

Extreme Jealousy:

- A partner who does not want the other partner to have friends and/or gets mad when they spend time with friends
- A partner who cannot tolerate the other partner expressing warm feelings for anyone else
- A partner who checks up on the other partner frequently & doesn't accept breaking up

Threatens:

- A partner who threatens the other partner with physical and/or psychological harm (negative consequences with family, friends, community)

Drug & Alcohol Abuse:

- A partner who pressures the other partner to abuse alcohol and/or other drugs
- A partner who blames intoxication for abuse

History of Bad Relationships:

- Blames past partners for all of the problems in past relationships



Helping Resources

Counseling, Health & Wellness

73 Tremont Street, 5th Floor
617-573-8226

M-Th 9am-6pm, F 9am-5pm
suffolk.edu/chw



SUFFOLK
UNIVERSITY
BOSTON

COUNSELING, HEALTH
& WELLNESS

SU Dean of Students

617-573-8239
12th Floor, 73 Tremont St

SU Police Department

617-573-8111
Ridgeway Building, 4th Floor
148 Cambridge St

SU Title IX Office

617-573-8027
13th Floor, 73 Tremont St

Boston Area Rape Crisis Center

800-841-8371
Hotline Open 24/7

Casa Myrna Safelink Hotline

877-785-2020
Hotline Open 24/7

**DOMESTIC
VIOLENCE
AWARENESS**

**RELATIONSHIP
VIOLENCE:**

*Early
Warning
Signs*

Possessiveness:

- A partner who tries to control by giving orders, making all the decisions and/or not taking the other partner's opinion seriously
- A partner who acts as if they own the other partner, their body & time

Unpredictable Mood Swings:

- A partner who can dramatically shift from being jealous, controlling or angry to being sweet, charming & loving
- A partner with whom the other partner has worry about how they will react to what they say or do
- A partner whose reactions are scary to the other partner

Explosive Anger/Frustration:

- A partner who has a history of fighting, losing their temper quickly, and/or bragging about mistreating others

Low Self-Esteem:

- A person with low self-esteem may say: "I am nothing without you" or "You are my world" in order to control

Pressures for Sex:

- A partner who is forceful or scary around sex
- A partner who does not obtain consent
- A partner who says "If you really loved me you would..."

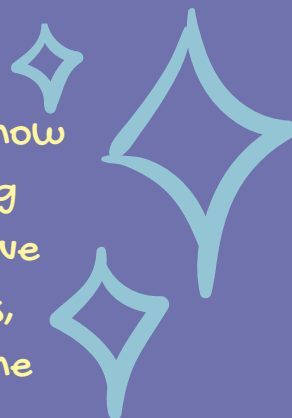
Blames Others for "Why" They Have Been Violent:

- A partner who blames the other partner when they mistreat them
- A partner who says "you provoked me..." and/or "you led me on..."

Family & Friends Are Worried:

- Family & friends are expressing concern about the partner and/or fearing for the loved one's safety

If you or
someone you know
is experiencing
any of the above
warning signs,
turn to someone
for help.



Types of Domestic Violence

Definitions include, but are not limited to the following examples

Physical Abuse:

Includes pushing, shoving, hitting, punching, choking, restraining, assault with a weapon, leaving the person in a dangerous place, refusing to help when the person is sick or injured.

Psychological Abuse:

Includes humiliation, intimidation, threats of harm, criticizing, insulting, belittling, ridiculing, verbal threats, separation from social supports, extreme jealousy, possessiveness, accusations.

Sexual Assault:

Refers to a continuum from rape to nonphysical forms of pressure that compel individuals to engage in sex against their will.

Stalking:

Repeated harassing, threatening, or unwanted behaviors, including following, appearing at a person's home or place of work, harassing calls/messages, vandalization.

Economic Abuse:

Involves restricting access to resources such as bank accounts, phone communication, transportation, medical care.