Referral Resources for Suffolk Students

Introduction
This list of resources is provided for information purposes only to assist students in accessing non-emergency outpatient or other community services. Students in an immediate mental health crisis should call the Suicide and Crisis Lifeline (988), utilize CHW emergency resources (https://www.suffolk.edu/student-life/health-wellness/emergencies), or call 911. Users are encouraged to learn more about each resource listed to determine if it fits their specific need. Not every resource will be a fit for every individual; users are also reminded that community groups and organizations change over time. This list is reviewed by CHW staff annually. Students with questions or concerns about community referrals are encouraged to make an appointment with CHW Counseling (https://www.suffolk.edu/student-life/health-wellness/counseling-services/referrals-to-community-providers) to discuss specific referral needs. CHW’s Case Manager provides students with 1:1 assistance regarding community referrals.

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Outpatient Treatment Options

**Local Therapy Group Practices**
TCA Counseling Group (therapists)
6 Edgerly Place, 3rd Floor
Boston, MA
(617) 341-8209
https://www.tcacounseling.com/

Collaborative Insight Counseling Associates (therapists)
399 Boylston Street, Suite 900B, Boston, MA 02116
(617) 336-3246
admin@cic.associates
https://www.cic.associates/meet-the-team

OptiMindHealth (therapists, psychiatrists, psychological testing)
800 Boylston Street, 16th Floor, Boston, MA
(617) 865-4910
https://www.optimindhealth.com/

Boston Neurobehavioral Associates (therapists, psychiatrists, psychological testing)
101 Arch St, 8th Floor
Boston, MA
(508) 979-5557
https://www.bostonneurobehavioral.com/

Trust Therapeutics (therapists)
8 Faneuil Hall Marketplace, 3rd Floor, Boston, MA
(617) 652-1363
https://www.trusttherapeutics.com
**Community Mental Health Resources**  
(takes most insurance or offers lower sliding scale fees)

**The Therapy Center at Boston Graduate School of Psychoanalysis** (based on financial need, sliding scale fees negotiated with clinicians)  
1581 Beacon Street, Brookline, MA  
(617) 277-3910  
thecenter@bgsp.edu  
www.talk-therapy.org  

**Brighton-Allston Mental Health Association**  
77B Warren Street, Brighton, MA  
(617) 787-1901  

**North Suffolk Mental Health - Freedom Trail Clinic**  
25 Staniford Street, Boston, MA  
(617) 912-7800  
https://northsuffolk.org/services/adult-services/outpatient-services/

**Arbour Counseling Services-Allston**  
14 Fordham Rd, Allston, MA  
(617) 782-6460  
https://arbourhealth.com/

**Riverside Community Care Outpatient Center** (two locations)  
23 Mellen St, Cambridge, MA  
(857) 331-6331  
cambridgeoutpatient@riversidecc.org  
117 Summer St, Somerville, MA 02143  
(617) 354-2275

**The Brookline Center for Community Mental Health**  
41 Garrison Rd., Brookline, MA  
(617) 277-8107  
https://www.brooklinecenter.org/  
info@brooklinecenter.org
Therapist/Psychiatrist Search Websites

Zencare: https://zencare.co

Alma: https://helloalma.com/

Headway: https://headway.co/

Psychology Today: https://www.psychologytoday.com/us

Open Path Psychotherapy Collective (in-person and online therapists offering $30-$60 per session without insurance): https://openpathcollective.org

International OCD Foundation: An organization helping those affected by obsessive compulsive disorder (OCD) and related disorders to live full and productive lives to increase access to effective treatment through research and training. List providers and resources that specialize in OCD treatment. (617) 973-5801 https://iocdf.org/

Referral Resources for Students of Color

Innopsych (Therapist search website for clinicians of color): https://www.innopsych.com/findatherapist

Inclusive Therapists (Virtual directory of culturally competent and social justice-oriented therapists; includes list of therapists currently offering reduced-fee teletherapy): https://www.inclusivetherapists.com/united-states/massachusetts

My Tru Circle (Therapist search website for black-identified clinicians): https://www.mytrucircle.com/

Therapy for Black Girls: https://www.therapyforblackgirls.com/

Therapy for Black Men: https://therapyforblackmen.org/

Therapy for Latinx: https://www.therapyforlatinx.com/home

Melanin and Mental Health: https://www.melaninandmentalhealth.com/

Asian Mental Health Collective: https://www.asianmhc.org/therapists-us/?_state=massachusetts

National Asian-American Pacific Islander Mental Health Association: https://www.naapimha.org/aanhpi-service-providers

South Asian Mental Health Initiative & Network: https://samhin.org/provider-directory/

**Tufts Medical Center Asian Psychiatry Program** (Department at Tufts Medical Center staffed by Chinese-speaking mental health providers that also understand Chinese culture):
(617) 636-0219

**MA Department of Mental Health Office of Race, Equity and Inclusion Multicultural Mental Health Resource Directory (2019):**

**HRI Hospital Ascend PHP Program:** A program for Black and Indigenous women of color and members of the LGBTQIA+ community.
227 Babcock Street
Brookline, MA 02446
Phone: 617-390-1320

**Crisis Hotlines**
**National Lifeline:** 24/7, free and confidential support for people in distress, prevention and crisis resources
Call or text 988
Website: https://988lifeline.org/ (chat feature on website as well)

**Crisis Text Line** (in the US and Canada): Free, 24/7 crisis support via text message
Text HOME to 741741
https://www.crisistextline.org/

**Referral Resources for LGBTQIA+**
**Fenway Health:** Provides mental health and medical services for the LGBTQ+ community
Fenway Neighborhood: 1340 Boylston St, Boston; (617) 267-0900
South End: 142 Berkeley St, Boston; (617) 247-7555
Sidney Borum Jr. Health Center (young adults age 12-29): 142 Berkeley St, Boston; (617) 457-8140
https://fenwayhealth.org/
https://fenwayhealth.org/info/locations/the-borum/

**The Meeting Point** (LGBTQ+-affirming therapists and bodywork practice)
3464 Washington Street, Jamaica Plain, MA
http://themeetingpoint.org/
themeetingpointboston@gmail.com

**SAYFTEE** (LGBTQI+ and gender expansive social conscious group practice offering family, individual, couple/relationship and group therapy)
https://www.sayftee.com/
admin@sayftee.com
**LiveWell Therapy Associates** (LGBTQ+-affirming/identifying therapists)
266 Beacon St 4R, Boston, MA; (617) 678-8954
[https://www.livewelltherapyboston.com/](https://www.livewelltherapyboston.com/)
[livewelltherapyassociates@gmail.com](mailto:livewelltherapyassociates@gmail.com)

**OutCare**: Searchable database of LGBTQ competent doctors and healthcare providers. Therapists are listed under specialties of “mental health counseling”, “psychiatry”, and “social work”.
[https://www.outcarehealth.org](https://www.outcarehealth.org)

**The Queer, Trans, Poly, Kink SW Friendly Therapist List**: Website with info entered by clients or therapists; rating of friendliness towards non-monogamy, queer, kink, BIPOC, and sex worker communities.
[https://www.friendlytherapy.info/therapist-list-1](https://www.friendlytherapy.info/therapist-list-1)

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**Transgender Health and Gender-Affirming Treatment**

**Fenway Health Transgender Health Program**: Hormone therapy, referrals for surgery, support groups, and other resources
(857) 313-6589
transhealth@fenwayhealth.org

**Massachusetts General Hospital Transgender Health Program**: Comprehensive primary care, endocrine/hormone management, case management and links to behavioral health and surgical services
(617) 643-7210
[https://www.massgeneral.org/transgender-health-program/about](https://www.massgeneral.org/transgender-health-program/about)

**Boston Medical Center Gender Care Center**: Gender surgery, non-surgical treatments, other resources
(617) 638-1833
Transgender.center@bmc.org

**Brigham and Women’s Hospital Center for Transgender Health**: Offers endocrine, surgical, and behavioral health services to adult patients
(617) 732-5303
transgenderhealth@bwh.harvard.edu
[https://www.brighamandwomens.org/transgender-health](https://www.brighamandwomens.org/transgender-health)

**Transbucket**: Healthcare and surgery resources for transgender individuals
[http://www.transbucket.com](http://www.transbucket.com)

**Transcaresite**: Database of trans-allied health professionals, including therapists and psychiatrists. Also links to other organizations and resources for transgender individuals.

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Other LGBTQIA+ Resources

AIDS Action Committee: Prevention and health and wellness service for people living with HIV/AIDS. 75 Amory St, Boston, MA; (617) 437-6200
https://www.aac.org

Boston GLASS (Gay Lesbian Adolescent Social Services): A drop-in space for youth with case management services, peer support, and educational opportunities that focuses on LGBTQ+ youth of color ages 16-29.
555 Amory St, Suite 2, Jamaica Plain, MA; (857) 399-1920
outreach@jri.org
https://jri.org/services/health-and-housing/health/boston-glass

The Network/La Red: A survivor-led, social justice organization that works to end partner abuse in LGBTQ+ and other communities through organizing, education, and support services.
Office: (617) 695-0877; Hotline: (800) 832-1901
info@tnlr.org
https://www.tnlr.org

Boston Alliance of Gay, Lesbian, Bisexual and Transgender Youth (BAGLY): A youth-led, adult-supported social support organization, committed to social justice and creating, sustaining, and advocating for programs, policies, and services for the LGBTQ+ youth community.
(617) 227-4313
info@bagly.org
https://www.bagly.org/

LGBT Asylum Task Force: An LGBT organization in Massachusetts that advocates for and supports LGBTQ+ individuals that are seeking asylum in the United States.
http://www.lgbtasylum.org/

Massachusetts Transgender Political Coalition (MTPC): An organization that promotes advocacy, community building and resource connection on the basis for gender identity and expression.
(617) 778-0519
https://masstpc.org
info@masstpc.org

Trans Resistance MA: A nonprofit organization based in Boston that advocates for the safety, joy and liberation of TQBIPOC and organizes an annual march and festival
transresistancema@gmail.com
https://www.transresistancema.com/

Gay & Lesbian Advocates & Defenders (GLAD): Legal assistance and information resource for youth and adults who have questions about their rights.
18 Tremont St, Suite 950, Boston, MA; (617) 426-1350
gladlaw@glad.org
https://www.glad.org
**Bisexual Resource Center:** An organization committed to providing support to the bisexual community and raising public awareness about bisexuality and bisexual people.

brc@biresource.org  
http://biresource.org/

**New England Aces:** A group for asexual spectrum individuals and allies that promotes awareness of asexual spectrum identities in the New England area through outreach, trainings, and collaboration with community partners.

ewnglandaces@gmail.com  
https://neaces.org/

**Trevor Space:** An affirming international community for LGBTQ young people ages 13-24.

https://www.trevorspace.org/

**Lesbians of Color Symposium Collective, Inc (LOCS):** A nonprofit community organization dedicated to enriching the lives LBTQ+ women and non-binary people of color.

info@locscollective.org  
https://www.locscollective.org/

**Muslims for Progressive Values:** An organization that advocates for human rights, social justice and inclusion in the United States and around the world.

http://www.mpvusa.org/lgbtqi-resources

**LGBTQ+ Hotlines**

**LGBT National Help Center:** Confidential support peer support for the LGBTQ+ community
LGBT National Hotline: (888) 843-4564
LGBT National Youth Talkline: (800) 246-7743
LGBT National Coming Out Support Line: (888) 688-5428
https://www.lgbthotline.org/

**Trevor Lifeline for LGBTQ Youth:** Provides crisis intervention and suicide prevention services to LGBTQ+ folks 25 and under; available 24/7, call, text, or chat online  
(866) 488-7386; Text: 678-678  
https://www.thetrevorproject.org/

**Trans Lifeline:** 24/7 peer support service run by transgender people for trans- and questioning callers  
(877) 565-8860  
http://www.translifeline.org/
Specialized Treatment Options

Substance Use Treatment

Adcare Treatment Centers (multiple locations): Addiction treatment programs in multiple locations within MA and RI including inpatient, outpatient, and family services.
(325) 378-0826
https://adcare.com/

Spectrum Health Systems (multiple locations around MA): Addiction treatment services including inpatient detoxification, residential rehabilitation, medication-assisted treatment, outpatient counseling and peer recovery support.
(877) 697-3422
https://www.spectrumhealthsystems.org/

Dual Diagnosis (Substance Use & Mental Health) Partial Hospitalization Programs/Intensive Outpatient Programs:

Arbour Hospital Adult & Adolescent Dual Diagnosis IOP
49 Robinwood Ave., Boston, MA
(833) 2ARBOUR (227-2687)
https://arbourhospital.com/treatment-services/adults/adult-substance-abuse/

Arbour Counseling Dual Diagnosis PHP/IOP: Programs for adults at Fall River, Haverhill, Norwell, and Woburn
(855) 575-2273(CARE)
https://arbourhealth.com/treatment-services/substance-use-services/

HRI Hospital Dual Diagnosis PHP
227 Babcock St, Brookline, MA 02446
(617) 390-1320

Bournewood Hospital Dual Diagnosis Adult & Adolescent PHP: Programs in multiple locations of MA that offer mental health and dual diagnosis treatment for adults and adolescents.
(800) 468-4358
https://www.bournewood.com/partial-hospital-program/

Brigham & Women’s Faulkner Hospital Addiction Partial Day Program: Short-term stabilization and treatment program that addresses the needs of patients who have both substance use and psychiatric disorders.
Addiction Recovery Program
1153 Centre Street, Boston, MA
617-983-7060
https://www.brighamandwomensfaulkner.org/programs-and-services/addiction-recovery-program/default
Links to 12-Step and SMART Recovery Meetings in MA

Alcohol Anonymous (list of AA meetings in MA)
(800) 839-1686
https://alcoholicsanonymous.com/aa-meetings/massachusetts/

Narcotics Anonymous (list of AA meetings in MA)
https://www.na.org/meetingsearch/

ALANON (a support program for people whose lives have been affected by someone else’s drinking)
https://al-anon.org/al-anon-meetings/find-an-al-anon-meeting/

Adult Children of Alcoholics
(310) 534-1815
https://adultchildren.org/meeting-search/

SMART Recovery (Self-Management and Recovery Training): a global community of mutual-support groups for any addiction (drugs, alcohol, gambling, overeating, etc.) where participants find and develop the power within themselves to change and lead fulfilling and balanced lives guided by a science-based program.
https://www.smartrecoverytest.org/local/

SAMHSA (Substance Abuse and Mental Health Services Administration) National Helpline: Free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.
(800) 662-HELP (4357)
https://www.samhsa.gov/find-help/national-helpline

Massachusetts Substance Use Helpline: Free, public resource for finding substance use treatment and recovery services.
(800) 327-5050
https://helplinema.org/

Resources for College Students/Young Adults

HRI Hospital Stride PHP Program (College students/Young Adults, 18-24)
227 Babcock Street
Brookline, MA 02446
(617) 390-1320

The Boston Center Intensive Outpatient Program (IOP) (College students/Young Adults, 18-29)
14 Fordham Road
Allston, MA
(855) 575-2273
https://arbourhealth.com/treatment-services/partial-hospitalization-program/
Resources for Law Students
Lawyers Concerned for Lawyers (LCL): A lawyer assistance program in Massachusetts exclusively dedicated to helping with the many personal and professional challenges of life in the legal profession. 31 Milk Street, Suite 810, Boston MA (617) 482-9600 https://www.lclma.org/

Lawyers with Depression: A website including articles, blogs and podcasts regarding depression and other mental health issues within the legal profession. http://www.lawyerswithdepression.com/

International Lawyers in Alcoholics Anonymous: Online AA meetings every Monday at 8pm http://www.ilaa.org/home/

Legal Assistance and Advice
Greater Boston Legal Services: Provides critical legal advice and representation to low-income individuals. 197 Friend Street, Boston, MA 617-371-1234 https://www.gbls.org/

Mass BAR Lawyer Referral Service http://www.masslawhelp.com/ (Mon-Fri 10-3 pm) (617) 654-0400 https://www.massbar.org/public/dial-a-lawyer (First Wednesday of every month from 5:30-7:30pm) (617) 338-0610

Volunteer Lawyers Project: Pro bono civil legal services to eligible clients in the Greater Boston area 617-603-1700 http://www.vlpnet.org/

Health Law Advocates: Pro bono legal representation to low-income residents experiencing difficulty accessing or paying for needed medical services. 617-338-5241 http://www.healthlawadvocates.org/

Immigration/Asylum Resources
De Novo Center for Justice and Healing 47 Thorndike Street, SB-LL-1, Cambridge, MA (617) 661-1010 https://www.denovo.org/
**Rian Immigrant Center**  
One State Street, 8th Floor, Boston, MA  
(617) 542-7654  
[https://www.riancenter.org/](https://www.riancenter.org/)

**Boston Medical Center Immigrant Refugee Health Center**  
(617) 414-1994  

**Catholic Charities**  
275 West Broadway, Boston, MA  
(617) 464-8500  
info@ccab.org  
[https://www.ccab.org/](https://www.ccab.org/)

**Centro Presente**  
12 Bennington St #202, Boston, MA  
(857) 256-2981  
info@cpresente.org  
[https://cpresente.org/](https://cpresente.org/)

**Disordered Eating Resources**

**Multi-Service Eating Disorder Association:** List of therapists and nutritionists that specialize in disordered eating  
(617) 558-1881  
[https://www.medainc.org/treatment-providers/](https://www.medainc.org/treatment-providers/)

**The Renfrew Center:** An outpatient facility specializing in the treatment of eating disorders. In-person and virtual options including Day Treatment, Intensive Outpatient and Outpatient Services.  
870R Commonwealth Avenue, Boston MA  
(800) 736-3739  
[https://renfrewcenter.com/locations/boston-ma/](https://renfrewcenter.com/locations/boston-ma/)

**Renfrew Virtual BIPOC Support Group for Eating Disorders**  

**Walden Behavioral Care:** Multiple levels of specialized eating disorder care for children, teens and adults of all genders including residential, day and evening programs near Boston and in around MA.  
(888) 305-2997  
[https://www.waldeneatingdisorders.com/locations/massachusetts-locations/](https://www.waldeneatingdisorders.com/locations/massachusetts-locations/)

**Cambridge Eating Disorder Center:** Eating disorders treatment including anorexia nervosa, bulimia nervosa and binge eating disorder, as well as all other types of eating disorders, among male and female adolescents and adults. Treatment includes residential, PHP, IOP, outpatient, and transitional living.  
3 Bow Street, Cambridge, MA  
(888) 900-2332  
info@cedcmail.com  
[https://www.eatingdisordercenter.org](https://www.eatingdisordercenter.org)
Mass General Hospital Eating Disorders Clinical & Research Program
West End Apartments
2 Longfellow Place, Suite 200
Boston, MA
(617) 724-0799
https://www.massgeneral.org/psychiatry/treatments-and-services/eating-disorders-clinical-and-research-program

Women’s Trauma Programs

HRI Hospital Women’s Partial Hospitalization Program: A program for women that address multiple issues including trauma, substance use, domestic violence, and eating disorders. Every patient receives a multidisciplinary treatment plan and individualized care.
227 Babcock St, Brookline, MA
(617) 390-1320

HRI Hospital Ascend PHP Program: A program for Black and Indigenous women of color and members of the LGBTQIA+ community.
227 Babcock Street
Brookline, MA
(617) 390-1320

McLean Hospital Hill Center PHP for Women: Psychiatric and psychological services for women with histories of trauma and related disorders, borderline personality, mood, and anxiety disorders.
(877) 964-5565
115 Mill Street, Belmont, MA
https://www.mcleanhospital.org/treatment/trauma-continuum#

Hospital for Behavioral Medicine Women’s Connection Program: A specialized treatment program for women with a history of trauma, relationship issues, depression, anxiety and parenting issues.
100 Century Dr, Worcester, MA
(774) 314-3490
https://www.hospitalforbehavioralmedicine.com/programs/inpatient/womens-connection/

Domestic Violence/Sexual Assault Resources

Boston Area Rape Crisis Center: 24/7 hotline for survivors of sexual violence ages 12+, phone or chat, other resources.
(800) 841-8371
https://barcc.org/
**SAFELINK**: MA statewide 24/7 toll-free domestic violence hotline and a resource for survivors affected by domestic or dating violence.
Statewide Hotline: (877) 785-2020

**Casa Myrna**: Boston’s largest provider of shelter and supportive services to survivors of domestic violence, providing safety, resources, advocacy and information.
(617) 521-0100
info@casamyrna.org
http://www.casamyrna.org/

**Jane Doe Inc. (The Massachusetts Coalition Against Sexual Assault and Domestic Violence)**: Advocates for responsive public policy, promotes collaboration, raises public awareness, and supports member organizations to provide comprehensive prevention and intervention services.
(617) 248-0922
info@janedoe.org
http://www.janedoe.org/

**National Domestic Violence Hotline**: Available 24/7, call, text or chat online
(800) 799-7233; text START to 88788
http://www.thehotline.org/

**RAINN (Rape, Sexual Assault, Abuse and Incest National Network)**: The nation’s largest national sexual assault hotline, call or chat online 24/7.
(800) 656-HOPE (4673)
https://www.rainn.org/

**Love is Respect**: Offers 24/7 information, support, and advocacy to young people between the ages of 13 and 26 who have questions or concerns about their romantic relationships.
(866) 331-9474; text LOVEIS to 22522
https://www.loveisrespect.org/

**Massachusetts Office of Victim Assistance (MOVA)**: Strives to advance victim rights by ensuring all victims and survivors of crime across MA are supported and empowered through access to high-quality services that are trauma-informed, culturally-responsive, and reflective of diverse communities.
1 Ashburton Place, Suite 1310, Boston, MA
(844) 878-MOVA (6682) (voicemail only)
MOVA@mass.gov
https://www.mass.gov/orgs/massachusetts-office-for-victim-assistance

**Victims Rights Law Center**: Provides free, comprehensive legal services for sexual assault victims with civil legal issues in MA and OR.
11 Beacon Street, Suite 520, Boston, MA
(617) 399-6720
https://victimrights.org/
Early Psychosis Programs

CEDAR Clinic: A multidisciplinary team of mental health professionals focused on the detection and prevention of psychosis risk symptoms for ages 12-30.
41 Garrison Rd, Brookline, MA
cedarclinic@brooklinecenter.org
https://cedarclinic.org/

Mass General Hospital First Episode and Early Psychosis Program (FEPP): Offers highly specialized evaluation, treatment and education for people in the early stages of schizophrenia or who may be experiencing psychosis for the first time for ages 14-40.
151 Merrimac St, Suite 401, Boston, MA
(617) 643-1175
https://www.massgeneral.org/psychiatry/schizophrenia

Boston Medical Center Wellness and Recovery After Psychosis (WRAP) Program: A program that provides treatment for adolescents and young adults who have been experiencing psychotic symptoms for five years or less.
(339) 987-6050
wrap@bmc.org
https://www.bmc.org/wrap

Mclean OnTrack Program: Program that specializes in early recognition and treatment for young adults ages 18 to 30 who have had their first episode of psychosis during the past 12 months.
(617) 855-3445
mcleanontrack@partners.org
https://www.mcleanhospital.org/treatment/mclean-ontrack

Cambridge Health Alliance Recovery in Shared Experiences (RISE) Program: a multidisciplinary team providing comprehensive, recovery-oriented services to adolescents and adults experiencing a FIRST EPISODE of psychosis, and their families up to age 30.
26 Central St., Somerville, MA
(617) 591-6097
https://www.challiance.org/services-programs/mental-health-and-substance-use/psychiatry-specialty-services/specialty-services-in-psychiatry

ASPIRE (Advancing Services for Psychosis Integration and Recovery): A program at Beth Israel Deaconess Medical Center for individuals experiencing early symptoms of psychosis.
330 Brookline Ave, Rabb2
Boston, MA
(857) 264-0526
Aspire-clinic@bidmc.harvard.edu
Shelters

**Bridge Over Troubled Waters**: Service for unhoused and at-risk youth ages 14-24 including counseling, a shelter for young people ages 18-24, and a warming center.
47 West St, Boston
(617) 423-9575
https://bridgeotw.org/

**St. Francis House** (Men & Women, Day shelter)
39 Boylston Street
Boston, MA 02116
(617) 542-4211
info@stfrancishouse.org
https://stfrancishouse.org/

**Pine Street Inn** (Men & Women, multiple locations)
444 Harrison Ave, Boston, MA
(617) 892-9100
https://www.pinestreetinn.org/

**Woods Mullen Shelter** (Women only, 18+)
794 Massachusetts Avenue, Boston, MA
(857) 654-1690
https://www.bhchp.org/locations/woods-mullen-shelter/

**Southampton Street Shelter** (men only, 18+)
112 Southampton St, Boston, MA
(617) 534-2881
https://www.bhchp.org/locations/southampton-street-shelter/

Food Pantries/Food Banks

**Suffolk CARES Pantry**
73 Tremont Street, 12th Floor (outside Student Affairs Office)
(617) 573-8239
Open M-F: 8:45 a.m. - 4:45 p.m.

**Greater Boston Food Bank**: Food distribution center for multiple food pantries and community meal services for Eastern MA, has locator for food pantries across MA as well.
70 South Bay Ave
Boston, MA
(617) 427-5200
https://www.gbfb.org/need-food/

**Project Bread**: Organization that assists with applying for food assistance, applying for SNAP benefits and Foodsource Hotline: (800) 645-8333
https://www.projectbread.org/get-help
**Daily Table:** Community grocery store that sells nutritious food at discounted rates (Locations in Cambridge, Roxbury and Dorchester)
Open M-Sa: 9 am-8 pm; Su 11 am-7 pm
[https://dailytable.org/locations](https://dailytable.org/locations)

**Fair Foods Program:** A program that provides healthy produce to low-income families in the Boston area ($2 Bag Program).
(617) 288-6185
Info@fairfoods.org
[https://www.fairfoods.org/findfood](https://www.fairfoods.org/findfood)

**Community Fridges in the Boston Area:** Outdoor refrigerators of food/produce that are free for the community

**SNAP (Supplemental Nutrition Assistance Program):** Food assistance program
(877) 382-2363
Online Application: [https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps](https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps)

**Primary Care Physicians/Hospital Registration/Provider Search**

**Massachusetts General Hospital** (MassGeneral-Brigham Network)
55 Fruit St, Boston, MA
(617) 726-2000
[https://www.massgeneral.org/appointments-and-referrals/appointment-request](https://www.massgeneral.org/appointments-and-referrals/appointment-request)

**Brigham & Women’s Hospital** (MassGeneral-Brigham Network)
75 Francis St, Boston, MA
New Patient Registration: (800) 294-9999
Find a Doctor: (855) 278-8010
[https://www.brighamandwomens.org/](https://www.brighamandwomens.org/)

**Tufts Medical Center**
800 Washington Street, Boston, MA
(617) 636-5000
[https://www.tuftsmedicalcenter.org/](https://www.tuftsmedicalcenter.org/)

**Boston Medical Center**
One Boston Medical Center Place, Boston, MA
Main Number: (617) 638-8000
Primary Care: (617) 414-5951
[https://www.bmc.org/primary-care](https://www.bmc.org/primary-care)

**South End Community Health Center**
1601 Washington St., Boston, MA
(617) 425-2000
Beth Israel Deaconess Medical Center (Lahey Network)
330 Brookline Avenue, Boston, MA
Main Switchboard: (617) 667-7000
Find a Doctor: (800) 667-5356
https://findadoc.bidmc.org/

Fenway Health: Provides mental health and medical services
New Patient Registration: (617) 927-6100
Fenway Neighborhood: 1340 Boylston St, Boston, MA; (617) 267-0900
South End: 142 Berkeley St, Boston, MA; (617) 247-7555
Sidney Borum (young adults age 12-29): 142 Berkeley St, Boston, MA; (617) 247-7555
https://fenwayhealth.org/
https://fenwayhealth.org/info/locations/the-borum/

Cambridge Health Alliance (multiple locations around Cambridge and surrounding cities/towns)
1493 Cambridge St, Cambridge, MA 02139
Main Operator: (617) 665-1000
DoctorFinder: (617) 665-1305
https://www.challiance.org/

East Boston Community Health Center
Taylor Building: 10 Gove St., East Boston
Cradock Building: 20 Maverick Sq., East Boston
(617) 568-4600

St. Elizabeth’s Hospital (Steward Health Network)
736 Cambridge Street, Brighton, MA
Main Number: (617) 789-3000
DoctorFinder: (800) 488-5959
https://www.semc.org/

Carney Hospital (Steward Health Network)
2100 Dorchester Avenue, Dorchester, MA
Main Number: (617) 296-4000
DoctorFinder: (800) 488-5959
https://www.carneyhospital.org/