you are not alone.

SUICIDE AWARENESS & PREVENTION

Help is available!

Counseling, Health & Wellness Services:
617-573-8226

Office Hours:
Mon-Thurs 9-6pm, Fri 9-5pm
Urgent same day appointments Mon-Fri 11-4pm

Off Campus Resources:
National Suicide Prevention Hotline
1-800-273-8255

73 Tremont Street, 5th Floor
Suicide Prevention & Awareness

worried about a friend?

Signs someone might be experiencing suicidal thoughts:

- Direct and indirect verbalization including "I want to die" or "you would be better off without me"
- Isolation from friends/family/activities
- Loss of interest in activities/topics
- Sleeping more or less than usual
- Experiencing a recent loss
- Giving away possessions
- Increase in drug/alcohol use

To get support, please call Counseling, Health, & Wellness at:

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