
UNIVERSITIES

- Armstrong, T. S., Bishop, A., Brown, P.D., Klein, M., Taphoorn, M.J., **Theodore-Oklota, C.** (2016). Determining priority signs and symptoms for use as clinical outcomes assessments in trials including patients with malignant gliomas: Panel 1 report. *Neuro-Oncology*, March; 18 Suppl 2:ii1-ii12.
- Curtiss, J., **Kind, S.**, Carpenter, J. (2016). Incorporating memory enhancers into the treatment of anxiety and related disorders. *Oxford Handbooks Online*. doi:10.1093/oxfordhb/9780199935291.013.15
- Danitz, S., Orsillo, S. M.** (2016). Acceptance-based behavior therapy for pre-professional students. *The Mindfulness Informed Educator: Building Acceptance and Psychological Flexibility in Higher Education*. New York: Routledge.
- Danitz, S.B., Orsillo, S.M.**, Lenda, A.K., Shortway, K.M., & Block-Lerner, J. (2016). Acceptance-based behavioral training for pre-professional students. In J. Block-Lerner & L. Cardaciotto (Eds.) *The Mindfulness-Informed Educator: Building Acceptance and Psychological Flexibility in Higher Education* (pp. 137-153). London: Routledge.
- Danitz, S.B., Suvak, M.K., & Orsillo, S.M.** (2016). The mindful way through the semester: Evaluating the impact of integrating an acceptance-based behavioral program into a first year experience course for undergraduates. *Behavior Therapy*, 47, 487-499. doi: 10.1016/j.beth.2016.03.002
- Glass, D. J. & Arnold, S. E.** (2016). Why are humans vulnerable to alzheimer's disease? In *Alvergne, A., Faurie-Aubertin, C., Camp; Jenkinson, C. (Eds.), Evolutionary thinking in medicine: From research to policy and practice*. New York: Springer.
- Hoepfner, B.B., Hoepfner, S.S., **Seaboyer, L. M., Schick, M. R., Gu, G.W.Y.**, Bergman, B.G., Kelly, J.F. (2016). How smart are smartphone apps for smoking cessation? A content analysis. *Nicotine and Tobacco Research*, 18, 1025-1031 doi: 10.1093/ntr/ntv117
- Jarvi, S. M.** (2016). Understanding self-injury: What it means, why it happens, what to do. *Student Health* 101, March 1, 2016. <http://getsh101.com/O316A/O5/demo.html>
- Jarvi, S. M.**, Baskin-Sommers, A., Hearon, B. A., Gironde, S. & Bjorgvinsson, T. (2016). Borderline personality traits predict poorer functioning after partial hospitalization: The mediating role of depressive symptomatology. *Cognitive Therapy and Research*, 40, 128-138. doi: 10.1007/s10608-015-9726-0
- Mace, R. A.**, Mansbach, W. E., Clark, K. M. (2016). Rapid cognitive assessment of nursing home residents: A psychometric comparison of two brief instruments. *Research in Gerontological Nursing*, 9(1), 35-44. doi: 10.3928/19404921-20150522-05
- Margolis, S. E., **Orsillo, S. M.** (2016). Acceptance and body dissatisfaction: Examining the efficacy of a brief acceptance based intervention for body dissatisfaction in college women. *Behavioural and Cognitive Psychotherapy*, 1-11.
- McCullough, M. B.**, Robson, S. M., & Stark, L. J. (2016). Characterizing family meals: A systematic review. *Advances in Nutrition*, 7(4), 1-14. doi:10.3945/an.115.010439.
- Morgan, L., **Danitz, S., Orsillo, S. M.**, Roemer, L. (2016). Mindfulness approaches to psychological disorders. In H. Friedman (Ed.), *Mindfulness approaches to psychological disorders, Encyclopedia of Mental Health*, (pp. 148-155). New York: Elsevier.
- Orsillo, S. M., Danitz, S.**, Roemer, L. (2015). Mindfulness- and acceptance-based behavioral and cognitive therapies. *he Oxford Handbook of Cognitive and Behavioral Therapies* (pp. 172-199). Oxford Press.
- Ranzenhofer, L.M., **McCullough, M. B.**, & Jelalian, E. (2016). Interventions for childhood obesity. In L. A. Theodore (Ed.), *Handbook of Applied Interventions for Children and Adolescents*. New York: Springer.
- Schwartz, S.**, Kanchewa, S. S., Rhodes, J. E., Cutler, E., Cunningham, J. L. (2016). I didn't know you could just ask: Empowering underrepresented college-bound students to recruit academic and career mentors. *Children and Youth Services Review*, 64, 51-59.
- Taphoorn M.J., Henriksson R., Bottomley A., Cloughesy T., Wick W., Mason WP., Saran F., Nishikawa R., Hilton M., **Theodore-Oklota C.**, Ravelo A., Chinot O.L., (2015). Health-related quality of life in a randomized phase III study of bevacizumab, temozolomide, and radiotherapy in newly diagnosed glioblastoma. *Journal of Clinical Oncology*, 1:33 (19):2166-75.
- Tenenbaum, E. J.**, Sobel, D.M., Sheinkopf, S.J., Malle, B.F., & Morgan, J. L. (2015). Attention to the mouth and gaze following in infancy predict language development. *Journal of Child Language*, 42(06), 1173-1190.
- Vernig, P. M.** (2016). Telemental health: Digital disruption and the opportunity to expand care. *Journal of the American Psychiatric Nurses Association*, 22(1), 73-75.
- Zinoviev, D., Stefanescu, D. C., **Fireman, G. D., Swenson, L.** (2016). Semantic networks of interests in online non-suicidal self-injury communities. *Digital Health / SAGE Publishing*, 14 pages. [dhj.sagepub.com/content/2/2055207616642118](http://dhj.sagepub.com/content/2/2055207616642118)

73 Tremont St.  
8th Floor  
Boston, MA 02108  
Phone: (617) 573-8293  
Fax: (617) 367-2924

Department Email  
psychdepartment@suffolk.edu

PhD Program Email  
phd@suffolk.edu

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Jessica Valente

# Chair's Notes

## By Dr. Gary Fireman



To the graduating students of 2016, congratulations and bravo on your momentous achievement! As this chapter of your journey closes, a new and exciting chapter begins. The faculty and staff at Suffolk have been honored to observe the great accomplishments of our undergraduate and graduate students as they have made notable contributions, both within and outside the classroom. Your successes in community and scholarly pursuits is impressive and we are confident that your start of this new chapter will continue to bring pride to Suffolk as you are its greatest ambassadors. We thank the undergraduate and graduate students, and all those who support them, for making the Suffolk University Psychology Department such an exciting place to work, learn, grow and have fun.

During the past year our undergraduate and graduate students have won awards, presented posters and papers at local and national conferences, published papers in peer review journals, published book chapters, engaged in community service, and completed internship experiences at all levels. Examples of these activities are throughout this newsletter. Our partnerships in the Boston metropolitan area and beyond range from medical centers to community centers, mental health organizations to university counseling centers, public schools to institutions of higher education, community nonprofit agencies to governmental agencies, and a range of businesses and corporations. This impressive range of partnerships is only possible due to the hard work and commitment of our exceptional faculty

and students who participate in these placements. Based on the success of Suffolk students past and present, our partners continue to want to work with us in the future.

Change is a constant and this has been another year of positive change in the Psychology Department. We have a fantastic new faculty member, Sarah Schwartz, who has already made substantial contributions in teaching and service to the Suffolk community. Her ongoing record of scholarship is truly impressive. We have also enjoyed having a visiting scholar from Turkey, Dr. Simge Sisman-Bal, working on neuroscience with our faculty this year. Our CE program was re-accredited thanks to the hard work of Dr. Gaby Liverant, the CE committee and staff. Finally, we have moved to the Stahl building at 73 Tremont. This has just occurred over the month of May. First, I want to recognize our staff, led by Jessica Valente with Katie Bolgioni and Eileen Mieses, for their tireless effort in successfully navigating us through this transition. A heartfelt thank you! The space occupies part of the 8<sup>th</sup> and 9<sup>th</sup> floors, and is spectacular. It has many open areas for students to work, visit, and just hang out. It has multiple research labs including a state of the art physiological lab, video lab, and big data lab. There is a large space for our graduate students to work and congregate. Plus, we will be partnering with NESAD to have student art presented throughout the space on a rotating basis. Students and alumni, please come visit, study and help make this your new home with us. We look forward to a bright future in our new home. Go Rams!