

Shailini Jandial George

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TEACHING
EXPERIENCE

Professor of Legal Writing
SUFFOLK UNIVERSITY LAW SCHOOL

July 2004–present
Boston, MA

Preparing for Professional Success. Develop curriculum and teach pilot 1-credit course focused on well-being, professional identity, professionalism, diversity, equity, inclusion, and more (2022-2023, 2021-2022).

Legal Practice Skills. Instruct students on formulating legal analysis through legal research and composition of office memoranda, client letters, and legal memoranda in conjunction with trial motions. Create original writing assignments for students, preside over and provide critique on oral argument, and counsel students in individual conferences about writing strengths and weaknesses (2004 to present).

Advanced Legal Writing & Drafting. Elective, upper-level class covering complex legal research and how to formulate sophisticated legal analysis to produce litigation documents. Create original writing assignments, classroom exercises, handouts, and PowerPoint presentations (2010-2014).

LAW SCHOOL
SERVICE

Academic Success Committee (2021-2022)
Ad-Hoc Committee on Well-Being and Professionalism (co-chair 2021-2022, member, spring 2021)
Suffolk University Ambassador for Inclusion (summer 2021 cohort)
Appointments Committee (2020-2021, 2019-2020)
Awards Committee (2021-2022, 2020-2021, 2019-2020)
LPS Committee (co-chair 2018-2019)
Learning Outcomes Committee - ABA Standard 315 (chair 2016-2018)
Teaching Committee (chair 2014-2016)
Clerkship Committee Member (2015-2016, 2010-2011)
LPS/ASP Committee Member (2015-2016)
Sexual Harassment Policy Committee (co-chair 2013-2014, member 2011-2013)
Diversity Committee (2009-2011)
Admissions Committee (2010-2012)
Special Law School Task Force Committee on Sexual Harassment (2007-2008)
Academic Advisor to SALSA (South Asian Law Student's Association) (2008-2013)

PUBLICATIONS

[*Are You a Law Warrior Burning the Midnight Oil? Research Says Stop*](#), Bloomberg Law Insights (September 28, 2001).

[*Is Your Smartphone Making You Less Smart? Distraction Addiction is Real*](#), Bloomberg Law Insights (June 4, 2021).

The Law Student's Guide to Doing Well and Being Well (Carolina Academic Press, June 2021).

Mindful Lawyering: The Key to Creative Problem Solving (Carolina Academic Press, 2018) (co-authors Kathleen Elliot Vinson and Samantha Moppett).

[*Move Over Millennials, Gen Z is Coming!*](#)
Best Practices in Legal Education Blog (August 2018).

[*Help Students Help Themselves: Make Them Put Their Phones Away*](#)

Best Practices in Legal Education Blog (February 2018).

[Less Lecture, More Learning](#)

Best Practices in Legal Education Blog (April 2017).

[Teaching Self Reflection](#)

Best Practices in Legal Education Blog (December 2016).

[Survivor: Law School Edition](#)

Best Practices in Legal Education Blog (April 2016).

Easy Ways to Incorporate Mindfulness in the Legal Writing Classroom

29 The SECOND DRAFT 34 (Fall 2016) available [here](#).

[Lawyers Need Soft Skills, So Why Aren't Law Schools Teaching Them?](#)

Best Practices in Legal Education Blog (July 2015).

The Cure for the Distracted Mind: Why Law Schools Should Teach Mindfulness,

Duq. L. Rev. Vol. 53 No. 1, Winter 2015.

[Law Students Need Mindfulness Training](#)

Best Practices in Legal Education Blog (March 2015).

Teaching the Smartphone Generation: How Cognitive Science Can Improve Learning in Law School, ME. L. REV. Vol. 66, No. 1, Winter 2013.

Editing: More than Just the Icing on the Cake, 2011 Fall/Winter AALS Teaching Methods Section Newsletter.

Do Sexual Harassment Claimants Get Two Bites of the Apple?

Sexual Harassment Litigation after Fitzgerald v. Barnstable County School Committee 59 DRAKE L.REV.ISSUE 1, Fall 2010.

Commas: When in Doubt, Leave Them Out, Massachusetts Lawyers Weekly, June 12, 2010.

The Three C's: Concessions, Counterarguments and Credibility,

Massachusetts Lawyers Weekly, April 6, 2009.

Promoting In-Depth Analysis: A Three-Part Approach to Teaching Analogical Reasoning to Novice Legal Writers, CUMB. L. REV., Vol. 39, No. 3, Summer 2009 (with Stephanie R. Hartung).

Oral Argument: Practice Makes (Nearly) Perfect, 20 THE SECOND DRAFT 1 (2005).

PRESENTATIONS and MEDIA

Media: [Just Law Podcast](#) (May 2, 2022)

[Thriving Lawyers Podcast](#) (March 10 and 24, 2022)

[Lawyers with Depression Podcast](#) (October 11, 2021)

[Tips for a Successful Return to In-Person Classes](#), interview featured in National Jurist, (back to school 2021)

[Counsel to Counsel Podcast](#) (September 12, 2021)

[Interview on Meditationlaw.com](#) (September 8, 2021)

[NBC Boston News Story on Smartphone Addiction](#) (August 18, 2021)

[Geek in Review Podcast Episode 125](#) (July 13, 2021)

[Above the Law/Jabot Podcast: What Students Absolutely Need to Do to Ace Law School](#) (July 2, 2021)

[To Boost Productivity, Lawyers and Law Students Should 'Socially Distance' From Their Phones, Q&A with Law.com](#) (May 28, 2021)

[Suffolk Law professor writes book tackling ...um, one sec...oh distractions](#)
National Jurist/Prelaw (June 26, 2021)

New Jersey Law Journal, <https://twitter.com/NJLJ/status/1399825651675324421>

[Mindful Lawyering](#), XL Legal Podcast series (May 12, 2021)

- Invited speaker:**
- Advocating for Self and Students in a Cycle of Trauma***, Association of Legal Writing Directors Virtual Front Porch (invited speaker) (August 17, 2022).
 - Discussion Groups: Well-Being in Law and Professional Identity Formation Under Standard 303(c)***, 2022 SEALS Annual Conference, Sandestin, FL (invited discussant) (July 30 and 31, 2022).
 - Resilience: Living Well in the Face of Adversity***, Boston College Law School (panelist, April 25, 2022).
 - Women of Color in Law***, Panel Discussion, Suffolk University Law School (moderator, April 13, 2022).
 - Mindfulness with Professor Shailini George***, Q&A with the Women of Color Law Student's Association, Suffolk University Law School (March 29, 2022).
 - Disabilities and the Legal Profession***, Suffolk University Law School Women's Law Student Association Roundtable Discussion, (panelist, March 9, 2022).
 - Developing Focus and Concentration***, Western University, Ontario, Canada (February 17, 2022).
 - Tips for Doing Well and Being Well***, Massachusetts Legal Well-Being Network (February 15, 2022).
 - Strategies for Doing Well and Being Well***, University of Buffalo Law School, (January 12, 2022).
 - Tips for Doing Well and Being Well***, Suffolk University Law School Intercession Course on Leadership (January 5, 2022).
 - Reimagining Our Future: A Holistic Approach to Lawyer Wellbeing***,

New York State Bar Association Symposium on Lawyer Well-Being (November 18, 2021).

Tips for Doing Well and Being Well, Suffolk University Law School Legal Methods Course (November 9, 2022).

Strategies for Doing Well and Being Well, Western Michigan University, Thomas M. Cooley Law School (October 26, 2021).

Helping Students Do Well and Be Well, University of Las Vegas William S. Boyd School of Law, sponsored by the ALWD Distinguished Speaker Series (faculty workshop and two student workshops, September 20-21, 2021).

Self-Regulated Learning, Metacognition, and Mindfulness, training for Legal Practice Skills Teaching Assistants (September 2, 2021).

Optimizing Focus to Foster Personal and Professional Success, CLE Presentation, Celesq, AttorneysEd Center (August 17, 2021).

Empowering Women Through Wellness, Idaho Women Lawyers Group, (invited keynote speaker) (July 15, 2021).

Social, Mental & Physical Health Empowerment, University of North Dakota School of Law, Helen Hamilton Day (invited panelist) (April 9, 2021).

Self-Regulated Learning, Metacognition, and Mindfulness, Suffolk University Center for Learning and Academic Success all employee meeting (invited speaker) (March 21, 2021).

Pandemics and Protests: The Centrality of Wellness in Today's Climate, Association of Legal Writing Directors Virtual Front Porch (invited speaker) (July 13, 2020).

Practicing Mindfulness on the Long Road to the Bar Exam, Suffolk Bar Preparation Lecture (July 1, 2020).

Send the Message – You Are Seen, Valued, and Welcomed in My Classroom, 2019 SEALS Annual Conference, Boca Raton, FL (invited panelist) (August 1, 2019).

Mental Health Tips for Law Students and Lawyers, Women of Color Law Association, Suffolk University Law School (invited panelist) (October 31, 2018).

Teaching the Smartphone Generation: How Cognitive Science Can Improve Learning in Law School, Plenary Speaker, Association of Legal Writing Directors' Innovative Teaching Workshop, Invited plenary speaker, Stetson Law School, (April 25, 2014).

Teaching the Smartphone Generation: How Cognitive Science Can Improve Learning in Law School, Featured Lunchtime Speaker, AALS Section on Law Libraries and Legal Information, Invited lunchtime speaker, AALS National Conference, NY, NY (Jan. 3, 2014).

Conferences: ***Writing Well and Being Well***, Biennial Conference of the Legal Writing Institute, Washington, D.C. (July 21, 2022).

Engagement: A Research Based Approach, Professional Development Consortium Annual Conference, Denver, CO (July 15, 2022) (with Tara Antonipillai and Adam Reiber).

Strategies for Helping Students Do Well and Be Well, Suffolk University Center for Teaching and Scholarly Excellence Annual Symposium (May 17, 2022).

AALS Balance Section Speed Sharing Webinar: Stress and Anxiety Management Strategies (panelist) (August 10, 2021).

Mindfulness in the Law School Curriculum, 2021 SEALS Annual Conference, Amelia Island, FL (panelist) (July 27, 2021).

Who Me? I can't be Racist! 2021 SEALS Annual Conference, Amelia Island, FL (panelist) (July 31, 2021).

Guided Meditation, Association of Legal Writing Directors Biennial Conference (June 16, 2021).

Creating a Culture of Wellness: Helping Students Do Well and Be Well, Association of Legal Writing Directors Biennial Conference (June 16, 2021) (with Heidi Brown, Olympia Duhart, and Rosario Lozada).

Helping Students Do Well and Be Well, Faculty Colloquial, Suffolk University Law School (January 2021).

Helping Law Students Navigate Transitions, 2020 SEALS Annual Conference (virtual panelist) (July 31, 2020).

Who Me? I'm Not Racist! 2020 SEALS Annual Conference (virtual panelist) (August 1, 2020).

Educating the Modern Citizen-Lawyer: Helping Students Find Their Role in the Grand Mosaic of Society and the Law, AALS Section on Legal Writing, Research and Reasoning, AALS National Conference, Washington DC (Jan. 4, 2020) (panel moderator).

Wellness Beyond Mindfulness: Helping Students Thrive in Law School, Pass the Bar, and Succeed as Lawyers, Legal Writing One Day Workshop, Charleston School of Law, Charleston, SC (December 6, 2019).

Creating an Inclusive Classroom Environment, Integrating Positive Psychology into Legal Education Conference, Suffolk University Law School (June 14, 2019).

Mindfulness: A Key Tool for Improving the Law School Experience of Generation Z Students, Association of Legal Writing Directors Biennial Conference, Suffolk University School of Law, Boston, MA (May 31, 2019) (with Laura Graham).

Creating an Inclusive Classroom Environment, Nineteenth Annual Rocky Mountain Regional Legal Writing Conference, Wm. S. Boyd School of Law/ University of Nevada, Las Vegas, NV (March 15, 2019).

Stronger Together: Building Bridges to Practitioners, Judges and Beyond, AALS Section on Legal Writing, Research and Reasoning, AALS National Conference, New Orleans, LA (Jan. 6, 2019) (panel moderator).

Balancing Technology Use with Mindfulness Exercises to Prepare Law Students for Practice: Legal Writing One Day Workshop, University of Pittsburgh Law School, Pittsburgh, PA (November 30, 2018).

Leadership Skills for Women: Breaking the Cycle of Unconscious Bias, Eighteenth Biennial Conference of the Legal Writing Institute, Milwaukee, WI (July 14, 2018) (with Dana Hill).

Speed Mentoring, Small Group Leader, Eighteenth Biennial Conference of the Legal Writing Institute, Milwaukee, WI (July 14, 2018).

Tips from the Trenches: Teaching Students to Help Social Justice Practitioners from the First Year to Graduation, AALS Section on Legal Writing, Research and Reasoning, AALS National Conference, San Diego, CA (panel moderator) (Jan. 3, 2018).

Mindfulness in the Legal Writing Classroom, 2017 SEALS Annual Conference, Boca Raton, Florida (invited panelist) (August 5, 2017).

Elephant in the Room Discussion, Faculty Diversity Committee Panel Discussion, (invited panelist) (March 31, 2017).

Taking the Lead in Developing and Implementing Best Teaching Practices, New England Legal Writing Consortium of Legal Writing Teachers Regional Conference, Boston University School of Law (October 21, 2016) (with Rosa Kim).

Scholarship Incubation Workshop, Seventeenth Biennial Conference of the Legal Writing Institute, Portland, OR (July 11, 2016).

Speed Mentoring, Small Group Leader, Seventeenth Biennial Conference of the Legal Writing Institute, Portland, OR (July 12, 2016).

Mindful Writing: Using Mindfulness Techniques and Writing Lockdowns to Foster Productivity, 2016 Southeastern Legal Writing Conference, University of Miami Law School (January 22, 2016) (with Kathleen Elliott Vinson).

Colleagues, Collaboration & Community, part of Webinar ***The Perfect Time is Now: Getting Started and Finding Support For Your Scholarship*** presented by the Legal Writing Institute's Scholarship & Development Committee (December 10, 2015) (with Stephanie R. Hartung) available at: <http://mediaserv.law.du.edu/mp4video/ruan/Legal-Writing-Institute-Scholarship-Webinar-12-10-2015.htm>.

Succeeding in Your First Year of Law School, Muslim Law Students Association and South Asian Law Students Association panel discussion (October 16, 2015) (invited panelist).

Mindfulness Training for Law Students, Faculty Colloquial, Suffolk University Law School, (May 2015).

Why Law Students Need Mindfulness Training, Fourth Colonial Legal Writing Conference "Teaching the Academically Underprepared Law Student", Duquesne University School of Law (December 6, 2014).

How Cognitive Theory Can Inform Law School Teaching, Sixteenth Biennial Conference of the Legal Writing Institute Philadelphia, PA (June 30, 2014) (with Rosa Kim).

Scholarship Incubation Workshop, Small Group Leader, Sixteenth Biennial Conference of the Legal Writing Institute, Philadelphia, PA (June 30, 2014).

How Cognitive Theory Can Inform Law Teaching, Northeast People of Color Legal Scholarship Conference, Suffolk University Law School, (October 24, 2012) (with Rosa Kim).

Engaging, Assessing, Entertaining: Is There Too Much of a Good Thing? 15th Biennial Conference of the Legal Writing Institute, Desert Springs, CA, (June 29, 2012) (with Rosa Kim).

It's More Than Just the Icing on the Cake: Methods of Teaching Students Organizational and Analytical Editing, New England Legal Writing Consortium of Legal Writing Teachers Regional Conference, University of New Hampshire School of Law, NH (December 7, 2011) (with Stephanie R. Hartung).

From First Draft to Final Product: Techniques for Teaching Students Organizational and Analytical Editing, Central States Legal Writing Conference, John Marshall Law School, Chicago, IL (September 16, 2011) (with Stephanie R. Hartung).

From First Draft to Final Product: Techniques for Teaching Students Organizational and Analytical Editing, Empire State Legal Writing Conference, St. Johns University School of Law, NY, NY (May 13, 2011).

Even the Rule of Law is Fair Game: Persuading Students to Be More Persuasive, Fourteenth Biennial Conference of the Legal Writing Institute, Marco Island, Florida (June 2009) (with Stephanie R. Hartung).

Teaching Students In-Depth Analogical Reasoning, Faculty Colloquial, Suffolk University Law School (April 2009) (with Stephanie R. Hartung).

Clicking Away Confusion: Using Clickers to Assess and Engage Your Students, New England Consortium of Legal Writing Teachers Regional Conference, Suffolk University Law School, Boston, MA (December 2008).

Beyond Apples and Oranges: Methods of Demystifying and Critiquing Analogical Reasoning in Legal Analysis, Thirteenth Biennial Conference of the Legal Writing Institute, Indianapolis, Indiana (July 2008) (with Stephanie R. Hartung).

Good Legal Writing: The Basics, Law Review Orientation, Suffolk University Law School (August 2008) (invited speaker).

Making the Most of Your Conference presenter at: www.law.suffolk.edu/itunes (October 2008).

Like Apples to Oranges: Methods of Demystifying Analogical Reasoning, Seventh Annual Rocky Mountain Regional Legal Writing Conference, Wm. S. Boyd School of Law/ University of Nevada, Las Vegas, Nevada (March 2007) (with Stephanie Hartung).

Making Counterarguments presenter at: www.law.suffolk.edu/itunes (March 2007).

The Challenge of Balancing Career and Family, Women's Bar Association panel discussion at Suffolk University Law School (February 2007) (invited panelist).

Workshop on Critiquing Student Work, Small Group Leader, Twelfth Biennial Conference of the Legal Writing Institute, Atlanta, Georgia (June 2006).

Research Labs: A Hands-On Approach to Taking the First Step with Your Students, Fifth Annual Rocky Mountain Regional Legal Writing Conference, Arizona State University College of Law, Tempe, Arizona (March 2005) (with Samantha Moppett).

PROFESSIONAL

Institute for Well-Being in Law (IWIL)

Member-Research and Scholarship Committee (2021-2022)

MA Supreme Judicial Court Standing Committee on Lawyer Well-Being

Co-chair, Legal Education Subcommittee (2022-2023)

American Association of Law Schools (AALS)

o **Balance and Wellbeing in Legal Education Section**

Executive Committee (2022-2025)

Inaugural Section Award Winner, 2022

Member (2016-present)

o **Legal Research, Writing, and Reasoning (LWRR) Section**

Executive Committee (2020-2021)

Co-Chair, Program Committee (2018-2020)

Program Committee Member (2017-2018)

Nominations Committee Member (2010-2012)

Association of Legal Writing Directors (ALWD)

Board of Directors, 2018-2021

ALWD Distinguished Speaker

Member-delegate, 2009-2010

Legal Writing Institute (LWI)

Co-Chair, Diversity Committee (2020-2022, 2018-2020)

Co-Chair, Professional Development Committee (2016-2018)

Co-Chair, Scholarship and Development Committee (2014-2016)

Member, Scholarship and Development Committee (2012-2014)

LEGAL
EXPERIENCE

Attorney

RYAN, COUGHLIN & BETKE, LLP

June 1997–July 2004

Boston, MA

Senior associate attorney in general litigation practice with focus on insurance defense. Responsible for all aspects of civil litigation including preparation of Complaints and Answers, drafting, and responding to interrogatories, requests for documents, requests for admissions and all other written discovery. Conducted and defended numerous depositions of parties and witnesses. Mediated and successfully tried cases in District and Superior Courts. Appeared in both Superior Court and District Court on motions for summary judgment, discovery, and all other motions. Wrote and argued appeals. Extensive interaction with clients and insurance adjusters regarding trial and deposition preparation.

Attorney

ZIDE, FIERMAN & ASSOCIATES, P.C.

1995-June 1997

Newton, MA

Associate attorney in general litigation practice with focus on employment, personal injury, and landlord/tenant law. Responsible for drafting Complaints, pleadings and memoranda, demand letters and correspondence with opposing counsel. Extensive

one-on-one interaction with clients. Significant courtroom experience including oral argument on motions for summary judgment, trustee process, motions for default judgment, and assessment of damages in Superior, District and Housing court.

Judicial Clerkship

September 1993–July 1994

SUPERIOR COURT OF MASSACHUSETTS

Eastern Massachusetts

Law clerk to judges in both civil and criminal sessions in Middlesex, Salem, Lowell, Worcester, and Suffolk Counties. Responsible for attending oral argument and trials; reviewing memoranda and drafting decisions on motions to suppress, motions for new trial, motions for summary judgment, discovery motions, and administrative appeals. Extensive courtroom interaction with judges, juries, and attorneys.

EDUCATION

Boston College Law School

1993

Newton, MA

Juris Doctor, May 1993.

Admitted to Massachusetts Bar December 1993

Advocate-Jessup International Moot Court Team 1992-1993 (Third Place Best Advocate at Regional Competition),

Civil Procedure Tutor 1991-1993

Teaching Assistant-Introduction to Lawyering and Professional Responsibility,

Participant- Urban Legal Laboratory 1992

Miami University

1986-1990

Oxford, OH

Bachelor of Science in Finance, May 1990

Cum laude

Concentration-International Business and Economics