

22% of undergraduate college students report experiencing at least one incident of sexual assault, however 72-95% of college students do not report.

Info from US National Library of Medicine (2017) & The Association of American Universities (2015)

SEXUAL ASSAULT

is sexual contact or behavior that occurs without explicit consent of someone.

It impacts people of any age, gender, race, religion, ethnicity, identity, etc.

Sexual Assault Includes:

- Rape or attempted rape
- Unwanted sexual touching
- Forcing someone to perform sexual acts
- Pressuring someone to perform sexual acts

HELPING RESOURCES

Suffolk University
Counseling, Health & Wellness
73 Tremont Street, 5th Floor
617-573-8226 | suffolk.edu/chw

Suffolk University Title IX
73 Tremont Street, 13th Floor
617-573-8027 | suffolk.edu/titleix

Suffolk University
Police Department
Ridgeway Building, 4th Floor
148 Cambridge Street
617-573-8111 (Emergency)
617-573-8333 (Non-Emergency)

Boston Area
Rape & Crisis Center (BARCC)
989 Commonwealth Ave
Room 133, Boston, MA
800-841-8371 (24/7 Hotline)
617-492-8306 (Boston Office)
barcc.org

National Sexual Assault Hotline
1-800-656-4673 (24/7) | rainn.org

Sexual Assault: Awareness, Response & Prevention



SUFFOLK
UNIVERSITY
BOSTON

COUNSELING, HEALTH
& WELLNESS

Impacts of **SEXUAL ASSAULT**

● Depression

● Hypervigilance (fearfulness)

● Sleep Disturbances

● Flashbacks

● Lack of Focus

● Substance Abuse

● Dissociation

● Sexually Transmitted Infections

Each experience
of sexual assault is unique
in terms of impact & the
outcomes desired in terms of
justice, services, & support.

CONSENT?

Sexual consent is an agreement to participate in sexual activity. Before being sexual with someone, you need to know if they want to be sexual with you too. Consenting & asking for consent is about setting boundaries & respecting those of others & checking in if things aren't clear. Without consent, sexual activity is sexual assault.

Consent is... **FREELY GIVEN**

Consenting is a choice made without pressure, manipulation, or under the influence of alcohol/other drugs.

REVERSIBLE

Anyone can change their mind about what they feel like doing & can do that at anytime.

Even if they have done it before, even if both people are naked in bed, etc.

INFORMED

Someone can only consent to something if they have the full story. For example, if someone says they will use a condom & then they don't, that's not consent.

ENTHUSIASTIC

When it comes to sex, people should only do what they WANT to do, not anything that they feel is expected.

SPECIFIC

Saying yes to one thing (like going to the bedroom to make out) does not mean it's alright to do other things

PREVENTION:

Sexual violence is a preventable social justice, public health, criminal justice, & human rights issue. Having open & factual conversations, educating about healthy relationships, engaging with & informing bystanders, & other similar strategies contribute to positive & sustainable societal changes.

RESPONSE:

Response to a survivor of sexual assault should be informed by the strengths & needs of survivors & honor their voices, cultures, choices, & priorities. The quality of response to survivors by loved ones, professionals, social systems, the media, & organizations impacts their healing & also signals to other survivors & potential offenders about our societal values & commitment to safety & respect.