



SEE MORE OF SPAIN AND EVEN PORTUGAL!

Located in the heart of Spain, Madrid is an ideal starting point for excursions to the country's colorful cities and breathtaking countryside. We offer a minimum of four trips per semester, all designed to enhance your understanding of Spain's culture, literature, history, and traditions.

Your university fees cover your participation in the orientation trip as well as in one excursion of your choice per semester. All other excursions are optional for an additional fee. Please check our web site at www.suffolk.es for details on the upcoming semester's excursions.

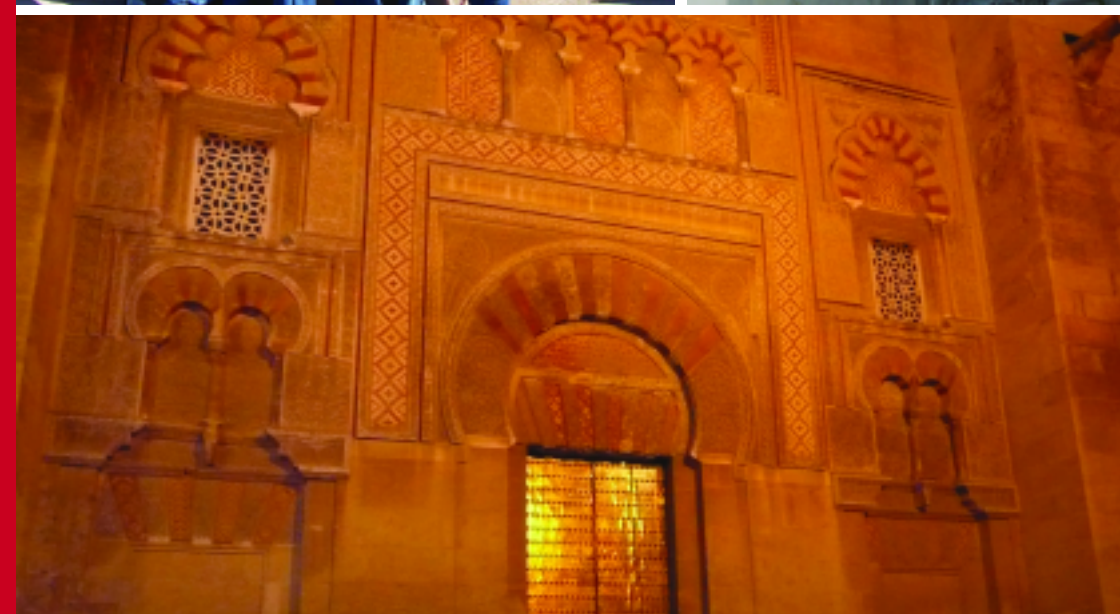


**Ready to start your journey?
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Madrid Campus Excursions



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1 Granada

Learn the history of the Alhambra, the picturesque Arab fortress that has towered over the narrow streets of Granada since the eighth century. You'll explore the winding halls, playful fountains, manicured gardens, and intricate Arabic architecture of this impressive site for a glimpse into the time when the Moors ruled Spain. And you'll understand why this site has inspired artists and visitors across the centuries.

2 Sevilla and Córdoba

Take an adventurous trip to explore Spain's southern treasures in two World Heritage Sites. Córdoba's Mosque-Cathedral reflects the blend of religions that shaped Spanish history, while Seville was once a trading port for goods bound for the New World. Christopher Columbus was perhaps Spain's most famous export to America, and you'll visit La Rábida and other ports from which he sailed. And discover the splendor of the Doñana Nature Reserve, home to a vast array of flora and fauna and a designated UNESCO Biosphere Reserve.

3 Barcelona

Enjoy a visit to Barcelona, the site of the 1992 Olympics and a global art capital. Here you can witness the fanciful spires of La Sagrada Familia cathedral, Gaudí's masterpiece, as well as his equally colorful Casa Milá and Casa Batlló. In Barcelona, even a lamppost can be a whimsical work of art. Less than two hours from this Mediterranean city lies the quaint coastal village of Figueres. Salvador Dalí's hometown, it's also the home of the entertaining museum dedicated to his surrealist artworks.

4 Asturias and Los Picos de Europa

Perched on the shores of northern Spain, Asturias is set between the mountains and the sea. You can visit both alpine lakes and lush beaches in just 30 minutes. The surrounding countryside is dotted with medieval monasteries and castles.

5 Don Quijote Route

Heading south from Madrid, you will discover La Mancha, the region where legendary Don Quijote battled windmills. You'll see windmills yourself near Almagro, and explore Cuenca—an enchanting city overlooking a deep canyon—where cliff-hanging medieval buildings house some of Europe's most important modern art collections.

6 Salamanca

Founded in 1254, the University of Salamanca ranks among Oxford, Bologna, and the Sorbonne as one of Europe's most celebrated academic institutions. Salamanca's fame lives on—it was named a European City of Culture in 2002 and brims with lively eateries and student hangouts. You'll also visit La Alberca, a wonderfully preserved medieval town and UNESCO World Heritage Site.

7 Burgos and León: Upper Castilla

This truly medieval experience retraces the footsteps of El Cid, Spain's most famous epic hero. Traveling from León in the northwest to Burgos, you will visit beautiful castles and monasteries, and view vineyards and breathtaking mountains along the way.

8 Cáceres

Wander through the narrow alleyways of this medieval city and glimpse the past. Honey-colored landmarks here include dozens of churches and palaces—one of which Ferdinand and Isabella called home.

9 Gredos and Avila

You have the opportunity to hike the Gredos Mountains, whose breathtaking slopes are close to Madrid but a world away from city life. After your day in nature, you can stroll through walled Avila and discover this city's myriad treasures.

10 San Sebastián

Nestled along the Bay of Biscay's turquoise waters, San Sebastian is the jewel of the Basque Country. This welcoming city is famous for beautiful La Concha Bay and its sandy beach, while El Barrio Viejo (the Old Quarter) is home to some of the tastiest tapas in Spain. Head up Mount Urgull to visit Mota Castle, which has guarded San Sebastián since the 12th century. You might gaze at the Gothic grandeur of the Church of Santa Maria or visit Miramar Palace and its gardens. To see more of this city, known as Donastia in Basque, climb up Mount Igeldo and enjoy the view.

11 La Rioja

Home to monasteries, castles, and even dinosaur footprints, this picturesque region is synonymous with the best of Spanish wine. Amid the lush scenery of its vineyards, you can experience the grape harvest in a viñedo riojano for yourself.

12 Navarra

Pamplona, the capital of the ancient kingdom of Navarre, is world-famous for its annual Running of the Bulls spectacular. Unlike the daredevils who race horns, you can take the time to appreciate the beauty of life in the Pyrenees Mountains. You might discover the town of Roncevalles, starting point for the famous Way of Saint James pilgrimage route.

13 Valencia

Visit the crossroads of Spain's past and future. Valencia has been an important trade center since the Romans founded it. National hero El Cid fought his epic battle against the Moors here in the eleventh century. The city's past lives on in Roman ruins and La Lonja, a Gothic monument to commerce where trade deals are still sealed. Architect Santiago Calatrava has revolutionized the cityscape with three futuristic masterpieces—the Oceanographic Aquarium, the Palace of Arts and Sciences, and The Palace of Music.

14 Santander

The capital of Cantabria is a popular destination for wealthy vacationers, a trend set by the Spanish royalty in the nineteenth century. Located on the aqua Bay of Biscay against the peaks of the Picos de Europa Mountains, Santander features palaces, a grand casino, and elegant boulevards laced with cafes and boutiques.

15 Lisbon

Cross national borders on the Iberian peninsula and discover Portugal's capital! Lisbon is a modern city that retains considerable Old World charm. You can catch a ride on a wooden streetcar winding its way uphill and down. Witness hilltop St. George's Castle and its fantastic city views, or explore the zigzagging streets of Alfama. Wherever you roam, you'll make discoveries—and you might even catch a bit of beautiful, haunting Fado music in the Portuguese air.

